

# Implementing American Indian and Alaska Native Community-Driven and Youth Focused Programs

**Blackfoot Tribe of Blackfoot Reservation**  
**Great Plains Tribal Leaders' Health Board**  
**Great Lakes Inter-Tribal Council, Inc.**

Reunite, Reignite, Re-energize: Innovating for the Future  
May 23-25, 2023

U.S. Department of Health and Human Services, Family and Youth Services Bureau,  
Adolescent Pregnancy Prevention (APP) Program

# Disclaimer

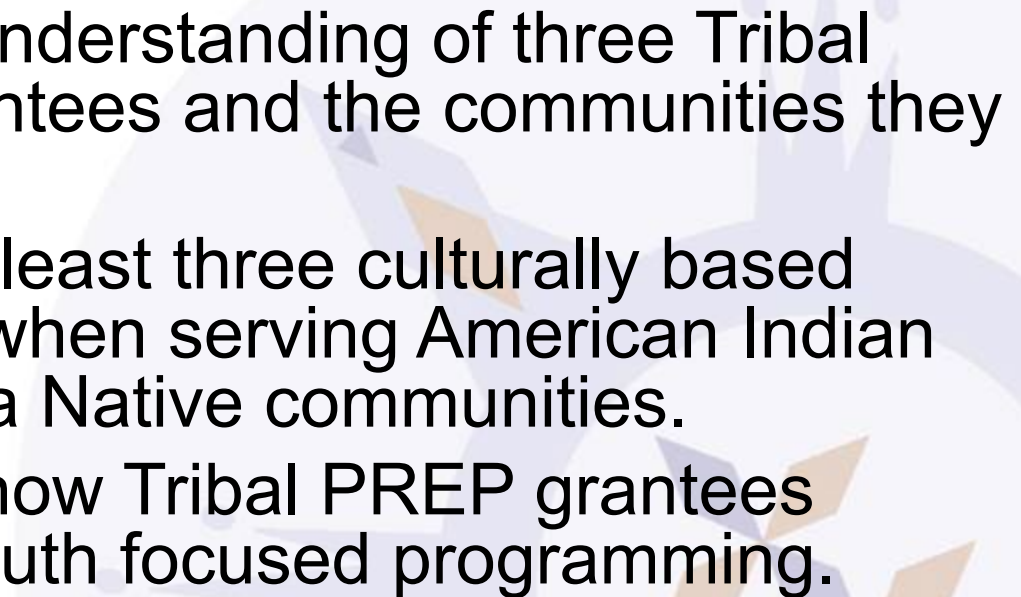
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# Objectives

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By the end of this session, participants will be able to:

- Have an understanding of three Tribal PREP grantees and the communities they serve.
  - Identify at least three culturally based practices when serving American Indian and Alaska Native communities.
  - Describe how Tribal PREP grantees provide youth focused programming.
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# Agenda

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- Welcome and Introductions
- Brief Grantee Presentations
- Panel Discussion
- Q&A
- Wrap Up



# Panelists

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- Carol Williamson, Blackfeet Tribe of Blackfeet Reservation
- Opal Jones, Great Plains Tribal Leaders' Health Board
- Lori Hunter, Great Lakes Inter-Tribal Council



# Tribal PREP



Through the Tribal Personal Responsibility Education Program (Tribal PREP), FYSS awards grants to Tribes and Tribal communities to develop and implement abstinence and contraceptive education, abstinence, pregnancy prevention programs.

## FYSS Mission

To support the organizations and communities that work every day to reduce the risk of youth homelessness, adolescent pregnancy and domestic violence.

## FYSS Vision

A future in which all our nation's youth, individuals, and families — no matter what challenges they may face — can live healthy, productive, violence-free lives.

## Purpose

Through the Tribal Personal Responsibility Education Program (Tribal PREP), the Family & Youth Services Bureau (FYSS) awards grants to tribes and tribal organizations to educate American Indian/Alaska Native (AI/AN) youth on both abstinence and contraception for the prevention of pregnancy and sexually transmitted infections (STIs), including HIV/AIDS.

Tribal PREP programs are encouraged, to the extent possible, to use models (or elements of models) of existing adolescent pregnancy prevention programs that have been proven by scientific research to be effective in changing behavior. FYSS, through extensive consultation with tribes, designed Tribal PREP specifically to honor tribal needs, traditions, and cultures. If existing models cannot be adapted for a particular tribe or native community, programs must show how new strategies are likely to be effective based on the unique cultural needs of their youth and relevant theories of behavior change. This "practice-based evidence" may be drawn from prior experiences, practices, or customs from an array of culturally specific youth programs.

## Services

Tribal PREP programs must target services to youth, ages 10–22, who are at high-risk or vulnerable for pregnancies. This group includes youth in or aging out of foster care, homeless youth, youth with HIV/AIDS, victims of human trafficking, pregnant and/or parenting youth who are under age 21, and youth who live in areas with high teen birth rates. Programs must place substantial emphasis on both abstinence and contraception education for the prevention of pregnancy and STIs.

Tribal PREP projects must educate young people in at least three of the six congressionally mandated subject areas below:

- Funds tribes and tribal organizations to develop and implement culturally appropriate APP programs among AI/AN youth
- Five year grants
- 2021 Cohort: 8 grantees



## Blackfeet Teen Pregnancy Prevention Project (BTPPP)

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BLACKFEET MANPOWER

# Blackfeet Tribe

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The Blackfeet Indian Reservation is home to the 17,321-member Blackfeet Nation, one of the 10 largest tribes in the United States. Established by treaty in 1855, the reservation is located in northwest Montana.



Blackfeet Tribal Office  
Browning, MT



# Office Locations

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**Blackfeet Manpower – Hart Butte Satellite Office**



**Blackfeet Manpower One-Stop Center**  
409 N Pegan St. Browning, MT 59417



**Blackfeet Manpower – Seville Satellite Office**  
1 Tree Ln Out Bank, MT 59427

# Curriculum Partners

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Hart Butte Middle School  
Hart Butte, MT



Browning Middle School  
Browning, MT



Valier Middle School  
Valier, MT

# BTPPP Staff

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**Carol Williamson**  
Project Director

**Anna Horn**  
Community Outreach Technician

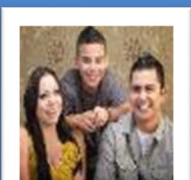
**Joshlynn Snow**  
Community Outreach Technician



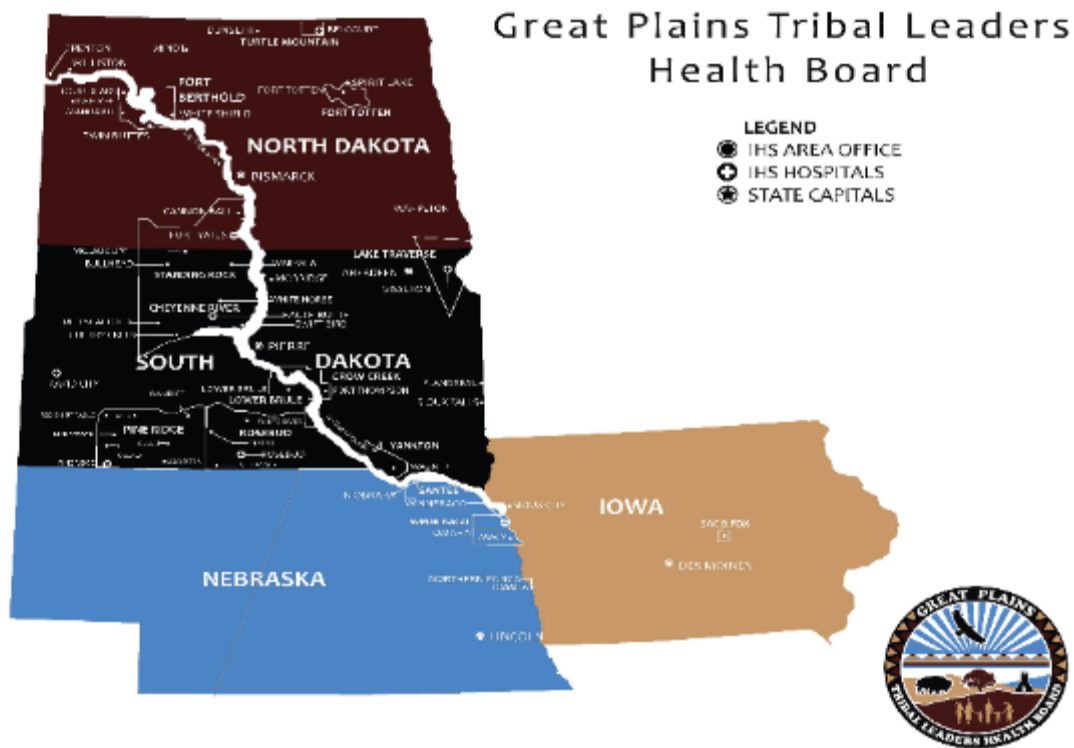


# STI & Teen Pregnancy Prevention Initiative (STITPPI)

~ Working together to promote the health and wellness of our youth ~



The Great Plains Tribal Leaders' Health Board (GPTLHB) is dedicated to serving the health and wellness needs of the tribal members it represents. Assisting with the needs of 18 tribes and tribal communities in the four-state region of South Dakota, North Dakota, Nebraska, and Iowa, GPTLHB addresses the health necessities of its members by assisting in accessing health-related programs and resources.



# What We Do

- Manage the grant and ensure compliance with requirements
- Manage the assessment and development process
- Train staff
- Develop or obtain supplies
- Oversee/guide outreach, promotion, and recruitment
- Deliver or Support the delivery of the curricula
- Complete evaluation data collection/compilation, analysis, and reporting, and use them to improve and promote the program
- Support STI and teen pregnancy prevention needs and interests for our tribal partners.



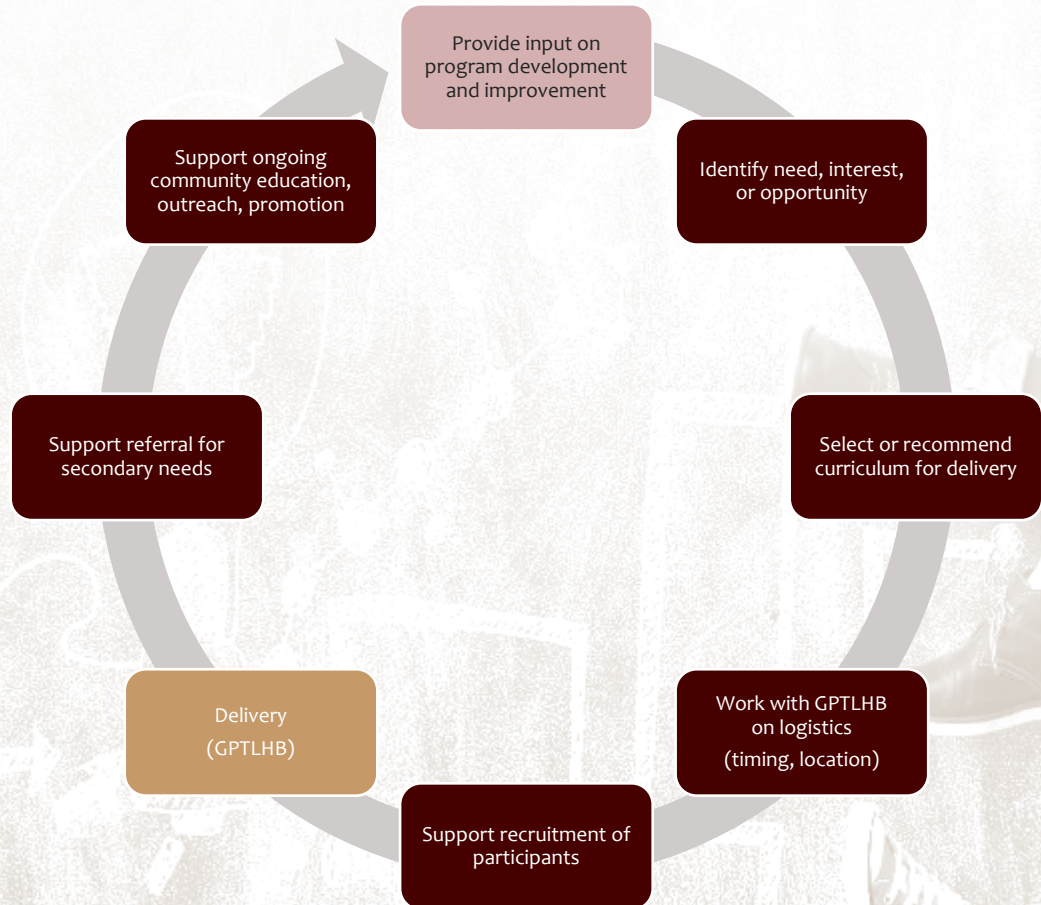
# What type of content are we talking about?

- STI and teen pregnancy prevention
- Age-appropriate and scaled (10-16)
- Culturally tailored (some options available, some adaptation up to tribal partners)
- Compact and easily delivered (1-2 days or longer)
- Topics areas:
  - Teen pregnancy and STI prevention
  - Sexual and reproductive health
  - Healthy relationships
  - Preparation for adulthood (e.g. financial literacy, educational and career success)
  - Caregiver/youth communication



# How Tribal Partners Help

- They know their communities
  - People
  - Places
  - Special considerations
- They hear and experience the needs and trends first-hand
- Their communities look and listen to tribal partners for information and support



Hecel Oyate Kin Nipi Kte – So That The People May Live





# Assessment & Curriculum Selection

Conduct  
Community  
Conversations

Review  
secondary  
data

Identify big-  
picture trends

Select curricula

Adapt curricula

Complete  
training



# How We Succeed

- Assessment and program development
- Community Engagement
  - Co-leadership of the project
  - Outreach, promotion, and education
  - Share results
- Community Education
  - Participant recruitment
  - Logistical support
  - Curriculum implementation/delivery
- Evaluation
  - Collection of primary evaluation data (pre/post, feedback)
  - Compilation of secondary data
  - Undertake quality improvement
- Promote program growth and replication
  - Share lessons learned
  - Offer training and support to communities



# Other Opportunities

GPTLHB has...

- A total of 5 TPP In-person/online/camp style Curricula to choose from:
  - Get Real
  - Draw the Line / Respect the Line
  - Nu-CULTURE
  - Respecting the Circle of Life
  - Native 2.0 It's Your Game
- Experience with local program development, implementation, and evaluation
- Implementation and evaluation tools for TPP programs



<https://youtu.be/SRjcHoWn-PQ>  
Thank You!


*This Presentation was made possible by Grant Number 90AT0027 from the Department of Health and Human Services, Administration for Children and Families. Its contents are solely the responsibility of the Great Plains Tribal Leaders' Health Board and do not necessarily represent the official views of the Department of Health and Human Services, Administration for Children and Families.*






Great Lakes Inter-Tribal Council's mission is  
*To enhance the quality of life for all Native people.*

GLITC manages more than 40 different programs in the areas of education, epidemiology, family health, nutrition education, aging, disability services, elder services, vocational rehabilitation, and economic development.



GLITC Tribal PREP partners with University of Wisconsin Population Health Institute for evaluation services.

Since 2016 UWPHI and GLITC TPREP have brought high quality and creative programming along with evaluation products centering on Tribal Data Sovereignty to our Tribal Communities.



GLITC's Tribal PREP serves youth residing on or near the reservation lands of the following Tribal Nations:

Ho Chunk Nation

Lac Courte Oreilles Band of Lake Superior Chippewa Indians (Ojibwe)

Oneida Nation

St. Croix Chippewa Indians of Wisconsin (Ojibwe)

Stockbridge-Munsee Community of Mohican Indians

Although we serve youth regardless of race or ethnicity our focus is on American Indian youth

# Our Partnering Agencies

## Ho Chunk Nation

Ho Chunk Youth Services – 10 Youth Centers throughout the state of Wisconsin and one in St. Paul, Minnesota

## Lac Courte Oreilles

Lac Courte Oreilles Ojibwe School

Lac Courte Oreilles Ojibwe University

## Oneida Nation

Oneida Nation Schools

Wise Women Gathering Place (Developer of the Discovery Dating Curriculum)

## St. Croix

St. Croix Tribal Education Department

Six School Districts that serve St. Croix Youth: Shell Lake, Unity, Spooner, Siren, Webster, Round Lake

## Stockbridge-Munsee Community

Stockbridge-Munsee Family Services – Mohican Family Center

Bowler School District

Gresham School District



Our curricula is developed by and for Native Americans



[http://native-circle-of-life.com/#COL\\_overview\\_home](http://native-circle-of-life.com/#COL_overview_home)



<https://www.wisewomengp.org/discovery-dating/what-is-discovery-dating/>



# Enrolled participants

From September 2017 through May 2023

237 youth enrolled in Multimedia Circle of Life in 15 Classrooms  
213 youth were American Indian / Alaska Native

329 Youth enrolled in Discovery Dating in 17 Classrooms  
282 youth were American Indian / Alaska Native

From September 2023 through March 2023

50 youth enrolled in Multimedia Circle of Life in 5 Classrooms  
62 Youth enrolled in Discovery Dating in 4 Classrooms

# Community Outreach Activities from 2016 – 2022

## **Presentations about our program**

- Elder Advisory Board Meetings
- Foster Grandparent – Senior Companion Gatherings
- Elder Luncheons
- Tribal Community Health Department Staff
- Teacher Professional Development Days
- Parent/Teacher Conferences

## **Community Events to experience and overview of Discovery Dating**

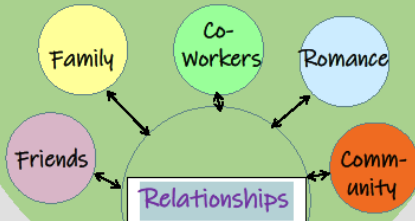
- Curriculum developers prepared a workshop for parents and community members to learn and experience lessons from the curriculum

Gyasi Ross, Native American Author, Activist, Musician, and Lawyer presented a program entitled "Changing the Narrative" at all three schools and a community event in one of the Tribal communities





# REFRESH YOUR RELATIONSHIPS!

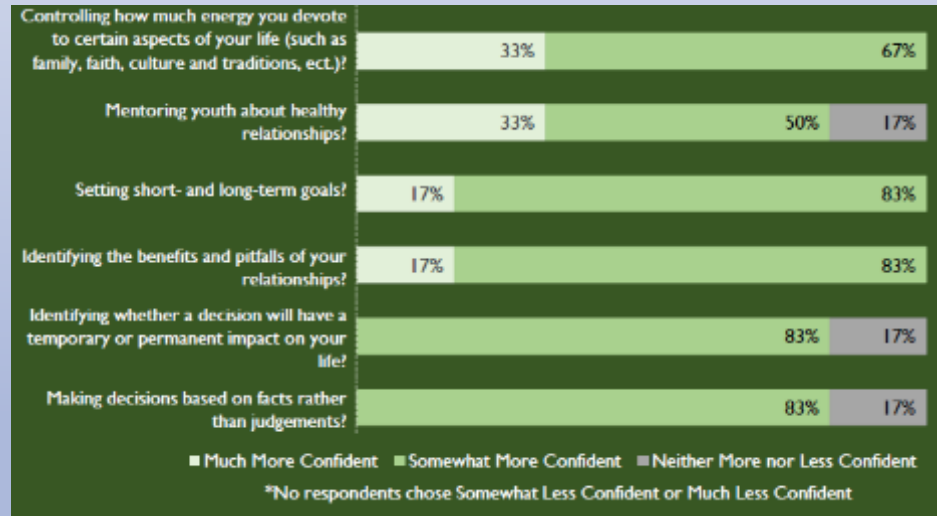


Great Lakes Inter-Tribal Council's Tribal PREP Program  
 Is offering a free 10 session course on Thursdays  
 From 12:00 to 1:00 on Healthy Relationships  
 Beginning September 19, 2019  
 Stockbridge-Munsee Health & Wellness Center Conference Room

## 10 one hour sessions

▶ Class Goals

- o Better understanding of your values, goals, dreams, and relationship boundaries
- o Discover your own qualities and energy you want to devote to relationships
- o Share with others in your life and community about healthy relationships



# APS Activities: 2017 - 2021

## Stockbridge-Munsee Community Health & Wellness Center

### Summer Youth Workers Orientation

Sexual and Reproductive Health Presentations on Contraception and STI Prevention

## Shawano Boys & Girls Club

### Summer Session - 2018

Three sessions on how to have a healthy friendship and see the benefits of how this helps keep your life in balance

Three sessions of yoga to help with self-regulation and reduce anxiety

### Summer Session - 2019

Three sessions of music therapy for self-regulation, improved focus, and anxiety reduction

Shawano Boys & Girls Club  
Music Therapy – July 2019  
Sara Devine, MTBC, LCSW



I just want to let you know how blessed we are to have you providing programming for our Club members during the summer school. The music therapy was absolutely amazing and definitely something that we hope to do, even during the school year. Music is one of our gaps that we hope to do better on this next year, but I don't think we can top the impact she had with the music therapy.

Thank you for bringing that opportunity to our Club members!

-Kim

**Kimberly Lodewegen |Shawano  
Site Director**

**Boys & Girls Club of Shawano**

# Special APS Projects: Financial Literacy

- Collaboration with:
  - Sawyer County Health Dept. – State Tribal PREP grantee
  - Asset Builders
  - 8<sup>th</sup> grade students from three Sawyer County Schools:
    - Hayward Public School
    - Winter Public School
    - Lac Courte Oreilles Ojibwe School





## Hey, eighth graders!



You're invited to attend a series of workshops to help you learn about money and personal finance.

# 2020 "Got Money!"

## Teen Conference on Personal Finance

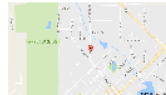
Presented by Asset Builders as part of the Wisconsin Personal Responsibility Education Program, Sawyer County Public Health, and Great Lakes Inter-Tribal Council Tribal PREP Program



APRIL 7, 2020

9:00 am - 2:00 pm

HAYWARD WESLEYAN CHURCH  
10655 NYMAN AVENUE,  
HAYWARD, WISCONSIN



Keynote speaker: TBD

You're never too young to learn about the things that will help you for a lifetime:

- > FIRST JOB STRATEGIES - HOW TO GET THE JOB!!
  - > THE FINANCIAL FACTS OF LIFE
    - > BANKING BASICS
- > WHAT YOU NEED TO KNOW ABOUT CREDIT
  - > THE COST OF RAISING A CHILD
  - > AND MUCH, MUCH MORE!



Parents and teens, for more information concerning this event contact Lori Hunter, (715) 588-1027 at Great Lakes Inter-Tribal Council, Jessica Bjork (715) 638-3424 at Sawyer County Public Health, or Richard Entenmann, (608) 663-6332 at Asset Builders.

## Got Money! Conference

Full day event from

9:00 am – 2:00 pm

Morning keynote speaker

### Five Breakout Workshops

- First Job Strategies
- Banking Basics
- What You Need to Know About Credit
- The Cost of Raising a Child

Workshops are led by local business leaders, GLITC programs, UW Extension personnel, and local banking or credit union representatives.



### 2019 Workshop Presenters

- UW Extension Family Health
- Native American Vocational Rehabilitation Counselor
- American Indian Economic Development Technical Assistance
- Retired Financial Planner
- Credit Union Community Outreach Specialist

Students Working out a budget during an interactive activity that gives their salary, the number of children, surprise events resulting in expenses or additional income or gifts.



# APS Activities: 2021 - 2023

July 2022: GLITC and LCO Students Career Day

July 2022: Inter-Tribal Youth and Elder Lock-in focusing on Mental Health and its Stigma – Connecting through Culture

October 2022: St. Croix's Round Lake Youth and Community Harvest Festival – Connecting through Culture

October 2022: Shell Lake School's Indigenous People's Week programming and celebration

November 2022: Inter-Tribal Youth and Elder Lock-in focusing on Education and Career Success – Connecting through Culture

December 2022: St. Croix Tribal Education Program's Education Fair and Pow-Wow

January 2023: Support for Gresham School's Ready or Not Tot Program

February 2023: Stockbridge-Munsee Community and Youth Gathering focusing on Healthy Relationships – All Our Relations – Connecting through Culture



## GLITC Tour and Career Day for LCO Students

Did this visit help you think about ways you can help your community?



Did the speakers explain their education level and job in a clear way?



Were the staff and speakers easy to talk to?



I learned how an organization can help my community even though they are not located there.



■ No ■ Somewhat ■ Yes

Koolamalsii Stockbridge Munsee Family Services Presents

# PROTECT YOUR SPIRIT







February 23,  
2023

Sponsored by:

Stockbridge Munsee  
Community

Notah Begah III Foundation

GLITC Tribal PREP

GLITC Elders Programs

Water Teachings

Fire Teachings

Drumming Group

Healthy Relationship: By Choice or By Chance

Community Dinner

Talking Circle

Splatter Painting and Dancing with the DJ



Thank you!

Miigwech

Waewaenen

Pinagigi

Yaw^ko



# Panel Discussion

Reunite, Reignite, Re-energize: Innovating for the Future  
May 23-25, 2023

U.S. Department of Health and Human Services, Family and Youth Services Bureau,  
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# Questions?

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# Wrap Up and Thank You!

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# Session Evaluation

Please complete a brief evaluation form for all workshops and panels on Tuesday, May 23 and Wednesday, May 24 by scanning the QR code below or visiting the following link:

<https://tinyurl.com/SessEval232323>

