

Integrating Anishinaabe Culture into the We R Native Curriculum and Programming

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PARTNERING TO PROMOTE POSITIVE OUTCOMES FOR ALL YOUTH

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES ADMINISTRATION ON
CHILDREN, YOUTH AND FAMILIES (ACYF) FAMILY AND YOUTH SERVICES BUREAU
(FYSB) ADOLESCENT PREGNANCY PREVENTION PROGRAM GRANTEE
CONFERENCE

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Objectives

By the end of this session, participants will be able to:

- ▶ Explain the importance of integrating the Anishinaabe culture into every lesson and review strategies and cultural concepts that generate interest and build identity.
- ▶ Describe the process for adapting curricula to meet the specific cultural and health needs of youth.
- ▶ Discuss the methods used for assessing health needs for youth.

Tribal PREP in Michigan

Intertribal Council of Michigan (ITC-MI)

- ▶ American Indian Health and Family Services
- ▶ Bay Mills Indian Community
- ▶ Hannahville Indian Community
- ▶ Keweenaw Bay Indian Community
- ▶ Nottawaseppi Huron Band of the Potawatomi
- ▶ Saginaw Chippewa Indian Tribe



Moving Data into Action

ALLISON MOREY, MPH, RD

EVALUATOR, ITC-MI TRIBAL PREP PROGRAM

MICHIGAN PUBLIC HEALTH INSTITUTE

Data Collection



Youth Survey



Community
Readiness Interviews



Program and
Services Inventory

Who Took the Survey?



320

youth took the survey

More **males** than **females** took the survey



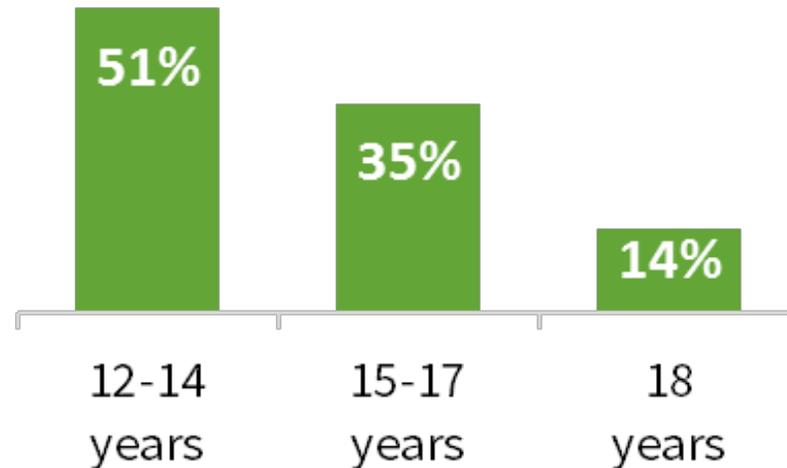
males **52%** females **47%** other **1%**

The majority of youth identified as **straight**

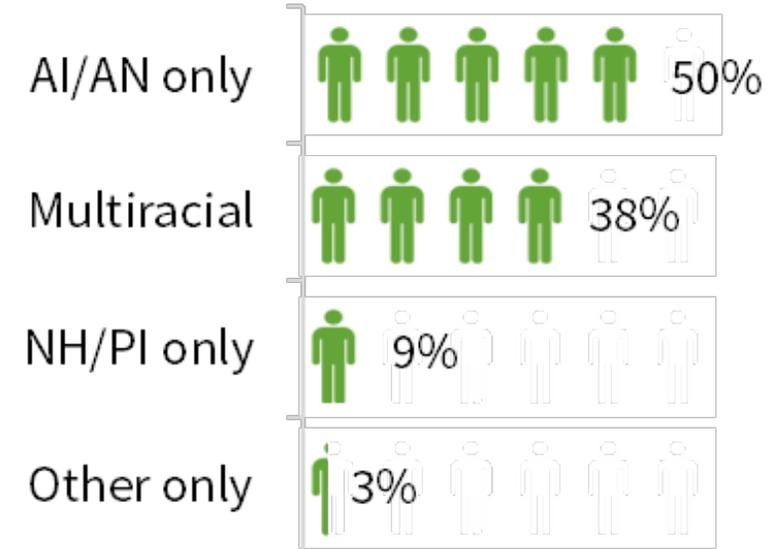


50% of youth were in high school, **44%** were in middle school

Half of youth were **12-14 years old**



Half of youth identified as **AI/AN only**



Shared Concerns



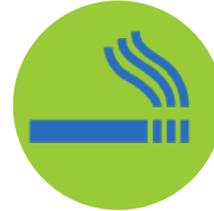
Healthy Relationships



Mental Health

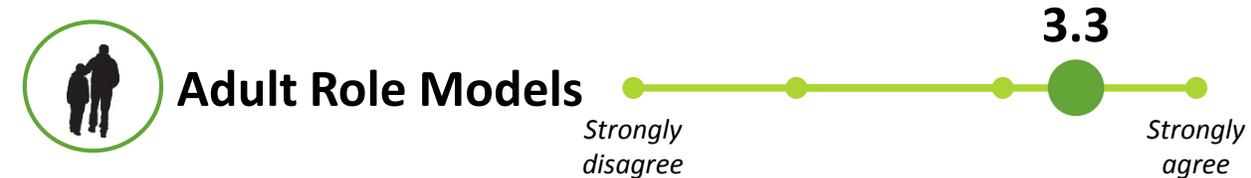
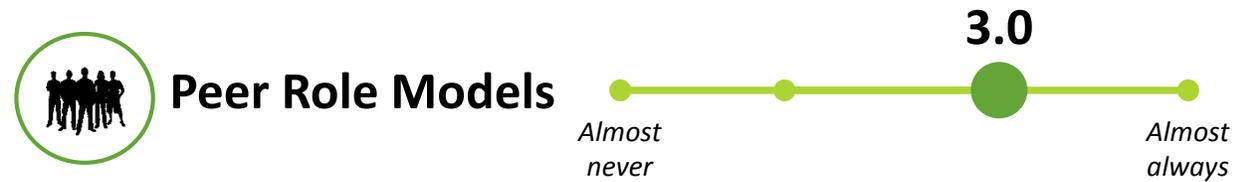


Sexual Health



Substance Abuse

Shared Strengths

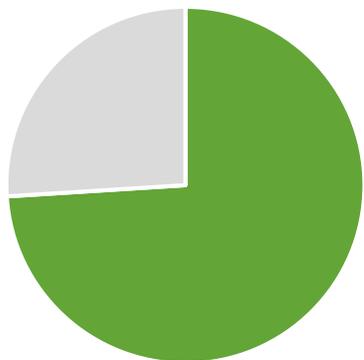


**Score of 3 or higher means it is an ASSET

1 MS and HS significantly different

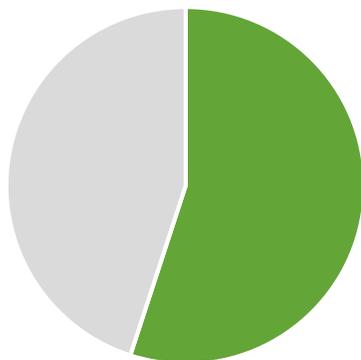
Cultural Practices

74%



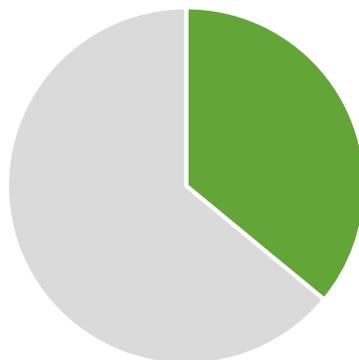
of youth
had learned
about
traditional
tobacco use¹

55%



of youth
had been
taught how to
use traditional
tobacco¹

36%

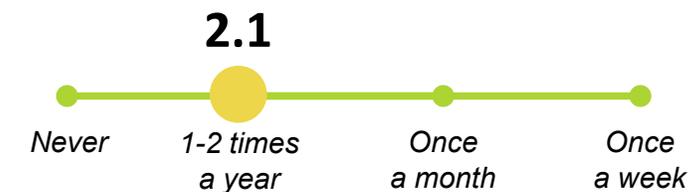


of youth
use tobacco
for ceremonial
or traditional
use

Youth participation
in tribal
ceremonies,
sacred fires, pow-
wows, culture
camps, or cultural
events.¹



Frequency youth
attended cultural
events in the past
12 months.¹



**Score of 3 or higher means it is an ASSET

1 MS and HS significantly different

Focused Conversation

What are the most important topic areas and skills for us to focus on in order to optimize positive development of our youth?

Priorities

- ▶ Promote holistic wellness for resilient youth
- ▶ Coordinate targeted community involvement
- ▶ Encourage youth development of cultural identity
- ▶ Foster positive intergenerational communication
- ▶ Develop future planning skills for success
- ▶ Tailor strategies to priority groups (LGBQ, Parents, High-Risk)

Curriculum Selection Criteria

- ▶ Demonstrated effectiveness with Native Youth
- ▶ Population
- ▶ Model Costs
- ▶ Number of Sessions/Hours
- ▶ Facilitator Training (provided, cost)
- ▶ Fidelity
- ▶ Topics/Themes

Curriculum Conversation



**Evaluate and Rate
Curricula**



Discuss Ratings



Consensus Workshop

Adapting Curriculum

NICOLE TREVINO

NICOLE TREVINO CONSULTING

We R Native

- ▶ 8, 1-hour sessions
- ▶ Topics Covered:
 - ▶ Media Literacy
 - ▶ Alcohol/Drug Abuse
 - ▶ Suicide Prevention,
 - ▶ Sexual Health
 - ▶ Healthy Relationships & Bullying
- ▶ Service Project Included
- ▶ The We R Native website provides safe and reliable health information presented in a cultural context.



Curriculum Adaptation Process



Timing and Content



Safety and Support



Cultural Relevance

Adaptation: Timing and Content



UPDATED LESSONS TO
50 MINUTES



ADDED 2 ADDITIONAL
LESSONS:
PROGRAM INTRO
HEALTHY RELATIONSHIPS



IMPROVED ACTIVITY
VARIETY AND
REFLECTION
OPPORTUNITIES

Adaptation: Safety and Support



TRAUMA-INFORMED
REVIEW AND EDIT



ENGAGEMENT WITH
PARENTS/FAMILY



ENGAGEMENT WITH
HEALTHY PEERS

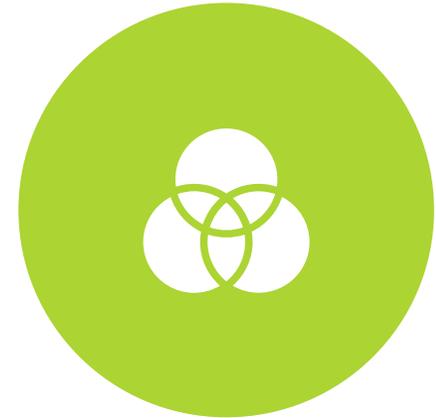
Adaptation: Cultural Relevance



**INTEGRATING CULTURE
INTO EACH LESSON**



**ACTIVITIES THAT
CONNECT TO WRN
WEBSITE CULTURAL
CONTENT**



**INTRO FOCUSED ON
CONNECTING YOUTH TO
CULTURE & COMMUNITY**

We R Native Curriculum

Unit	Lessons
Unit 1. Intro to WRN Program & Website	1. We R Native Introduction 2. Media Literacy: Is We R Native a Reliable Resource?
Unit 2. I Strengthen My Nation	3. Drugs and Alcohol Research and Report 4. Ask Auntie
Unit 3. Native VOICES	5. Native VOICES Video 6. Healthy Relationships, Personal Rules and Consent
Unit 4. We Are Connected	7. We Need You Here. 8. Stand Up. Stand Strong.
Unit 5. Make a Difference	9. Make a Difference in Your Community 10. Make a Plan for Your Community

Alignment to Needs Assessment and Adult Preparation Topics

Unit	Needs Assessment Topics Covered	Adult Preparation Topics Covered
Unit 1. Introducing We R Native Program and Website	<ul style="list-style-type: none"> Positive Peer Role Models, Connection to Culture/ Community 	<ul style="list-style-type: none"> Healthy Life Skills Parent Child Comm. Skills
Unit 2. I Strengthen My Nation	<ul style="list-style-type: none"> Alcohol, Smoking, Marijuana Use 	<ul style="list-style-type: none"> Positive Adolescent Development Healthy Life Skills
Unit 3. Native VOICES	<ul style="list-style-type: none"> Dating and Relationships, Sexual Health, Forced Sex 	<ul style="list-style-type: none"> Healthy Relationships
Unit 4. We Are Connected	<ul style="list-style-type: none"> Suicide, Depression, Bullying 	<ul style="list-style-type: none"> Healthy Life Skills
Unit 5. Make a Difference	<ul style="list-style-type: none"> All Topics 	<ul style="list-style-type: none"> Education and Employment Preparation

Integrating Culture

MICHELLE SCHULTE

ITCMI

Quick Cultural Activity



STORY - "THE BASKET AND THE ROCK"

In the beginning, the Creator was lonely and decided to create Mother Earth. The Creator gave her the plants, fire, water, the four-legged, winged ones, those that swam, and then finally the two-legged - The People. The Creator said, "There will be something different and special about the two-legged. Not only will they have strong deep feelings and thoughts, but also they will feel intense pain, sorrow, and hurt." In the Creator's wisdom, he/she knew there would be times when the pain, sorrow, and hurt became too much for The People. They would feel as if they could no longer carry these feelings with them, as the pain would be too great. So the Creator gave them Rock. It was strong and durable. You can put Rock into the fire and it remains the same. You can throw Rock into the water and it remains the same. Rock will be strong enough to carry those messages back to the Creator when the pain becomes too heavy for people. Creator said, "This is my gift to the people, you do not have to carry your pain alone. Give it to the rock and the rock will carry that pain and give me the message to help with your healing."

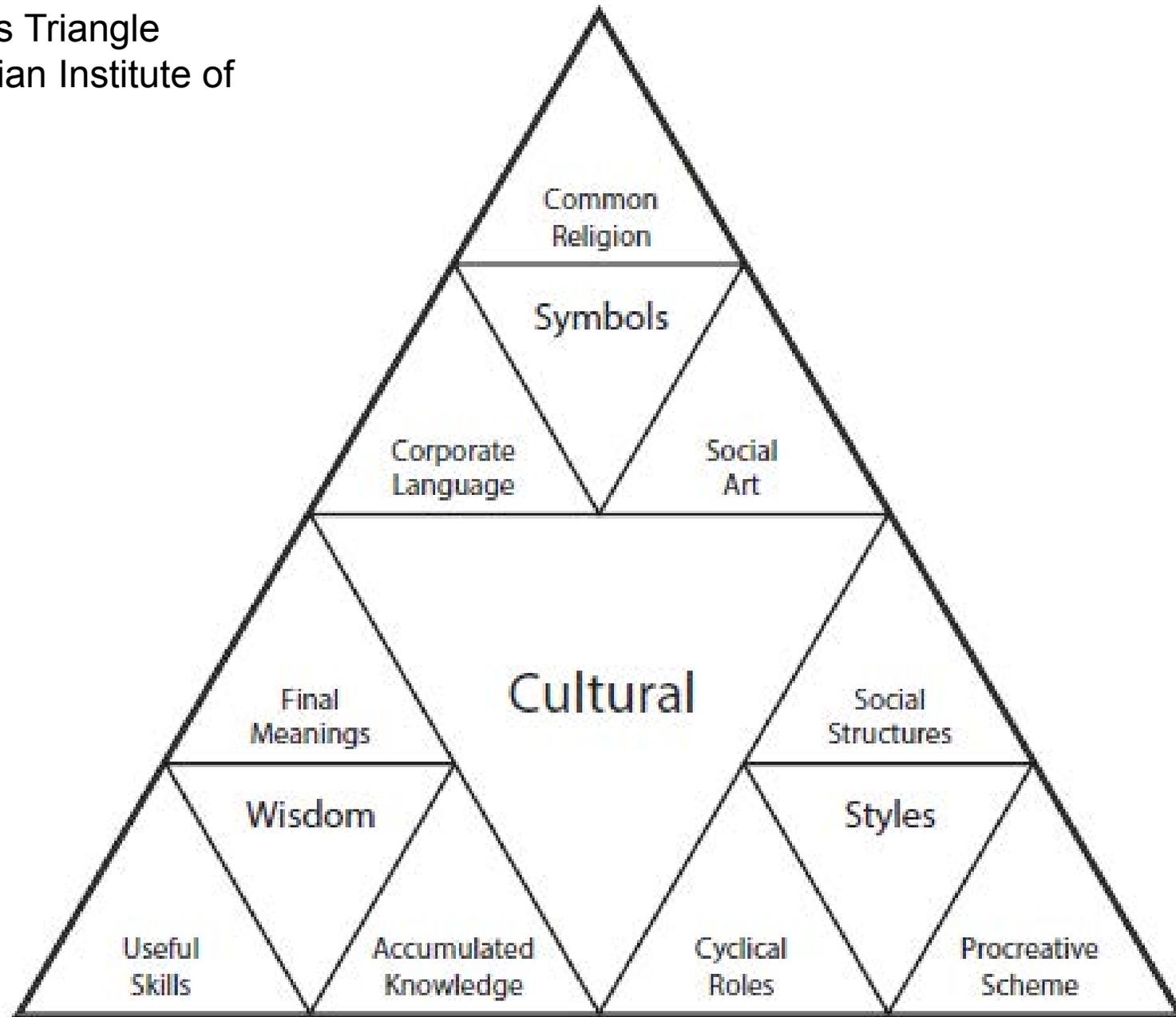
Man made culture and culture made man.

25

- Abdullahi Tsanni, journalist



The Social Process Triangle
©1986 The Canadian Institute of
Cultural Affairs



Anishinaabe Resources

These are resources we reference in our programming with youth and adults

- ▶ WE R Native Resources: <https://www.wernative.org/>
- ▶ Traditional Teachings: Anishnawbe Toronto Health: <https://www.aht.ca/>
- ▶ Physical Activity Kit from IHS: <https://www.ihs.gov/hpdp/pak/> (books #3 and #4 have quick easy activities)
- ▶ Quick Videos on Youtube: James Vukelich, Native American Speaker, Educator & Linguist. jamesvukelich.com; Powwow Tunes; Flute: Carlos Nakai: https://youtu.be/c_1zw9KGmDo; Drums: Young Spirit: <https://youtu.be/X9wSEXyoRbw>; Powwow Dance: <https://youtu.be/TMfORbFjJ6Q>
- ▶ Other Anishinaabe Resources:
 - ▶ <http://anishinaabemodaa.com/>
 - ▶ <https://www.bemidjistate.edu/airc/community-resources/ojibwe-language-resources/>
 - ▶ <http://ojibwe.net/projects/prayers-teachings/>

Look for Quotes

Hold on to what is good,
Even if it's a handful of earth.

Hold on to what you believe,
Even if it's a tree that stands by itself.

Hold on to what you must do,
Even if it's a long way from here.

Hold on to my hand,
Even if someday I'll be gone away from you.

Pueblo Prayer

► <http://www.californiaindianeducation.org/inspire/traditional/>

"Lose your
temper and you
lose a friend; lie
and you lose
yourself."
~Hopi~



Cultural Activity Resources

Think It Through

Lesson	Activity	How it relates to the culture	Resource (who/what can help me)
1.Intro			
2.Media			
3.Drugs/Alcohol			
4.Ask Auntie			
5.Native VOICES			
6.Healthy Relations/ Personal Rules			
7.We need you here			
8.Stand up/Stand strong			
9.Make a Difference Community			
10.Plan for Community			

Thank you

- ▶ We would like to also thank our partners who make this project possible:
 - ▶ American Indian Health and Family Services
 - ▶ Bay Mills Indian Community
 - ▶ Hannahville Indian Community
 - ▶ Keweenaw Bay Indian Community
 - ▶ Nottawaseppi Huron Band of the Potawatomi
 - ▶ Saginaw Chippewa Indian Tribe

References/Resources

- ▶ Oman, R.F.; Vesely, S.; McLeroy, K.; Harris-Wyatt, V.; Aspy, C.; Rodine, S; & Marshall, L. (2002). Reliability and validity of the Youth Asset Survey (YAS): An Update. The Science of Health Promotion, September/October 2010, Vol. 25, No1, e13-e24
- ▶ We R Native Program <https://www.wernative.org/>
- ▶ Anishnawbe Toronto Health: <https://www.aht.ca/>
- ▶ Indian Health Services Physical Activity Kit: <https://www.ihs.gov/hpdp/pak/>
- ▶ James Vukelich, Language: <https://youtu.be/rM7MyPlzrgg>
- ▶ American Indian Resource Center. Bemidji State University.
<http://anishinaabemodaa.com/>
- ▶ <https://www.bemidjistate.edu/airc/community-resources/ojibwe-language-resources/>
- ▶ <http://ojibwe.net/projects/prayers-teachings/>

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