

**Using the
Power of Story
Telling to
Engage Justice
Involved Youth**

Reunite, Reignite, Re-energize: Innovating for the Future
May 23-25, 2023

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OBJECTIVES

By the end of this workshop participants will:

recognize key stories that have shaped their lives over the years that were passed down by trusted individuals.

understand three reasons to utilize storytelling within their facilitation methods with the youth they serve.

learn key methods to creating a safe conducive atmosphere that allows youth to engage with the story.

recognize key benefits to trusted messengers bridging and contextualizing the stories into the young person's world.

Your Story

What is one item you
have that has a story
connected to it?



The Power of storytelling

PROJECT WITH IS
INNOVATIVE IN ITS USE
OF STORYTELLING AS AN
INTERVENTION MEDIUM.

WHERE THE
INNOVATION
BEGAN

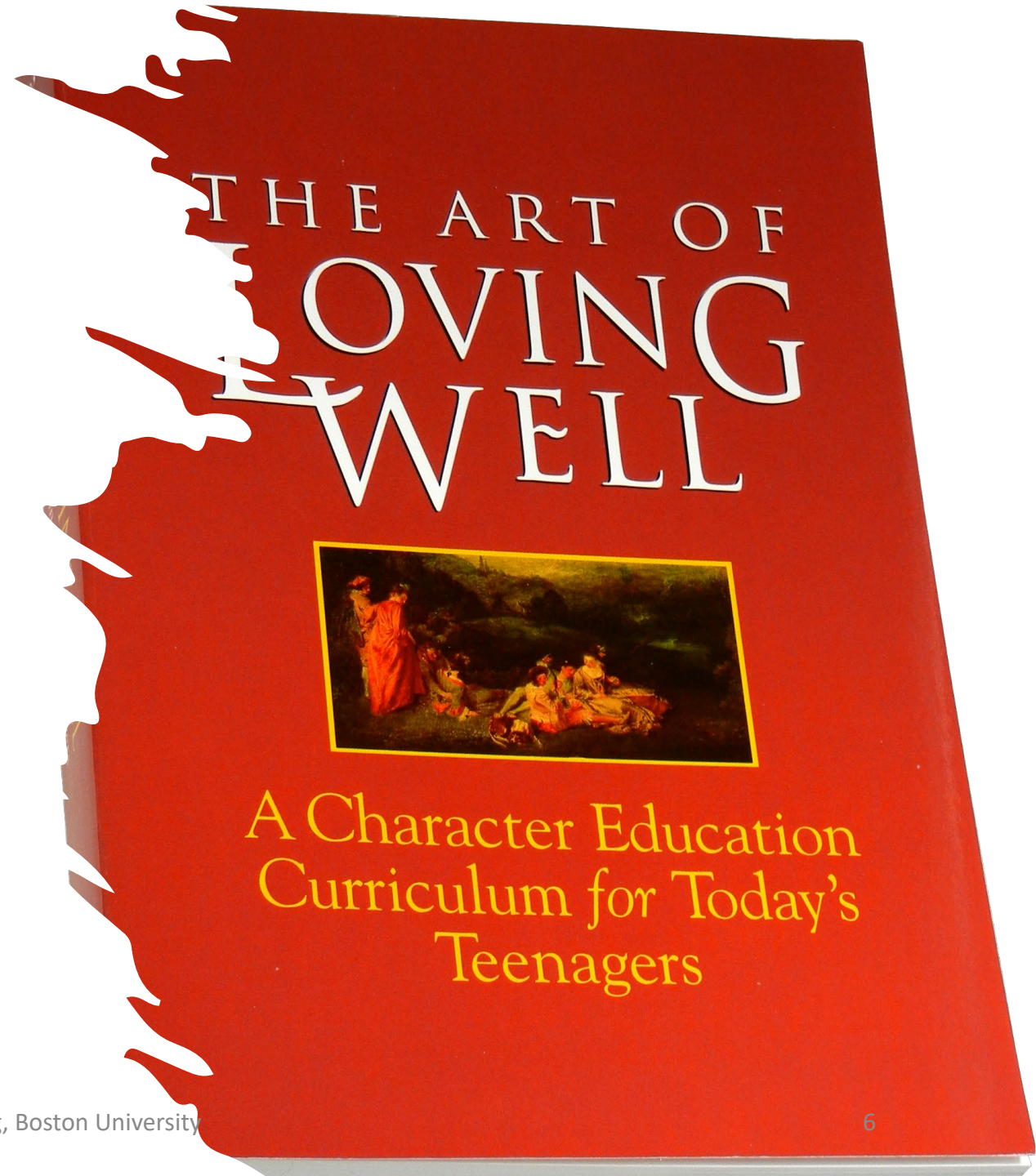


Fig. The Art of Loving, Boston University



Why Stories?



- A story... presents a sequence of events that haven't happened but *could*, and invites listeners to put themselves in the role of the one experiencing those events — what today we'd call the protagonist. We all have a strong, persistent sense of self, and stories essentially hitch a ride on the self, leveraging our self-awareness to lend emotional heft and durability to an abstract idea.

(Alviani, Carl, The Science Behind Storytelling, 2018)

We identify with human characters. **A journey's not interesting unless there are obstacles. If the end situation is the same as the start, the effort feels futile.**

(Alviani, Carl, The Science Behind Storytelling, 2018)

old normal > clear goal > obstacles > external allies > struggle > new normal


(Alviani, Carl, The Science Behind Storytelling, 2018)

The Power of the Storyteller!

Project With connects culturally relevant facilitators that have similar backgrounds to the justice involved youth

REFLECT

Take a moment. I will ask you to write down the names of five people who impacted your life direction.

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- Is the space safe and conducive for youth involved in the juvenile justice system?



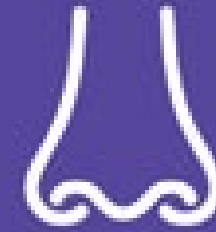
CONNECTING VIA THE SENSES



HEARING



TOUCH



SMELL



TASTE

Fig. <https://incident-prevention.com/blog/are-you-using-your-five-senses-to-stay-safe/>



Group size 6-12 youth



Youth sit in a circle



Facilitators sit in the circle with youth



Tablets share the videos



Ideally share a meal with the youth



Journals to reflect

Facilitation Strategies

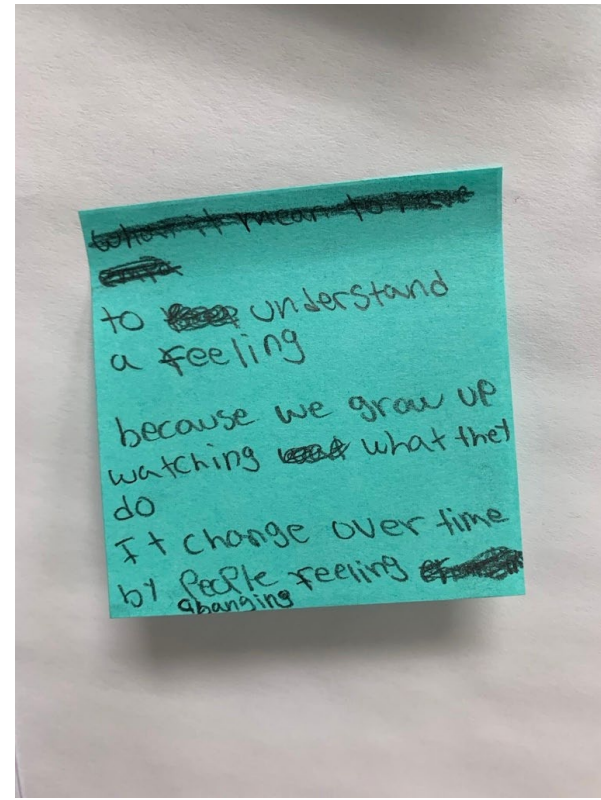
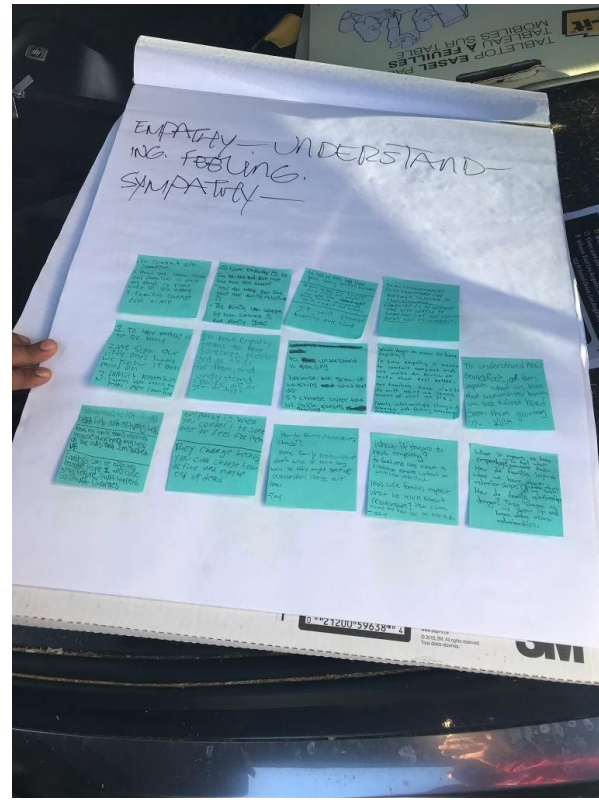
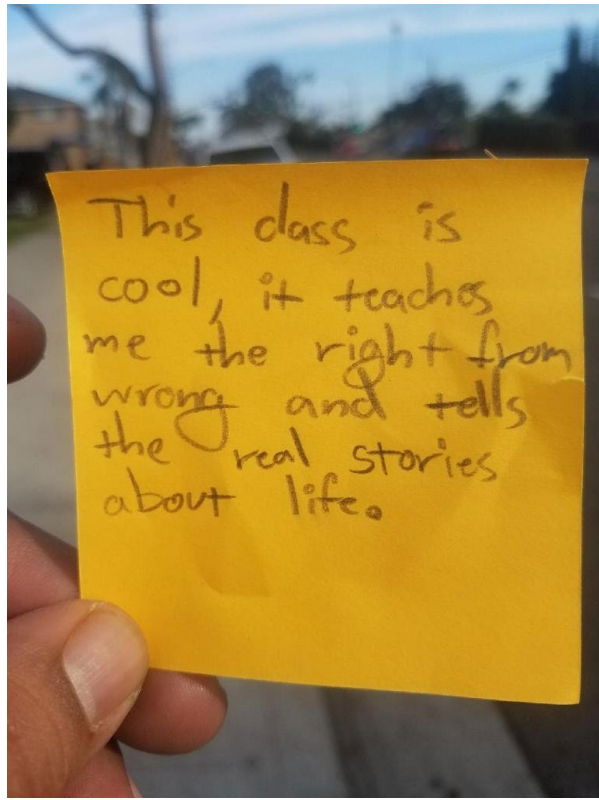
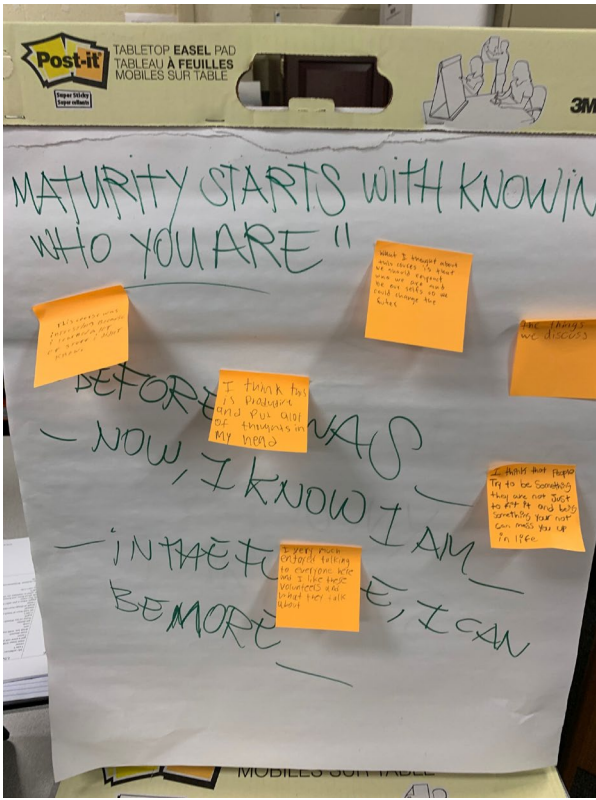


Fig. 1-4 Images from Project With activities.

How does
having similar
experiences to
youth help
create
connection?




Fig. 1 Image of Project With team members



Creating A New Story

Youth who complete Project With are treated to a one-day excursion to the mountains to experience team-building experiences with probation officers and sometimes even ... Snow!

Fig. Participants of Project With



Building a Long-term Relationship

- The post program surveys – 6 months
- What is the long-term value add that you bring?
- An innovative interest from
- A collaborative approach to meeting needs
- Certificates and letters of support



How have you created new stories?

REFERENCES

1. The Art of Loving Well
Publisher : Boston Univ Art Gallery (January 1, 1995)
Author: Nancy McLaren, M.E.d.

2. Alviani, Carl, The Science Behind Storytelling, 2018

<https://medium.com/the-protagonist/the-science-behind-storytelling-51169758b22c>

STAY IN TOUCH!



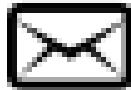
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