

Five Principles for Engaging Youth in SRH Programming: From the Voice of Yanua bake, PhD * Pamela Anderson, PhD * Evan Williams

Reunite, Reignite, Re-energize: Innovating for the Future * May 23-25, 2023 * Atlanta, Georgia

U.S. Department of Health and Human Services, Administration on Children, Youth and Families (ACYF), Family and Youth Services Bureau (FYSB) Adolescent Pregnancy Prevention Program Grantee Conference The views expressed in written training materials, publications, or presentations by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

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Objectives

By the end of the session...

- List the basic steps of the group concept mapping process.
- Explain at least 2 of the 5 Principles of Youth Voice and Meaningful Engagement
- Describe one challenge, one idea for application, and one capacity building need for at least one principle.
- Discuss one starting point for moving the principles to practice.



Reflection

Think about your sexual health education. How engaged did you feel? What would have made it better?

Think about what you experience or know about sexual health education today. How well are doing at elevating youth voice?



Youth Engagement Network (YEN) Overview



Tier 2 Innovation and Impact Networks

- Funder: Office of Population Affairs
- Grant Program: Teen Pregnancy Prevention (TPP)
- Funding Goal: Network of partners to develop and test innovative interventions in seven key priority areas
- Project Period: July 2020-July 2023

YEN Goals

To make a measurable impact on meaningful and equitable youth engagement in sexual health programs.



Coordination of partners

Research on practices that meaningfully engage and give voice to youth



Meaningful Youth Engagement

- True shared power between youth and adults
- Young people
 - are valued and treated as experts
 - have a role in design delivery, and evaluation of programs created for them
 - have voice in factors that affect their lives
- More than just participation

What words do you use to describe meaningful youth engagement in the work you do?

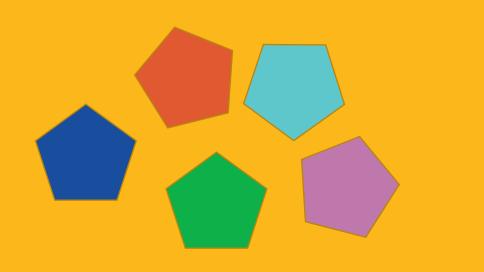
What is a useful framework/conceptual model for MYE?

- **Useful** for developers and implementers.
- Add to and not just duplicate.
- Explore if different for **each priority population**.
- A **data-driven** and **tested** process.
- Significant **youth involvement**.

Group Concept Mapping

GCM





Group Concept Mapping (GCM) is...

A structured, step-by-step process that can be used to dig deeply into a topic to:

- Develop theory
- Create a program
- Develop measures or outcomes
- Prioritize activities or steps toward a specific goal

The Process of GCM



Sort and Rate the Responses

Structure the Responses into Themes and Maps/Visuals Then Apply the Concept Map Imagine that you are creating a program that will help young people learn how to take care of their sexual health. What does this program look like when you want young people to feel...

- . Like they are important.
- Engaged and committed.
- Involved in the design.
- Empowered to care for their sexual well-being.

You want a program that is interesting, exciting, and meaningful for all young people. Think especially about what works for LGBTQ youth of color, young men of color, youth who live in rural communities, and youth who may not typically want to be a part of these programs.

A way to help oung people feel engaged **IS...**



74 Brainstorming log-ins

141 responses (170 total statements)

Focus Prompt: A way to help young people feel engaged is:

For example:

- 1 Having facilitators/educators be from the youths' communities.
- 24 Using examples from pop culture that relate to the youth (e.g., highlighting celebrity relationships that show both positive and negative experiences) as a starting point for discussions.
- 55 Establishing norms that are not just heteronormative or cis-focused (e.g., using gender neutral words, focusing on behaviors vs. sexual orientation, diversity of relationship examples).
- 79 Expanding talk about condoms to include all barrier methods to be more relevant to queer communities.

Cards	6 of 80 statements sorted	
improve new employee orientation and training	FOCUS PROMPT: A specific action that the North C	county Department of Social Services could implement over the next five years to im
78 Iook for small organizations we might partner with	Expand All Collapse All	
examine managed care health ii plans as an alternative to current health insurance	Infrastructure 26 # purchase more vans to enable efficient access to programs	⊼ 窗 III Benefits ⊼ 窗 47 III do program-wide comparative salary analysis analysis
55 reduce middle management ii make organizational structure more horizontal	computerize all phases of the program management system	start a program to reduce employee absenteeism and turnover
74 hire outside support to do ii routine administrative tasks wherever possible	: Unnamed pile 2	 A B A B
15 develop in-house computer	advertise the organization's image rathe than just specific programs	er

Y)

Importance Rating

For each of the statements please select a number from 1 to 7 in terms of how important you think it is compared to the rest of the statements if we want to meaningfully engage youth (like you or the youth you serve) in sexual and reproductive health programs.

Use the following scale (sliding):

1= not important; 7=important

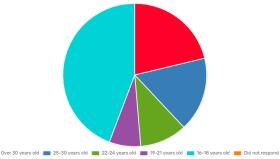
If we want to meaningfully engage youth in SRH programming, how important would it be το...

194 invitations sent 134 logged into system 113 completed at least 1 activity

Sorting: *n*= 105

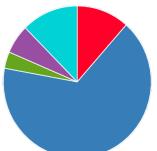
Importance Rating: *n*= 109

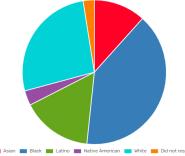
44% were 16-18; half were under 22



40% were black; 27% were white; 30% reported other ethnicities







Half identify as straight

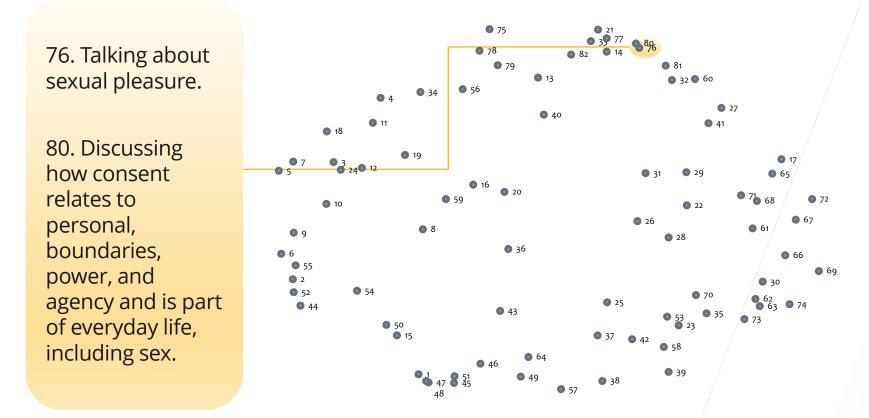
📕 Straight 📕 Queer 📕 Pansexual 📕 Gay 📕 Questioning 📕 Lesbian 📕 Another orientation not listed 🜉 Asexu 📕 Did not respond

Sorting and Rating Results



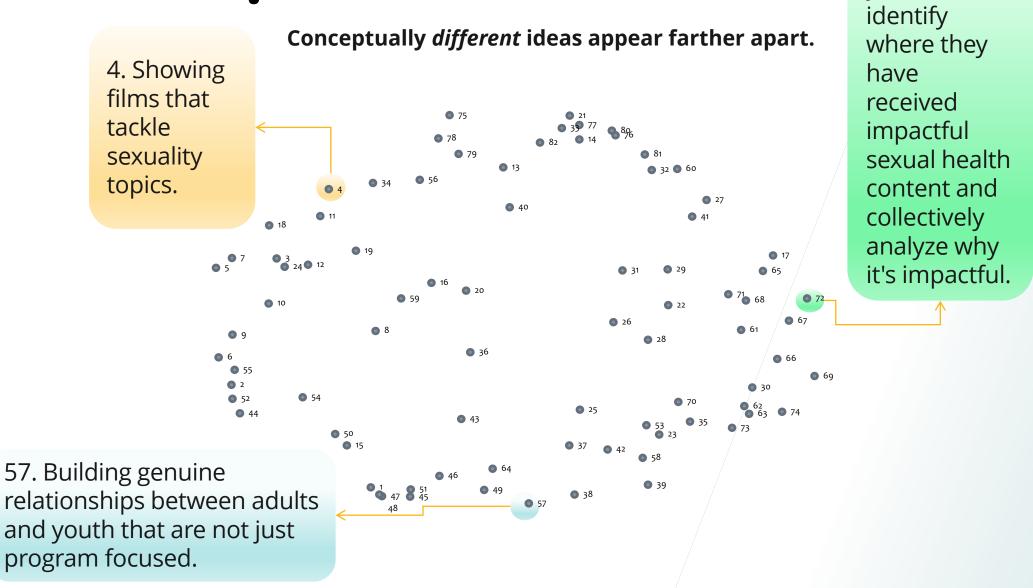
Point Map

Conceptually similar ideas appear closer together....



V

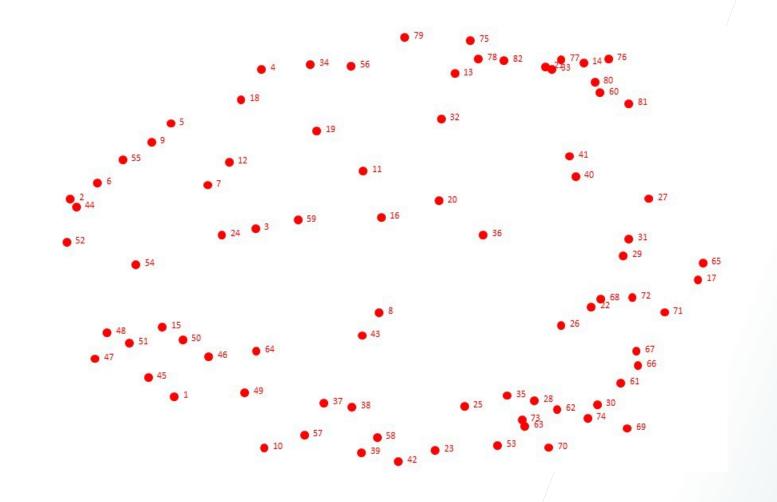
Point Map



72. Asking

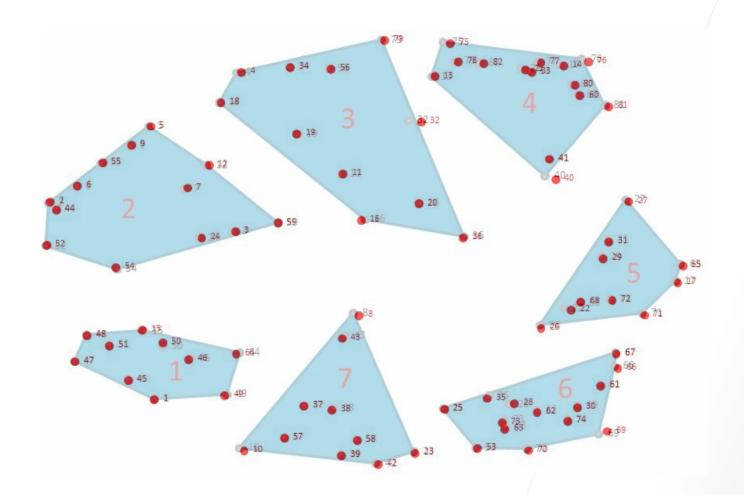
youth to

From Point Map



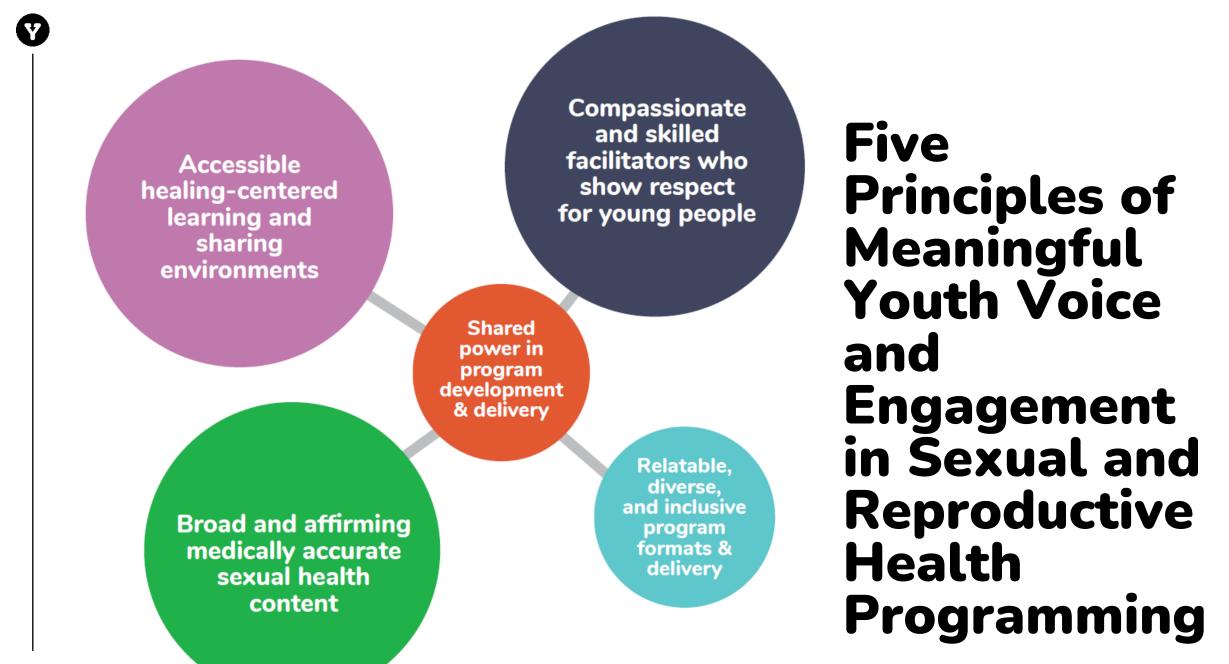
V

From Point Map -> To Clusters



24

V



The Principles

5 practices that foster meaningful engagement of young people in sexual health programming



Environment & Space

Creating a program environment that is familiar, comfortable, accessible, safe, sensitive to individual needs, and youth-centered to allow for healing and impactful conversations.

Sexual Health Content

Focusing on a broad set of affirming medically accurate sexual health content that goes beyond contraception and the prevention of STIs/pregnancy and encourages youth autonomy and agency in their relationships and sexual wellness.

Program Facilitators

Identifying facilitators and mentors who are relatable, authentic, and compassionate; are skilled in and comfortable with the program content; show respect for the thoughts and ideas of young people; and are prepared to share power with youth.

Youth-Centeredness

Centering youth expertise and sharing power in program development and delivery in creative ways that amplify youth voice and choice.

Format & Materials

Ensuring program format and materials are diverse, inclusive, and relatable to youth of differing identities and cultures and address the impact of systems of oppression.

Five Principles of Meaningful **Youth Voice** and Engagement in Sexual and Reproductive Health **Programming**

Creating a program environment that is familiar, comfortable, accessible, safe, sensitive to individual needs, and youth-centered to allow for healing and impactful conversations.

Accessible healing-centered learning and sharing environments

for young people Shared ower in rogram

> Relatable, diverse, and inclusive program formats & delivery

Compassionate and skilled

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show respect

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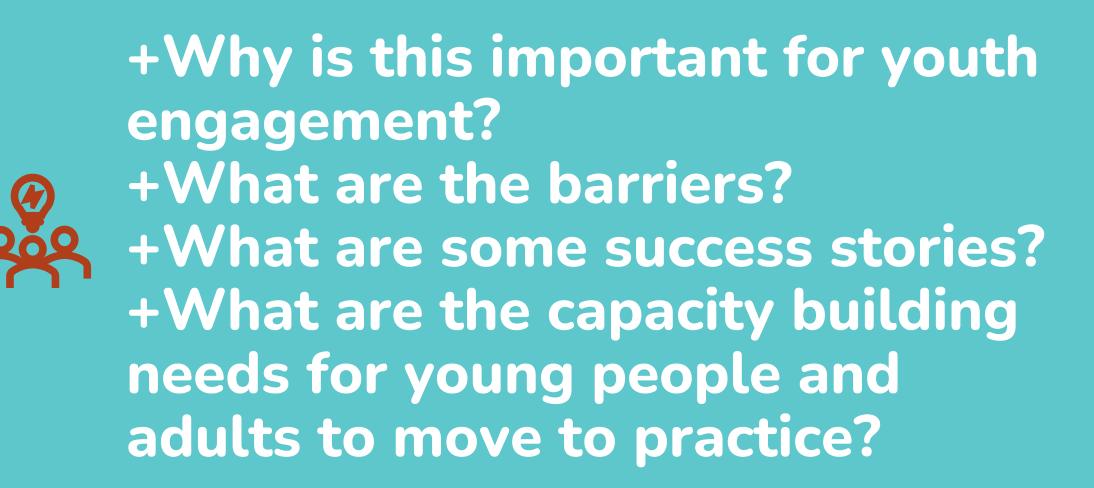
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+Share back on each principle +How can the principles be useful to SRH programming and where do we start?

If you're interested in Group Concept Mapping...



group/isdom

conceptsystems.com

groupwisdom.com

Thank you!

www.etr.org/yen/ pam.drake@etr.org Please complete a brief evaluation form for all workshops and panels on Tuesday, May 23 and Wednesday, May 24 by scanning the QR code below or visiting the following link:

https://tinyurl.com/SessEval232323

