

2023 ADOLESCENT PREGNANCY
PREVENTION GRANTEE CONFERENCE

REUNITE REIGNITE RE-ENERGIZE

INNOVATING FOR THE FUTURE
MAY 23-25 | ATLANTA, GEORGIA



FYSB Family & Youth
Services Bureau
Adolescent Pregnancy
Prevention Program

ADMINISTRATION FOR
CHILDREN & FAMILIES

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The Art of the Pivot: Reimagining PREP while Navigating a Pandemic

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OhioGuidestone

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Cuyahoga County
Board of Health

Shi Ann Gurko –
OhioGuidestone

Linda Holmstrand
– Ohio University



OhioGuidestone

WHERE NEW PATHS BEGIN

OHIO
UNIVERSITY

Voinovich School of Leadership and Public Service

CUYAHOGA COUNTY
BOARD OF HEALTH
YOUR TRUSTED SOURCE FOR PUBLIC HEALTH INFORMATION

Workshop Objectives



1. To identify pivots aimed at meeting program deliverables while being responsive to a pandemic
2. To identify tools, resources, and connections for organizational capacity, evaluation, and/or sustainability
3. To identify trauma responsive measures to enhance PREP instruction/learning among youth and adult learners

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**Before we begin, let's start with a
weather check!**

Join at
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OHIO PREP

Personal Responsibility Education Program

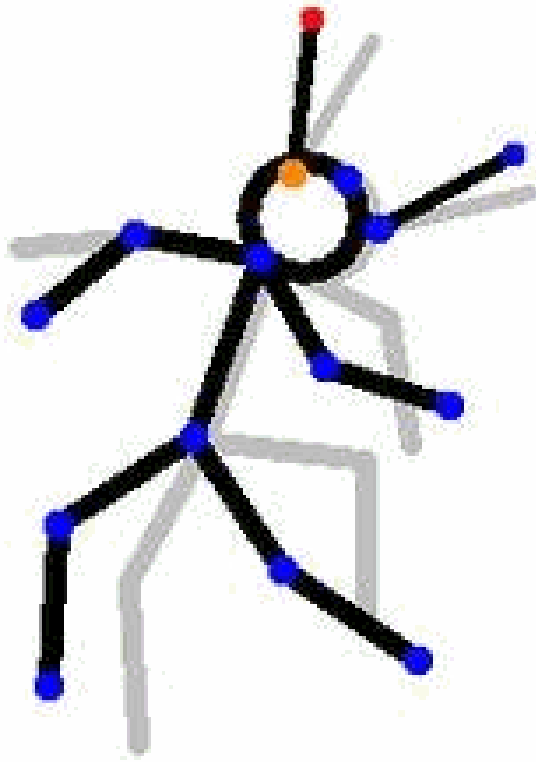
Federally Funded

Ages 14 – 21

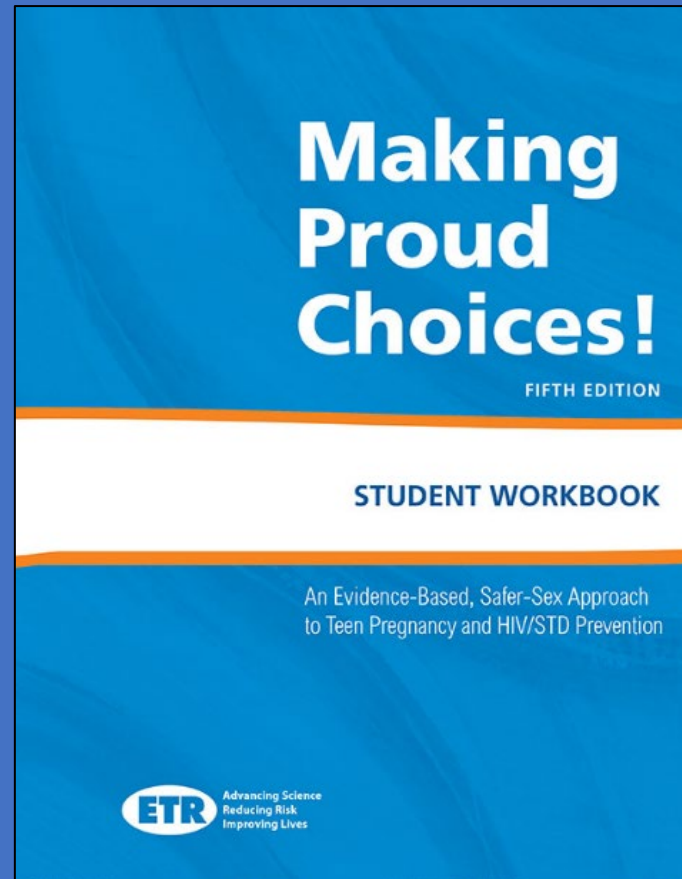
Foster Care • Juvenile Justice • Alternative School
• Pregnant and Parenting Teens

Educate young people on both abstinence and contraception to prevent pregnancy and sexually transmitted infections, including HIV/AIDS

Pivot



To adapt or improve by adjusting or modifying something (such as a product, service, or strategy).



**Instructional
Hours**

Evidence Based Programs

Adulthood Topics

Developed by Ohio PREP

5
hours



Career Building

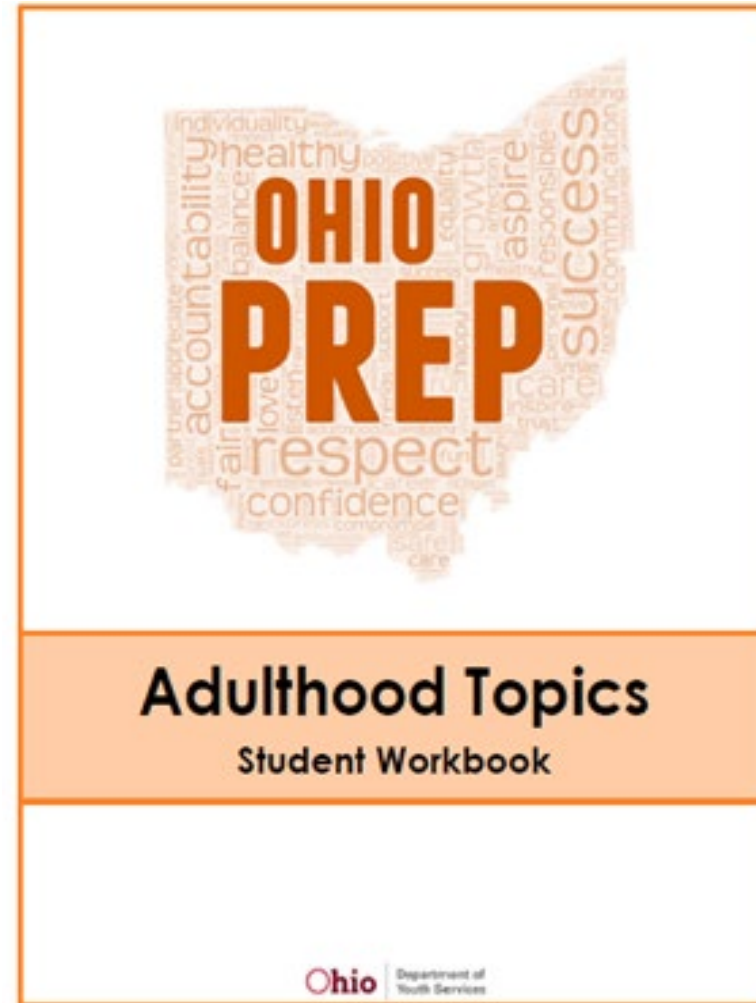
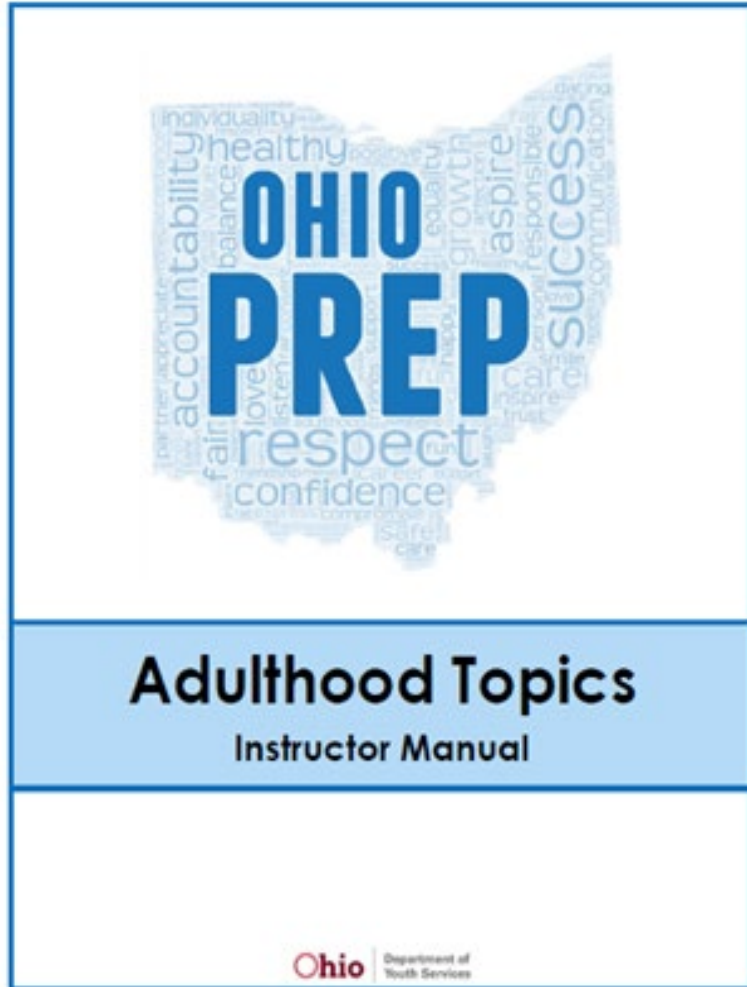


Healthy Relationships/Consent



Financial Literacy

Updated Adulthood Topics Curriculum



Ohio PREP - Making Proud Choices + Adulthood Topics

- Module 1: Getting to Know You and Steps to Making Your Dreams Come True
- Module 2: The Consequences of Sex: HIV Infection
- Module 3: Attitudes About Sex, HIV and Condom Use
- Module 4: Strategies for Preventing HIV Infection: Stop, Think and Act
- Module 5: The Consequences of Sex: STDs
- Module 6: The Consequences of Sex: Pregnancy
- Module 7: Developing Condom Use and Negotiation Skills
- Module 8: Enhancing Refusal and Negotiation Skills
- Module 9: Healthy Relationships
- Module 10: Consent
- Module 11: Career Building
- Module 12: Financial Literacy, Part 1
- Module 13: Financial Literacy, Part 2
- *Ohio PREP is 13 hours total

Parent Curriculum

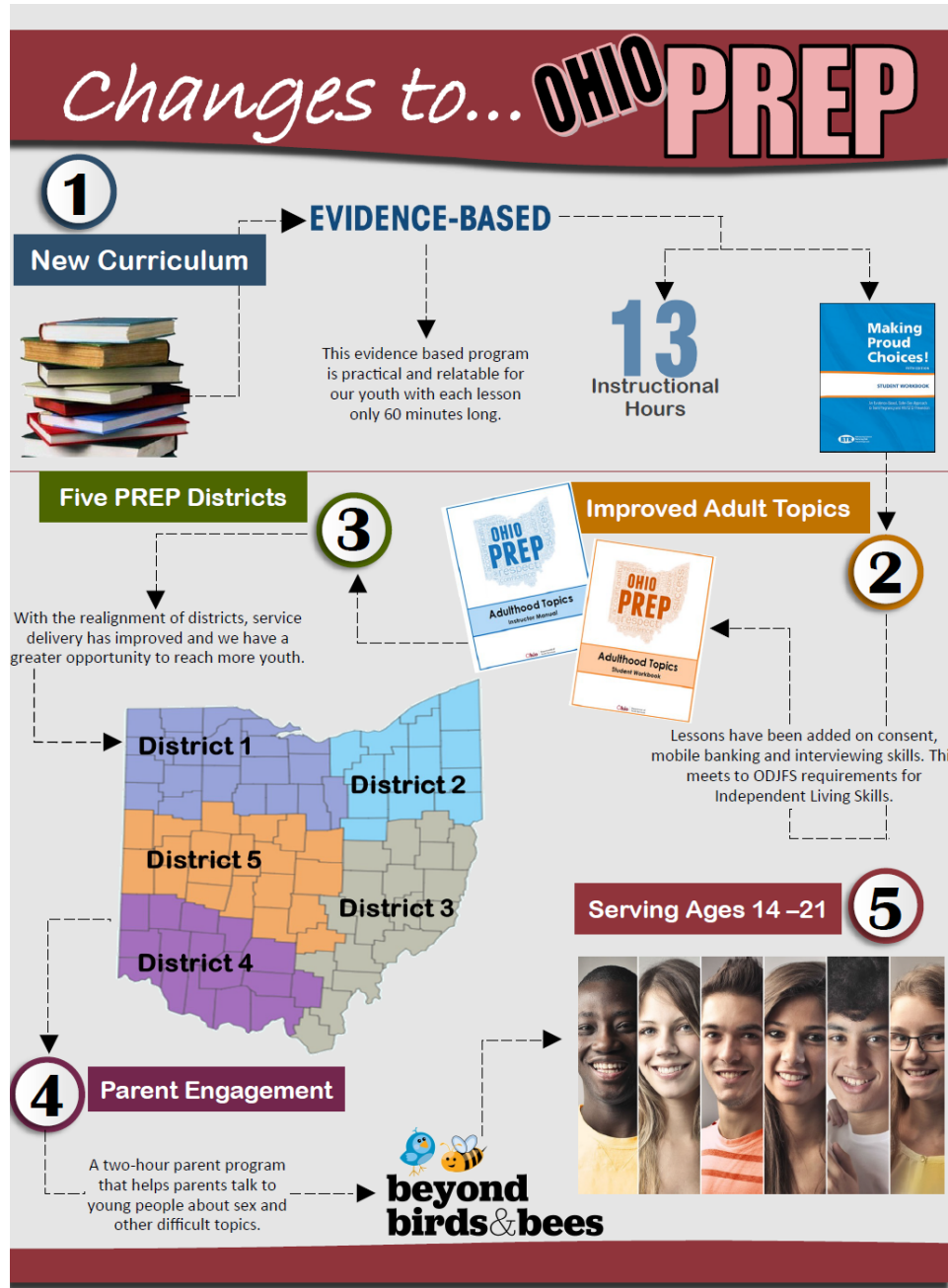
Be an
"askable"
adult



**Colorado Sexual
Health Initiative
(CoSHI)**

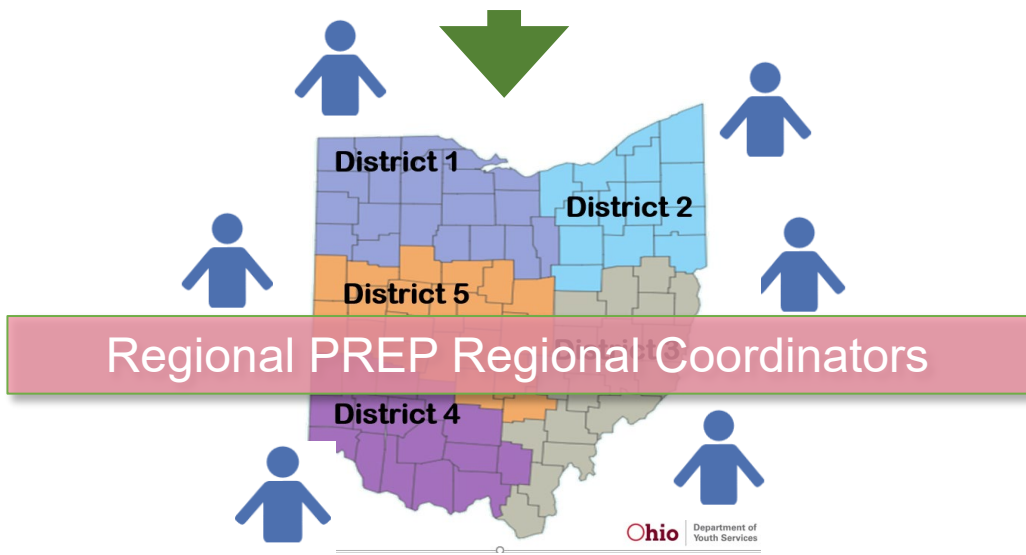


Early 2020



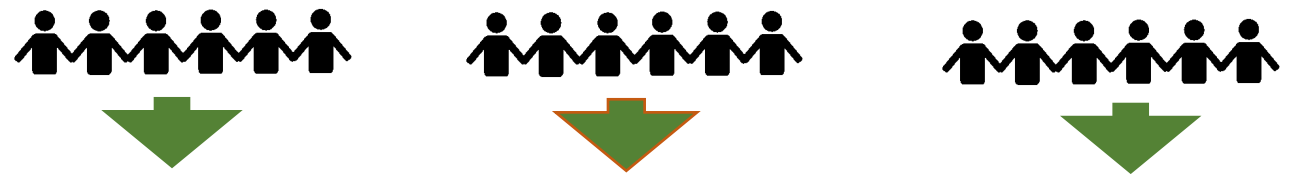
Train the Trainer Model

Curriculum Adapters and Developers



Regional PREP Regional Coordinators

Agency Staff



Youth





Family and Youth Services Bureau

Ohio Department of Youth Services

Cuyahoga County Board of Health

Canton City Health Department

OhioGuidestone

District

2



Coronavirus Arrives in Ohio



Timeline of Coronavirus in Ohio

Ohio was put under a state of emergency after three people tested positive for COVID-19.

March 9

Governor Mike DeWine made an unprecedented announcement ordering all of Ohio's public, community and private K-12 school buildings to be closed to students due to the ongoing coronavirus health crisis.

Gov. DeWine and Director of Health Dr. Amy Acton said 37 people had tested positive for COVID-19. It was also announced that bars and restaurants would close.

March 12

March 15

The number of COVID-19 cases in Ohio surpasses 100 with 33 being hospitalized. Ohio Chief Justice Maureen O'Conner said that inmates who are considered vulnerable for COVID-19 should safely be released from jail in an effort to prevent the spread to others. Gov. DeWine also signed an executive order expanding access to medical and behavioral health services.

March 19

Gov. DeWine issues a statewide stay-at-home order.

March 22

Ohio's COVID-19 death toll climbs to 55. The Department of Health said there are 2,199 cases with 585 hospitalizations and 55 deaths. President Trump approved a request for a Major Disaster Declaration for Ohio.

March 31

COVID Duties – Cuyahoga County Board of Health

- Cuyahoga County Board of Health is 2nd largest health district in Ohio
- Remote work
- Phone Duty
- Case Calling
- Quarantine/Isolation Delivery
- Compliance Checks
- Press Briefings
- DYS will reimburse for only PREP related activities

The Art of the Pivot



Teach and Learn Together

“This is a very difficult time for many of us, especially our youth. We have heard from many agencies across the state that they are in need of more activities to fill youth’s schedules.”

- Launch Virtual Classrooms
- District 2 Trainers will teach Making Proud Choices! to PREP youth statewide

Reimagining PREP during a Pandemic

- Program Adaptation
 - Curriculum
 - Training
 - Platforms
- Enhanced Collaboration
 - Best practices across state
 - Flexibility in program delivery



Ohio PREP Goes Virtual

- Power Point Presentations
 - Lighthouse Youth Services – District 4
 - Cuyahoga County Board of Health – District 2
- 1st Virtual PREP cohort in Ohio – June 2020



What virtual platforms have you used since the Covid-19 Pandemic? (choose all that apply)

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The Art of the Pivot



Program Adaptation



MPC - Strategies for Preventing HIV Infection: Stop ~ Think ~ Act

- HIV/STI Jeopardy

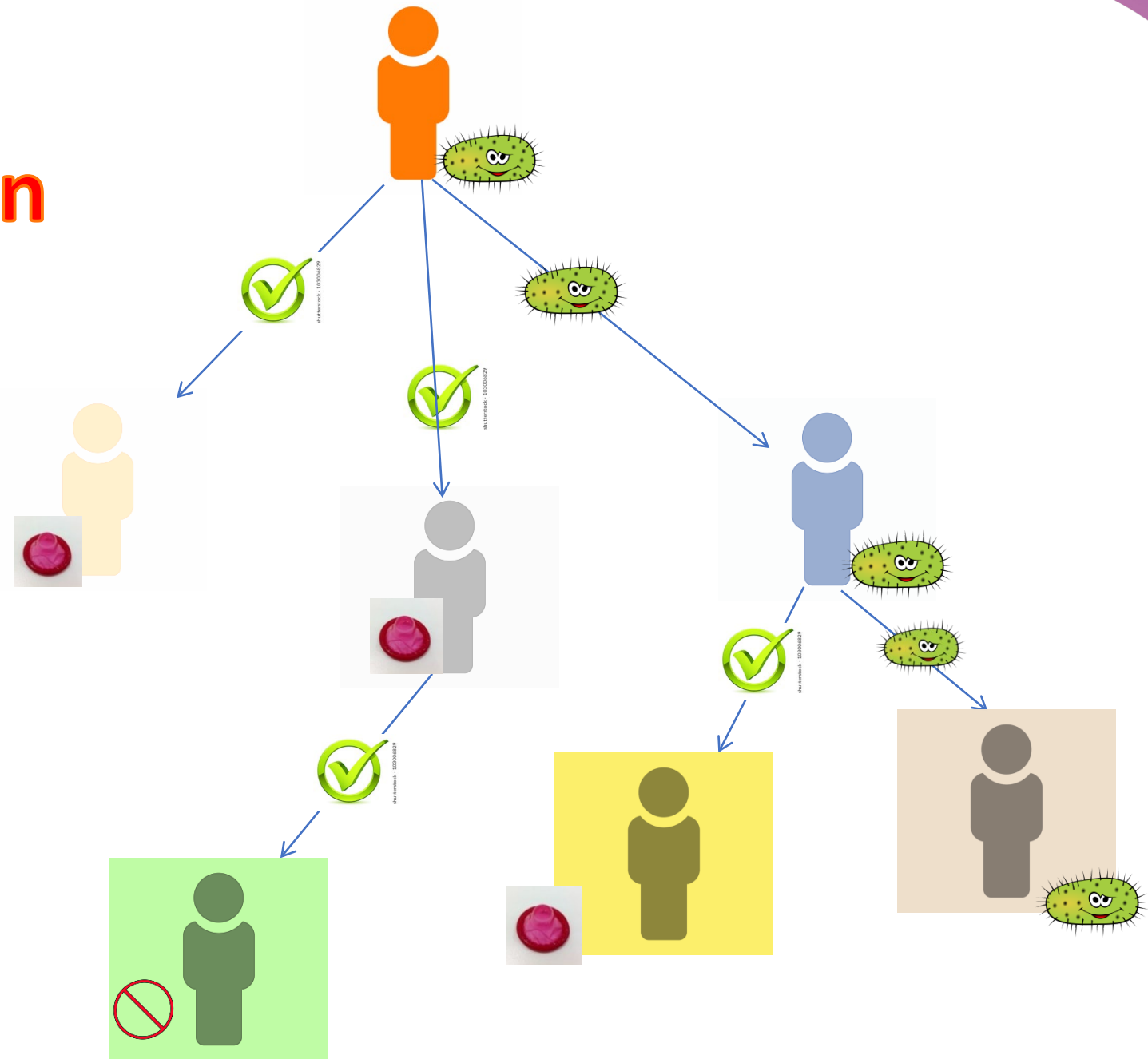
[Let's Play Jeopardy!](#)

Making Proud Choices – Lesson 5

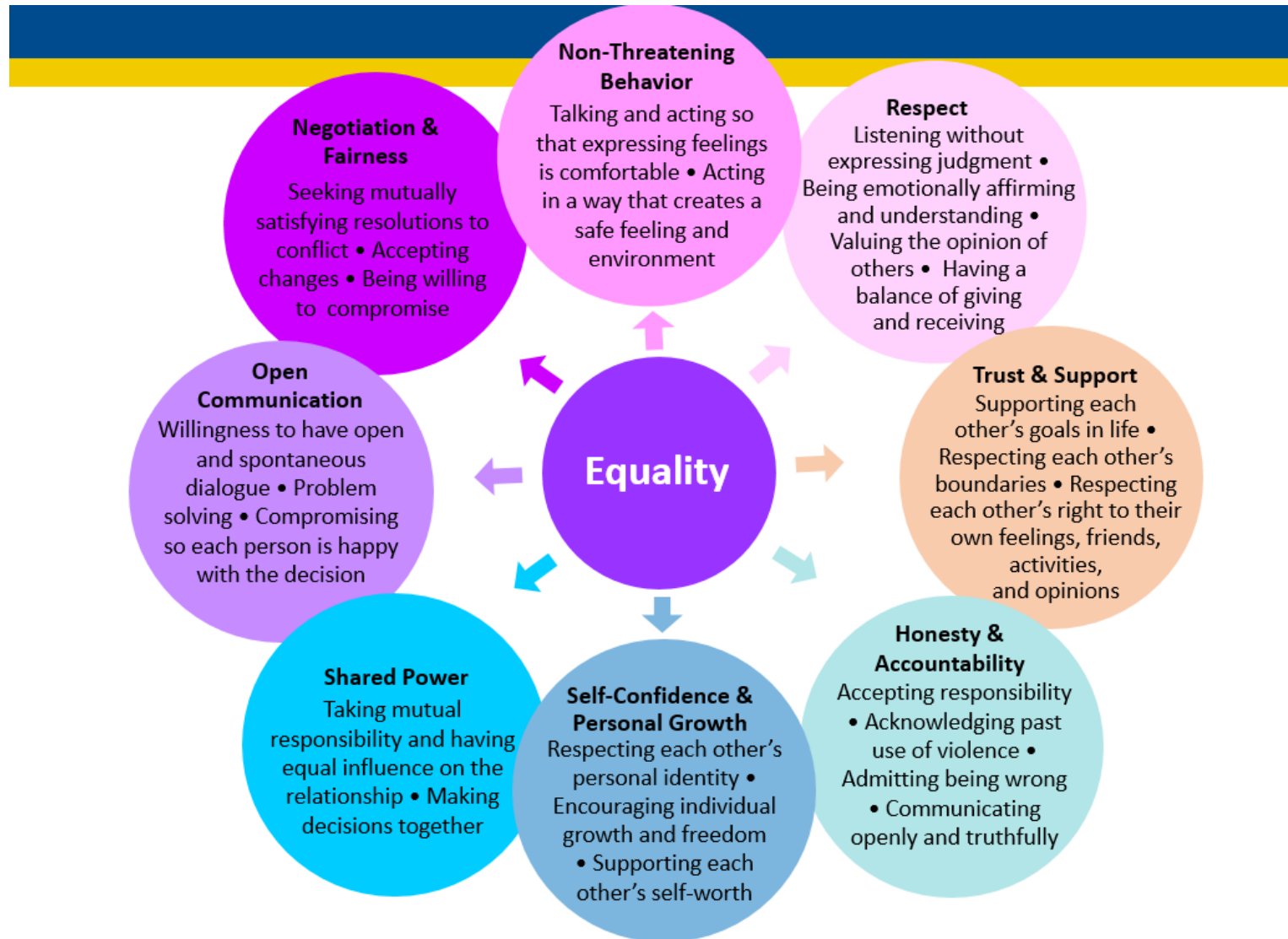
Possible Outcomes of Unprotected Sex: STIs

The Transmission Game

STI / STD Transmission



Healthy Relationships



Consent

What is Consent?

All people have the right to give or withhold sexual consent. All people have the responsibility to respect their partners' right to give or withhold such consent.

Consent is...

a clear and enthusiastic "yes!"

- If someone seems unsure, stays silent, doesn't respond, or says "maybe," they are not saying "yes." Remember, the absence of "no" does not equal "yes."

informed and freely given.

- A person must understand what they are consenting to and give consent freely without being pressured, threatened, or under the influence of drugs or alcohol.

a process.

- A person must give consent every time and to each type of sexual activity. Saying "yes" to one type of sexual activity now does not mean "yes" in the future. It also does not mean giving consent to go further.

reversible.

- Consent can be withdrawn at any time during any stage of activity, even if a person agreed to it earlier.

the law!

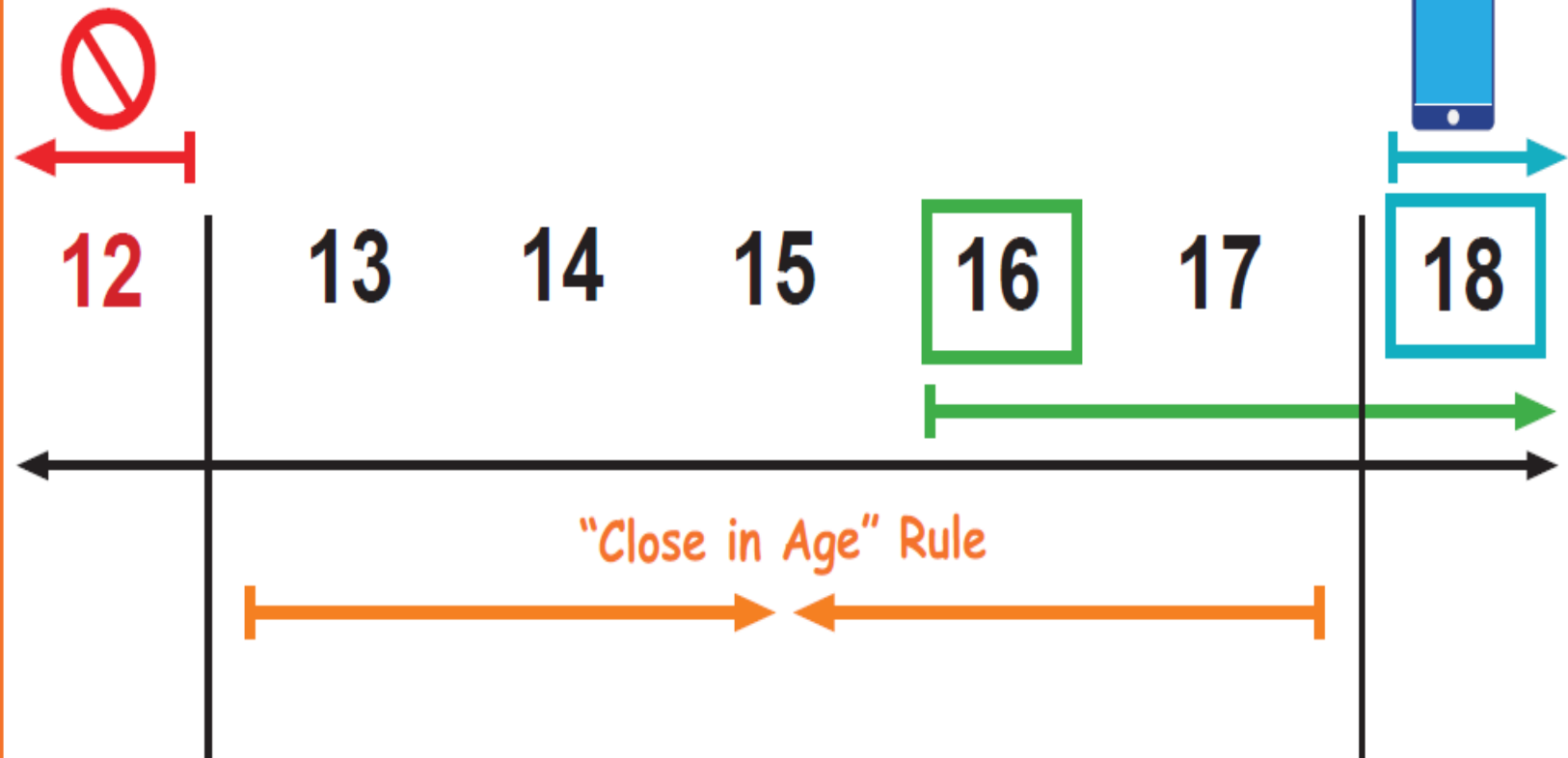
- A person must always get consent before touching another person's body. If a person does not understand what they are consenting to, is pressured to say "yes," or is under the influence of drugs or alcohol, they cannot give consent to any kind of sexual activity.

Legal Age of Consent in Ohio

Legal Age of Consent in Ohio

Consent laws differ from state to state. The information on this handout only applies to the state of Ohio.

The numbers on this chart represent ages.



The Art of the Pivot



Training Adaptation



May, 2020

Learning and Growing Together

- **Introduce Virtual Coalition Meetings**
- **Trauma Responsive Care for Sexual Health Educators**

Trauma Responsive Care for Sexual Health Education Training. Youth face many challenges in their lives, including adverse childhood experiences (ACEs) that may impact the ways in which they connect and learn in group program settings. This session will explain how ACEs affects development in the brain and explore practical tools that promote resiliency through collaborative “power with” relationships between sexual health education facilitators and youth.

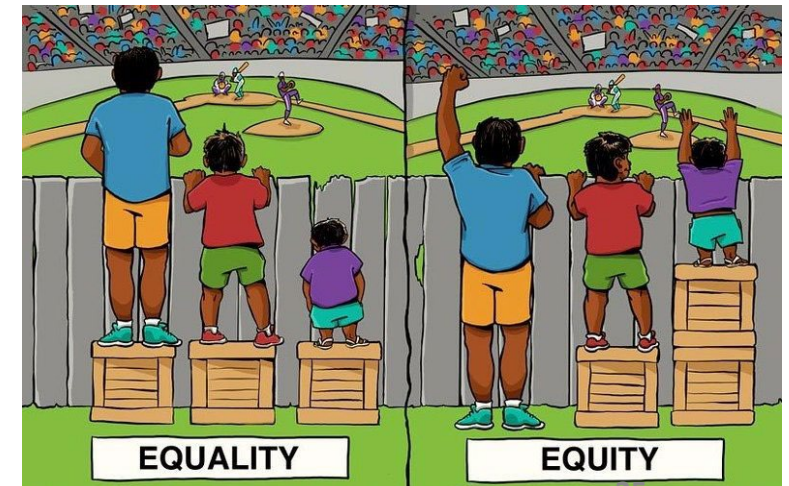
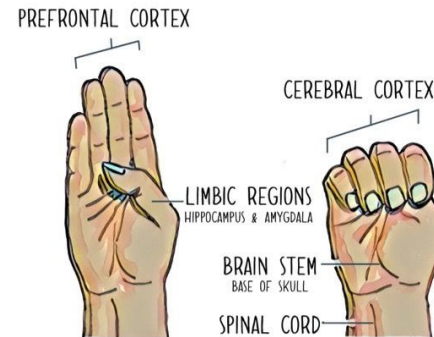


Virtual Coalition Meetings - Professional Development

Types of Childhood Adversity



Dr Dan Siegel's Hand Model of the Brain



Train the Trainer Protocol: Online vs. In-Person

**Making
Proud
Choices!**

**VIRTUAL
TRAINING**

- Socially Distanced
- Masking
- Testing
- Individual supplies

advancing
health
equity

etr.

Training Adaptations

- Making Proud Choices Videos
 - Juvenile Justice Staff unable to access
 - ETR created online library to access videos



How did you and/or your agency 'pivot' during the Pandemic?

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The Art of the Pivot



Trauma Informed to Trauma Responsive

What we did...

Transitioned all of our curricula, and data collection tools to virtual platforms.

What we asked...

How can we be a resource to our youth and families during this time?



Trauma Informed Care

1. Safety
2. Trustworthiness & Transparency
3. Peer Support
4. Collaboration & Mutuality
5. Empowerment, Voice, & Choice
6. Cultural, Historical, & Gender Issues

Trauma Informed vs. Trauma Responsive

- **Trauma-informed** care recognizes the presence of trauma symptoms and, when creating a family treatment plan, acknowledges the connection between trauma, behaviors, and family interactions
- **Trauma-responsive** care is the application of being trauma-informed. This “next step” of the treatment process is delivered according to the unique needs of the person who has experienced trauma, as well as the caregivers and family unit

Theory of Change:

Collective well-being and change starts from within.

Focus on own well being and from that foundation of well being within ourselves we strengthen our capacity to enhance wellbeing in our relationships and community

Mindfulness

What does it mean to you?

How do you know if you are being mindful?

Do any ideas, notions, pictures, or feelings arise?

What do you notice?

How did you and/or your agency 'pivot' during the Pandemic?

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3 collective breaths





Power Pose

- 2 minutes of Power Pose can change brain chemistry, increase performance and confidence, reduce stress, cultivate inner strengths.
- In schools: Increase performance



The Art of the Pivot



Evaluation Adaptation



We're the Evaluators...How Can We Help?

- “We’re in-person, should we touch and share paper surveys?”
- “We shut down in the middle of a cohort, do we try and get Exit Surveys? ”
- “I am not allowed in my worksite, I have stacks of completed paperwork in my office, what do I do?”
- “I’m not sure if I have electronic copies, everything is printed and in my office. I now work from home”
- “We are going to try a virtual cohort, how should we collect the data?”
- “We are going to run virtual training of facilitators, um data collection?”

Data Collection – Instructions and Forms

The Beat Goes On

- **Electronic File Sharing**
 - Pre-Pandemic
 - E-mail
 - Shift to Web-based Collaborative Platform
 - Central place to access all data collection instruments
 - Exploring Options
- **Managing and Embracing the Change**

Data Collection – The Beat Goes On

- **Adapting more than 40 Instruments to become web-based surveys**
 - Youth entry and exit
 - Fidelity Check Sheets
 - Facilitator Training Pre and Post
 - Beyond the Birds and the Bees – Attendance and Post training survey
- **Options**

Electronic Data Collection

- **Advantages**

- Speed and Efficiency
- Reduced cost
- Tracking (in most instances)
- Anonymity for youth
- Automatic SKIP for youth survey, youth don't have to follow a decision tree

- **Challenges**

- Tablets, computers for youth
- Privacy Screens
- Audio assistance
- Insufficient internet connectivity

Data Collection - Today

- **Current Data Collection**
 - Youth
 - In-person, paper and pencil survey
 - On-line, web-based survey
 - **Adult training of Educators**
 - In-person, paper and pencil survey
 - On-line, web-based survey

By The Numbers – District 2

- More than **500** youth attended at least one PREP Session between March 1, 2020 and March 31, 2023
- **16%** participated VIRTUALLY
- **62** cohorts ended between March 1, 2020 and March 31, 2023
 - 8** average youth per cohort

Important things students learned

pressure
trusted literacy unhealthy think
behaviors respect careful management
partners banking talk adult good applications aids
saving prevention consent getting credit delay
careers check making budgeting choices save sti prevent
share needles hiv healthy childbirth communication
tested protection birth money financial
relationships **condoms** partner
job saying **sex** jobs peer
control writing protected **stis**
abstinence safe

What students say about PREP

- "...for it to be virtually it was amazing."
- "I think it would be better to play more jeopardy about different things about sex or STD's and how you can get them."
- "In person would be better"
- "I don't like that I had to be incarcerated to find a program this helpful."
- "It makes you see sex differently."

**What is the biggest challenge facing
your PREP/SRAE program today?**

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The Art of the Pivot



Sustainability Adaptation



Next Level
Community
Sustainability

Curriculum Adapters and Developers



Community Partner



Agency Staff



Youth



Program Sustainability Framework



Conclusions



Acknowledgements/Resources

- www.AgeofConsent.net
- www.BetterTeam.com
- Paula Braverman, MD
- California Budget Project
- Clearpoint Credit Counseling Solutions
- Cleveland Rape Crisis Center
- Colorado Sexual Health Initiative (CoSHI)
- Connecticut Department of Labor
- Cuyahoga County Family and Children First Council
- Erin Lark, Cuyahoga County Board of Health
- Keith King, PhD, MCHES
- Lighthouse Youth Services
- Molly Malloy, Canton City Public Health
- Ohio 4-H Foundation/ The Ohio State University Extension
- Ohio Domestic Violence Network
- Ohio Department of Education
- Oklahoma State Regents for Higher Education
- Planned Parenthood of Southwest Ohio
- Seattle Department of Health
- Tecca Thompson, Ohio Department of Youth Services
- University of California, Agriculture, and Natural Resources – Money Talks
- UC Regents, University of California Cooperative Extension
- www.UCanGo2.org
- Virginia Sexual and Domestic Violence Action Alliance
- Wall Street Survivor

**Before we conclude, let's
do one last weather check!**

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QUESTIONS



Session Evaluation

Please complete a brief evaluation form for all workshops and panels on Tuesday, May 23 and Wednesday, May 24 by scanning the QR code below or visiting the following link:

<https://tinyurl.com/SessEval232323>

