

# Welcome!

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- We will start at 9:45AM. We look forward to an exciting session with you.
- In the meantime, feel free to introduce yourself to someone at your table and share somewhere you're excited to visit in Atlanta.

# Reinvigorating our National Strategy to Promote Adolescent Health

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Armin Aflaki and LCDR Jaclyn Ruiz

May 23 – 25, 2023

*Reunite, Reignite, Re-energize: Innovating for the Future*

U.S. Department of Health and Human Services, Administration on Children, Youth and Families (ACYF), Family and Youth Services Bureau (FYSB) Adolescent Pregnancy Prevention Program Grantee Conference



**OASH**

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## Disclaimer Language

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- The views expressed in written training materials, publications, or presentations by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

## Workshop Objectives

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- Identify one benefit of meaningfully engaging youth in programs
- Identify how to apply at least one youth engagement effort into your program/project

# Overview of OPA

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## Activity

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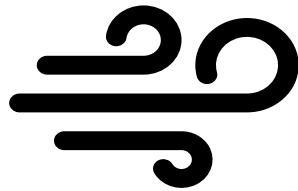
- Open this Jamboard [link](#):



- Take 1-2 minutes to share your thoughts on these questions:
  - What do you know about OPA?
  - What do you hope to learn from today's presentation?

# Who we are...

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Office of  
Population Affairs

## Mission:

*Promotes health across the reproductive lifespan through innovative, evidence-based adolescent health and family planning programs, services, strategic partnerships, evaluation, and research*

National Adolescent Health Month

Adolescent Health Action Plan

# ADOLESCENT HEALTH IN OPA

Youth Create

Grant Programs (TPP and Title X)

Resiliency Challenge





## Why engage youth?

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- Crucial to promoting health equity and positive youth development
- Youth are the experts
- Fosters connectedness and trust
- Builds the capacity and skills of youth to positively affect their community
- Enhances the effectiveness of proposed strategies
- Increases the sustainability of such strategies



# Sharing experiences from OPA

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# Adolescent Health Action Plan (AHAP)

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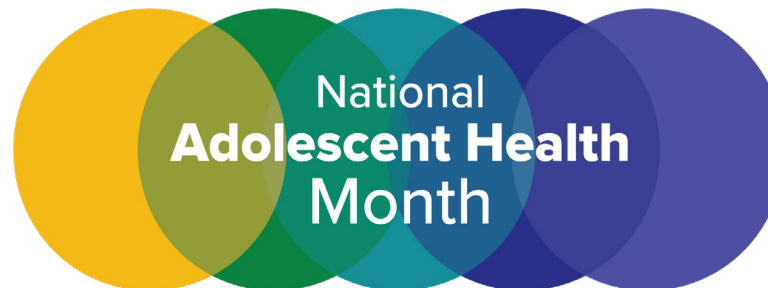
- Developed with multiple partners to be implemented nationwide to improve adolescent health
- Anticipated dissemination in summer/fall 2023



## National Adolescent Health Month (NAHM)

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- Launched as a rebranded observance in 2022
- Four weekly themes each year, in 2023:
  - Week 1: expand sexual and reproductive health information and services
  - Week 2: promote self-care to support mental health
  - Week 3: celebrate ways that communities support youth
  - Week 4: equip adults to support adolescent health



# National Center for Youth Law

← Thread

 **Office of Population Affairs** @HHSPopAffairs · May 25, 2022  
 Today's #OPAGranteeYouthTakeover will feature tweets from Alicia, Autumn, and Phillisha from @NCYLHealth, an OPA Teen Pregnancy Prevention Program grantee. Stay tuned to hear what these youth program participants have to say about adolescent health.  
[#HealthyYouthNAHM](#)



**Follow along as youth participants from National Center for Youth Law, a TPP program grantee, "take over" OPA's Twitter account today.**

Follow @HHSPopAffairs and #OPAGranteeYouthTakeover to tune in.

**ALT** tionalAdolescentHealthMonth #HealthyYouthNAHM opa.hhs.gov/NAHM

1 3 8

 **Office of Population Affairs** @HHSPopAffairs · May 25, 2022

← Thread

 **Office of Population Affairs** @HHSPopAffairs

My name is Phillisha and I am from California. I participate in Reproductive Health Equity Project @NCYLHealth as a Youth Advisory Board member. #OPAGranteeYouthTakeover #HealthyYouthNAHM

2:18 PM · May 25, 2022

View Tweet analytics

1 Like



 Tweet your reply

Reply

 **Office of Population Affairs** @HHSPopAffairs · May 25, 2022

I grew up in care from ages 3 to 17 and was emancipated at 17 1/2. Since age 12, I have raised my siblings and made it my life goal to provide them with the life I did not have - especially keeping them out of foster care. - Phillisha, @NCYLHealth #OPAGranteeYouthTakeover

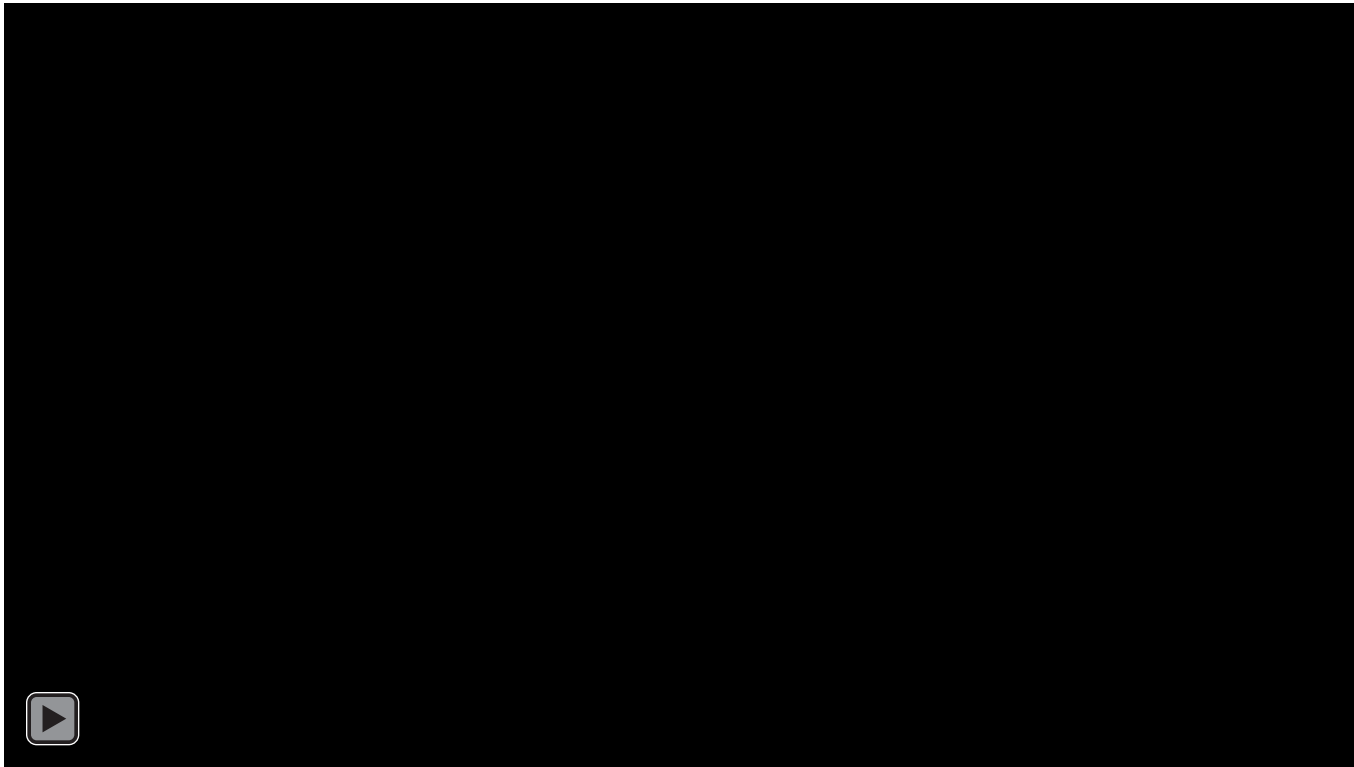
1 2

 **Office of Population Affairs** @HHSPopAffairs · May 25, 2022

I was not put into school during my youth. Growing up I didn't think I could do anything except be a good parent to my 3 siblings. At the age of 18, I went back to high school and got my High School Diploma. - Phillisha, @NCYLHealth #OPAGranteeYouthTakeover #HealthyYouthNAHM

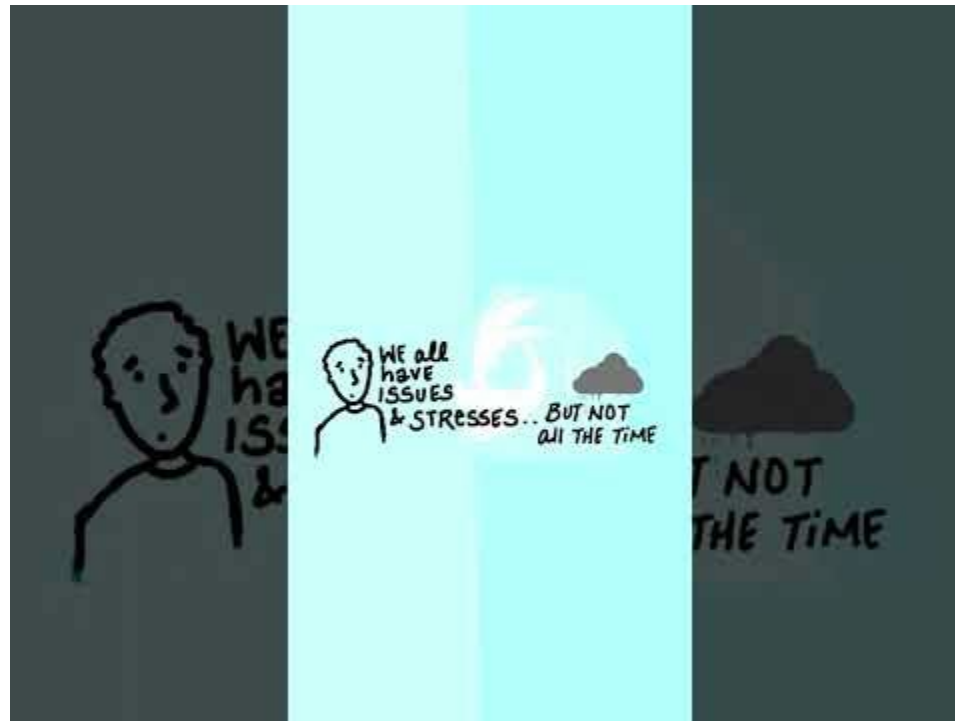
## Mission West Virginia video

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## Mental Health video

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## Additional Grantee Participation

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- Some grantees and grantee youth created their own activities and images for NAHM
- OPA promoted these activities and images on its Twitter and YouTube channels and featured them on the OPA website





# CACOST



CACOST STTLD  
@TeenChatCACOST



Students from Lucy Aragon Junior High wore white to kick off National Adolescent Health Month.  
[#HealthyYouthNAHM](#) [@HHSPopAffairs](#) [#TPP](#) [#Texas](#)



# Ocean Health Initiatives, Inc.



Ocean Health Initiatives, Inc. (OHI)  
@ohinj

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It is important for parents, caregivers, and healthcare providers to help adolescents learn to navigate the healthcare system. Here at OHI, we strive to provide the best care for all our patients. Happy National Adolescent Health Month

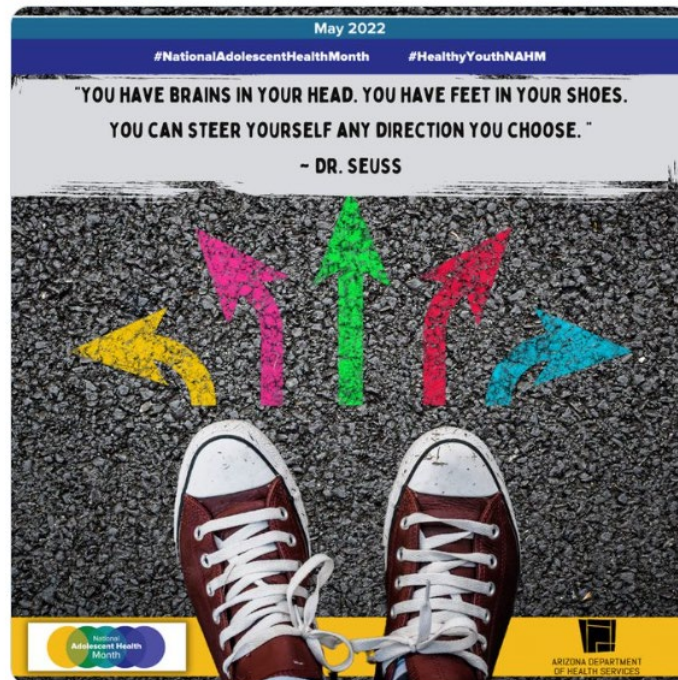
[#HealthyYouthNAHM](#) @HHSPopAffairs



# AZ Dept of Health

AZ Dept of Health   
@AZDHS

Do you find yourself thinking everyone is doing it? Try changing your perspective to focus on what truly matters - you & your future. Take the quiz to find out what other teens are really doing: [1.azdhs.gov/3INJ7co](https://1.azdhs.gov/3INJ7co) [#NationalAdolescentHealthMonth](#) [@HHSPopAffairs](#) [#Perspective](#)



2:25 PM · May 31, 2022 · Sprout Social

## *Youth Create!*

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- Launched in 2021 as a call for youth-created content with TPP grantee youth participants
- Participation grew year since then
- Collaboration with grantee Project Officers and TPP staff was vital to gather feedback and continue the effort



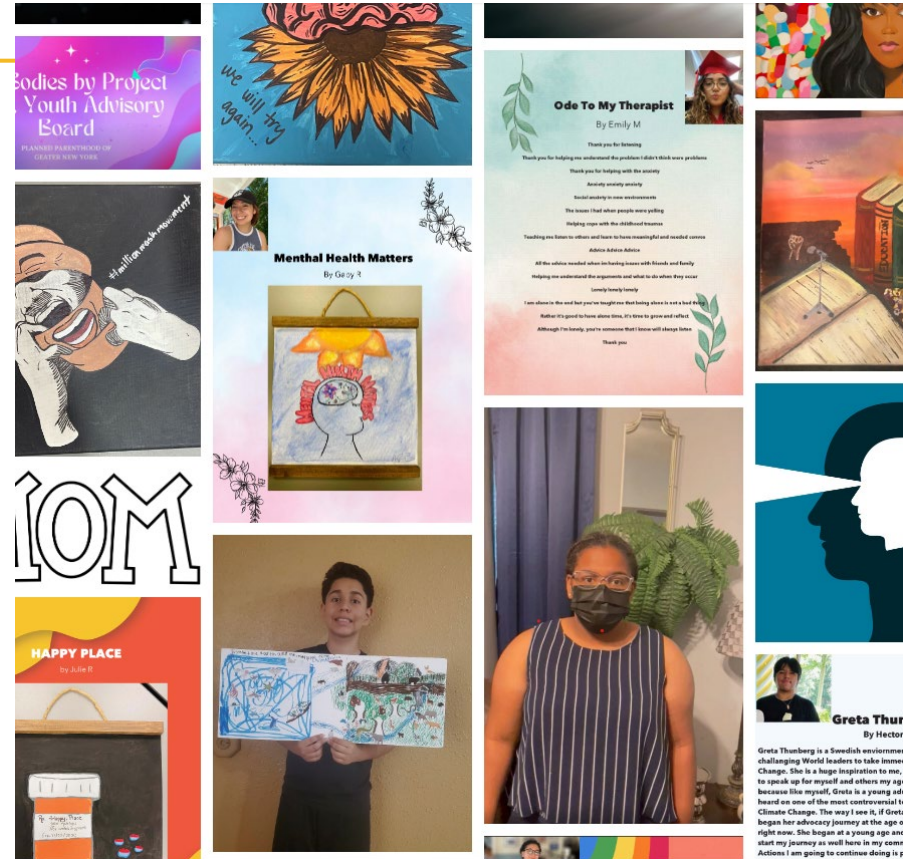
## Video Montage: *Youth Create!* (2021)

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# Youth Create! (Year 2: 2022) Submissions

[opa.hhs.gov/youth-create-2022](https://opa.hhs.gov/youth-create-2022)



## Youth Create! (Year 3: 2023)

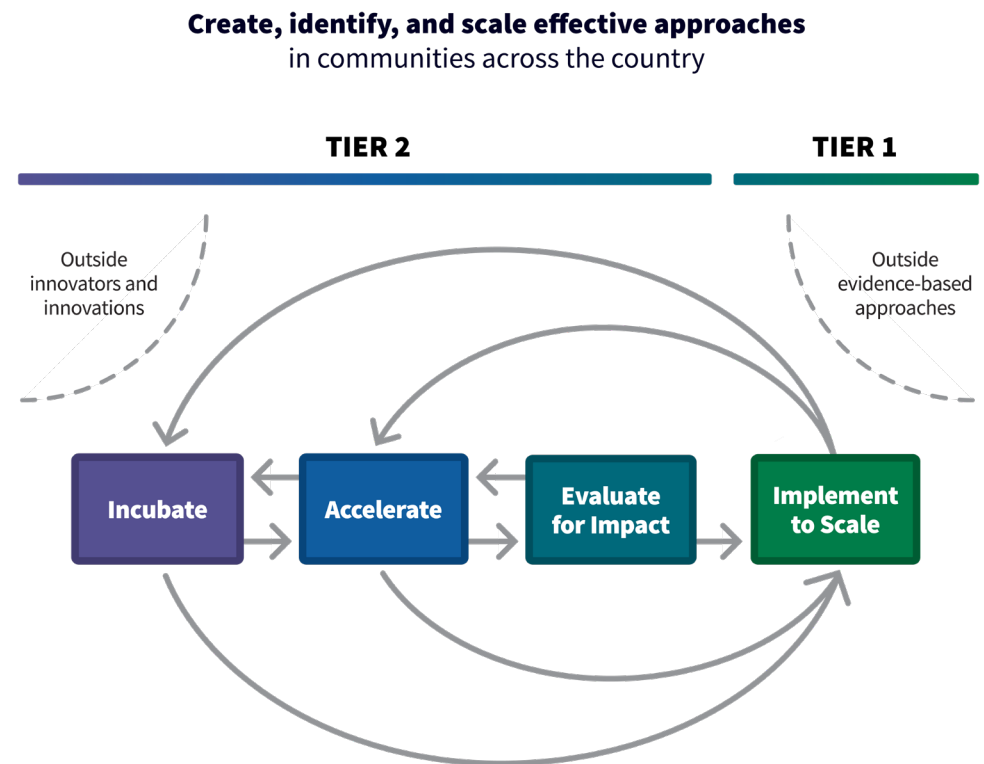
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- *How do you care for yourself during tough times? And how can adults support you?*
- *Spotlight something about or in your community that is important to you.*
- *What is something that you have come to cherish or value more in the last few years?*
- *What does a healthy future mean to you and others your age?*

# Teen Pregnancy Prevention (TPP) Program

- Established in 2010
- Funds diverse organizations working to reach adolescents to improve sexual and reproductive health outcomes and promote positive youth development





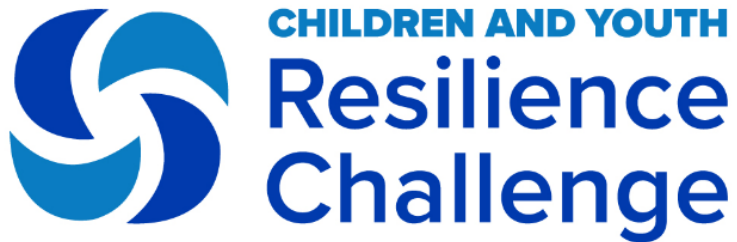
# How the TPP Program Centers Youth

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Tier 1 – Replicating EBPs	Tier 2 Rigorous Impact Evaluations	Tier 2 Innovation
<p>Advance equity in adolescent health through implementation evidence-based teen pregnancy prevention programs and services to scale in communities with the greatest need through a community-driven approach centering youth as key decision-makers.</p>	<p>Rigorous evaluate new and innovative approaches to prevent teen pregnancy and STIs, specifically those that have been tested and shown to resonate with youth.</p>	<p>Utilize human-centered design principles to ensure youth are at the center of the development and testing of new and innovative strategies to prevent teen pregnancy and promote healthy adolescence.</p>

# HHS Youth and Resiliency Challenge

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*Innovative, community-led  
solutions to advance the mental  
health of children and youth*

## **Phase 1: Proposal Stage (May 2023 – July 2023)**

- Launched May 1 for NAHM and Mental Health Awareness Month
- Communities submit proposals on Challenge.gov
- Judges identify up to 14 finalists who receive \$25,000 each

## **Phase 2: Pilot Stage (August 2023-May 2024)**

- Finalists pilot their projects with intensive supports and coaching

## **Final Challenge Summit (May 2024)**

- Judges identify one grand prize winner (\$300,000) and two runners-up (\$175,000 each)

## HHS Youth and Resiliency Challenge – want to know more?

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- **Proposals are due by 11:59 p.m. EDT on Friday, July 7, 2023.**
- Informational webinars:
  - Tuesday, June 6 at 1:00pm EDT and
  - Wednesday, June 21 at 7:00pm EDT

Contact [ResilienceChallenge@hhs.gov](mailto:ResilienceChallenge@hhs.gov) for questions

## Activity

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- Open this Jamboard [link](#):



- Take 1-2 minutes to share your thoughts on these questions:
  - What's one activity you could do for NAHM?
  - What's an additional way you might engage youth in your program activities?



# What we learned...and you!

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## Lessons Learned

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- Young people involved as beneficiaries even if not the target audience
- Individuals want their voices heard
- Partnerships are crucial
- Wide range representing multiple sectors
- What we learn doesn't exist in silos



## Activity

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- Open this Jamboard [link:](#)



- Take 1-2 minutes to share your thoughts on these questions:
  - What benefits have you seen in your program when you've engaged youth?
  - How might you apply today's information to achieve these benefits?

## Resources – find out more...

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- Youth Create <https://opa.hhs.gov/youth-create-overview>
- National Adolescent Health Month  
<https://opa.hhs.gov/NAHM>
- Teen Pregnancy Prevention Program  
<https://opa.hhs.gov/grant-programs/teen-pregnancy-prevention-program>
- The Resiliency Challenge  
<https://www.challenge.gov/?challenge=resilience>
- Resources on how to engage youth – visit Reproductive Health National Training Center <https://rhntc.org/>



## Learn More About OPA

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Visit our website: [opa.hhs.gov](http://opa.hhs.gov)



[Subscribe](#) to the OPA e-newsletter to learn more about OPA!



Connect with us on LinkedIn:

[www.linkedin.com/company/hhs-office-of-population-affairs-opa](http://www.linkedin.com/company/hhs-office-of-population-affairs-opa)



Follow us on Twitter: [@HHSPopAffairs](https://twitter.com/HHSPopAffairs)



Watch our videos on YouTube:

[www.youtube.com/c/HHSOfficeofPopulationAffairs](http://www.youtube.com/c/HHSOfficeofPopulationAffairs)

## Session Evaluation

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- Please complete a brief evaluation form for all workshops and panels on Tuesday, May 23 and Wednesday, May 24 by scanning the QR code below or visiting the following link:

<https://tinyurl.com/SessEval232323>





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**Thank you! Questions?**

**Jaclyn Ruiz**

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