

Q: Where are the youth from in the research that was presented?

A: The data came from several sources, including GLS data, international data, and YRBS surveys.

Q: We do pre- and post-surveys for our program. What would be an appropriate question to ask concerning suicide, bullying, social media use, and loneliness from Generation I?

A: It depends on the type of survey. There are HRSA efforts that are state-specific, so it would be helpful to align with those efforts. One option would be to contact your state's HRSA grant coordinator for questions.

Another option would be to look at the NREPP, which is a learning center and provides the opportunity to get TA around data collection and survey and indicator selection. (Site link: <https://www.samhsa.gov/nrepp>.)

There is not an SPRC item bank, but all of the states have received GLS funding with a requirement for this type of data collection. SPRC provides technical assistance that anyone can request and they can provide additional resources.

Some other options for resources around bullying surveillance are:

- <https://www.cdc.gov/violenceprevention/pdf/bullying-definitions-final-a.pdf>
- <https://www.stopbullying.gov/prevention/training-center/bullying-prevention-training-course/index.html>

Q: We do Healthy Life Skills workshops for Youth. Do you have any activities and/or PowerPoint presentations to do with teenagers?

A: Linking up with the state to find out what they have done specifically will be helpful. The Suicide Prevention Resource Center (SPRC, <http://www.sprc.org/>) provides state-level contacts.

Visit the NREPP (<https://www.samhsa.gov/nrepp>) and search “mental health promotion” or “healthy development” to find evidence-based programs.

There are two TA centers with resources around healthy adolescent development: <http://www.healthysafechildren.org> and the Newton TA Center (<http://thenewtonpartnership.org/community-resources/>).

Another helpful resource is <https://www.samhsa.gov/nitt-ta>.

Additional Resources Shared

- Tribal-specific: <https://store.samhsa.gov/product/Suicide-Prevention-in-Indian-Country/SMA16-4995>

- Teen Crisis Intervention App: <https://seesomethingsaysomething.today/> (started in partnership with youth; includes a helpline and a crisis text line, as well as 24/7 chat)
- Trauma-informed: National Child Traumatic Stress Network (<http://www.nctsn.org/>)
- National Suicide Prevention Lifeline: <https://suicidepreventionlifeline.org/> or 1-800-273-8255
- Successful Programs:
 - HOPE Squad, Utah, created by Dr. Greg Hudnell, a youth-led youth suicide prevention program <http://hopesquad.com>
 - <http://www.yourlifeyourvoice.org/Pages/home.aspx>