

2023 ADOLESCENT PREGNANCY
PREVENTION GRANTEE CONFERENCE

REUNITE REIGNITE RE-ENERGIZE

INNOVATING FOR THE FUTURE
MAY 23-25 | ATLANTA, GEORGIA



U.S. Department of Health and Human Services Administration on Children, Youth and Families (ACYF) Family and Youth Services Bureau (FYSB) Adolescent Pregnancy Prevention Program Grantee Conference

FYSB Family & Youth
Services Bureau
Adolescent Pregnancy
Prevention Program

ADMINISTRATION FOR
CHILDREN & FAMILIES

Developing Your Capacity Building Toolkit

Christine Hagstrom (she/her)

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Disclaimer

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Icebreaker

**What is your first memory
of being excited about this
work?**



Our Purpose

What are we doing today and why are we doing it?

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Learning objectives

By the end of the workshop, participants will be able to list strategies for streamlining PREP capacity development efforts.

By the end of the workshop, participants will reflect on opportunities to build their capacity development work.

By the end of the workshop, participants will start designing their own capacity building toolkit.

Agenda

Time	Activities
10 minutes	Welcome & Icebreaker
5 minutes	Why are we here?
5 minutes	What is WA PREP?
45 minutes	Building Your Toolkit
10 minutes	Closing Reflection

Capacity Building

1. Makes our lives easier!
2. Standardizes our work, which increases the quality of support provided to partners and our ability to expand our reach.



What is WA PREP?

Providing a bit of context

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What is WA PREP?

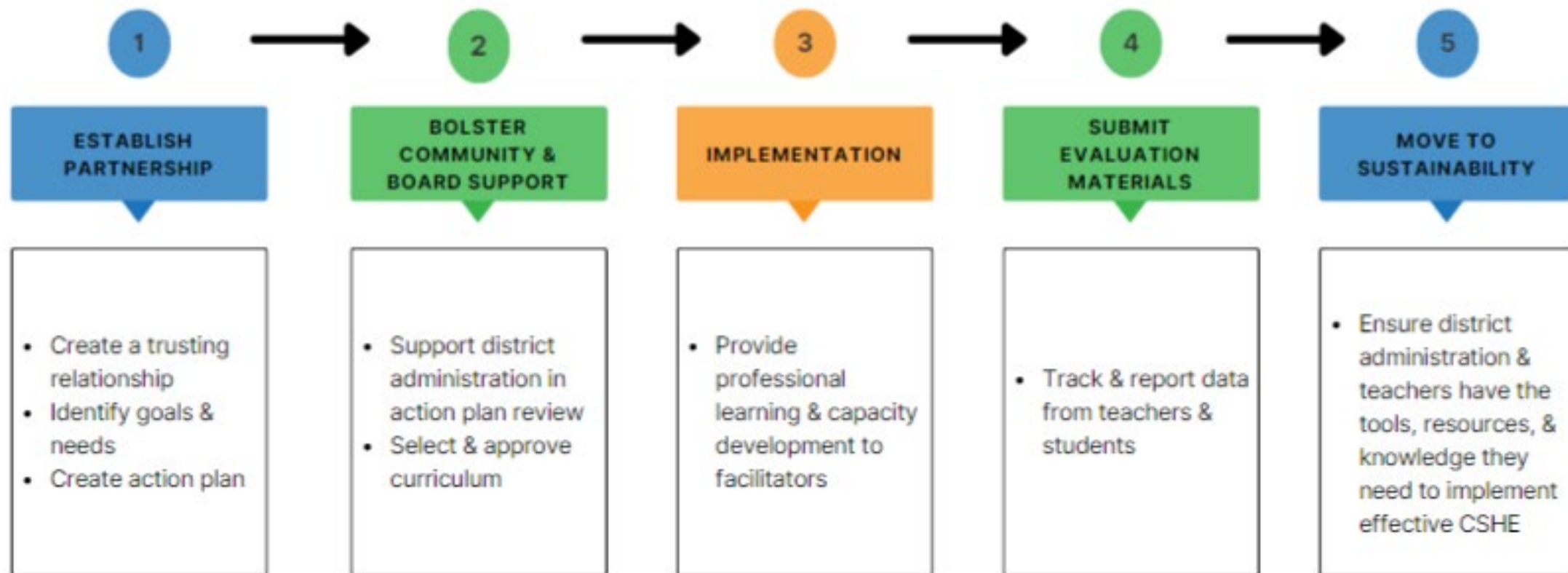
WA PREP is a sexual health education program administered by the Washington Department of Health (DOH), in partnership with the Office of Superintendent of Public Instruction (OSPI) and Cardea. Through customized capacity development and professional learning, WA PREP supports school districts and youth serving organizations in selecting, implementing, and sustaining comprehensive sexual health education (CSHE) programming.



Recent work

Given the recent CSHE mandate in WA state, since 2020, WA PREP has primarily focused on supporting school districts in meeting the new legislative requirements.

Intervention Partner Roadmap





Building Your Toolkit

Brainstorm, reflection, and practical application

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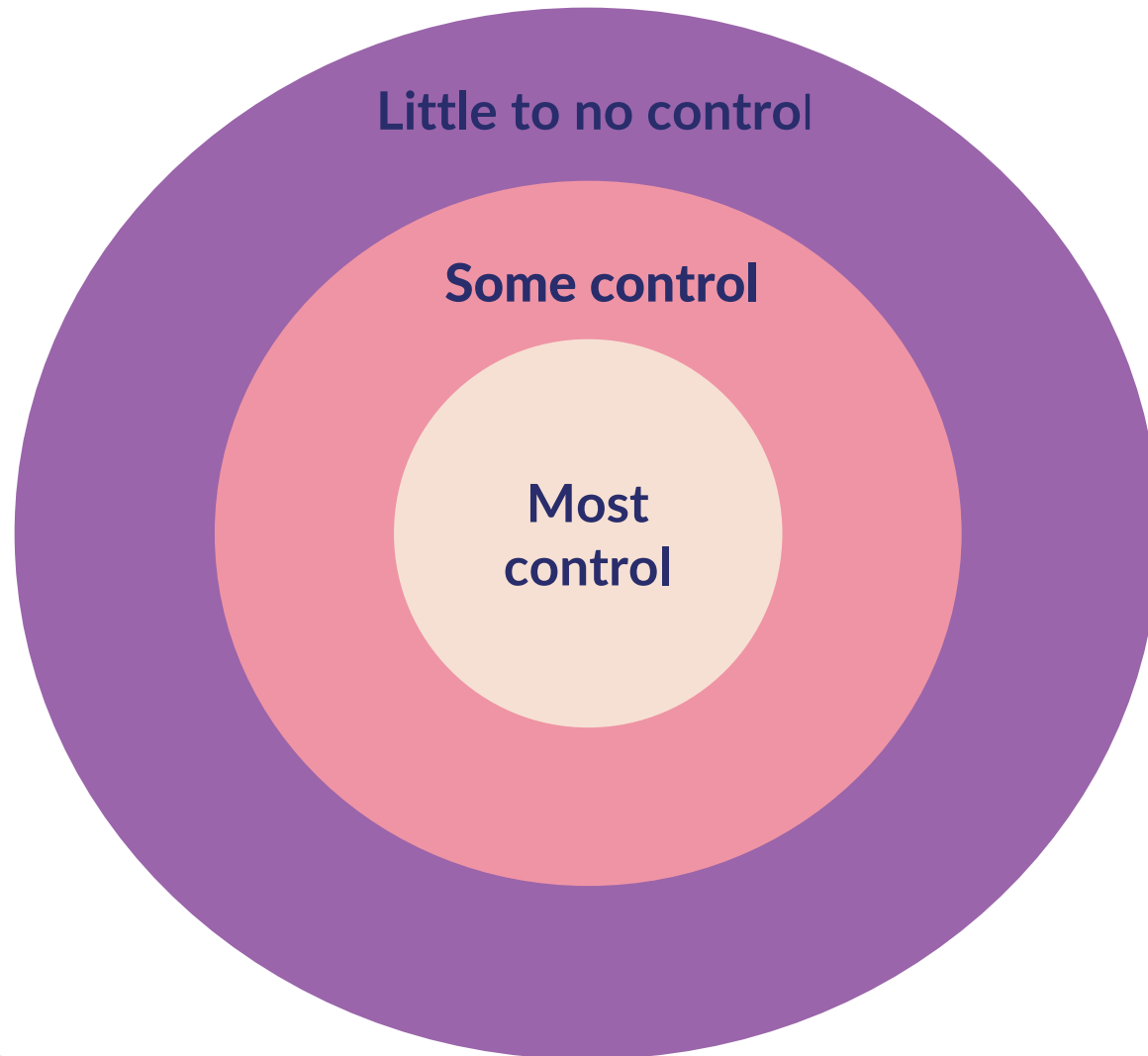
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3-minute brainstorm

**What challenges do you
experience in the work you do?**

Circles of control



Categorize the challenges you brainstormed using the circles of control

Example #1

- **Challenge:** Parent/caregiver pushback against school-based sex education
- **Capacity Building Strategies:**
 - Build admin confidence/skills responding to opposition
 - Guide for responding to caregiver concerns
 - Protect staff safety
 - Pre-recorded presentations
 - Provide caregivers with resources for having conversations with young people outside of school
 - "The Talk" self-paced eLearning modules

Example #2

- **Challenge:** Educator discomfort teaching gender identity and sexual orientation
- **Capacity Building Strategies:**
 - Prepare internal staff for difficult conversations
 - Internal guide for responding to opposition
 - Build educator knowledge and confidence
 - Training (instructor-led & self-paced)
 - Guide for inclusive language and instructional strategies

Example #3

- **Challenge:** Lack of administrator buy-in with PREP & CSHE
- **Capacity Building Strategies:**
 - Understand context and willingness to engage in this work prior to partnership
 - Partner Profile: Needs assessment
 - Set clear expectations
 - Catalog of services
 - Partner Profile: Work plan

Result = Capacity Building Toolkit

- Partner profile
- Catalog of services
- Slide templates
- Handouts
- Internal guides
- Process document



Reflection Questions

Choose a challenge from your list. What strategies would help address it? What capacity building tools would support you and your team implement those strategies?



Share out

What is a challenge you face and what capacity building efforts are you currently using (or want to develop) to address them?





Closing Reflection

Before you go....

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Share a thought, feeling, or action step!



Thank you!

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Session Evaluation

Please complete a brief evaluation form for all workshops and panels on Tuesday, May 23 and Wednesday, May 24 by scanning the QR code below or visiting the following link:

<https://tinyurl.com/SessEval232323>

