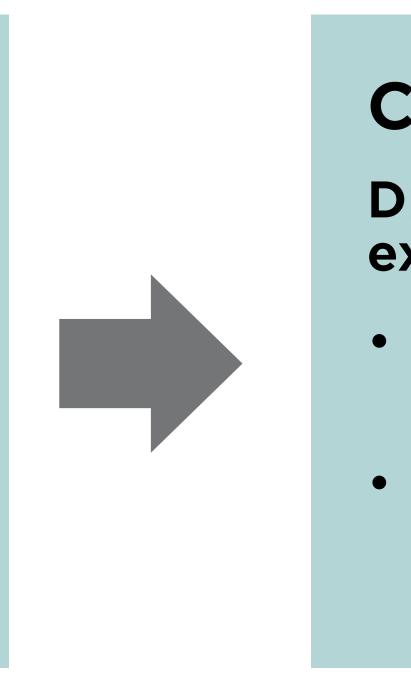
Activate the Evidence! Moving from Research to Practice in Adolescent Sexual and Reproductive Health Sam Beckwith, PhD, Amandalyn Brunelle, Isaiah Jiron, Jan DeCoursey, AM, & Mindy E. Scott, PhD

Five steps to bridge evidence and action

Identify

Identify the need and opportunity

- What are our services missing?
- What can we build on?
- What improvements can we make?





Authentic engagement starts at "Step O"

Case Example: Helping Young People Choose the Birth Control Method Right for Them: A Guide for Youth-Supporting Professionals

Identify

Activate Research Alliance members noted there was a need for culturally informed, practice-oriented materials on birth control

- Most materials focused on cisgender young women in the general population
- LGBTQ+ youth, those experiencing homelessness, with juvenile justice or child welfare system experience, or opportunity youth are underrepresented

Curate/Develop

Reviewed recent studies, summarizing latest knowledge on the topic

- Engaged 5 professionals and 9 young people to build a conversation guide
- Ensured content intentionally considered previously

Design

Based on young adult input, addressed multiple learning styles by creating 5 training videos and an easy-to-use information booklet underrepresented youth populations

Train

Shared these new, evidence-based training materials with a national network of youth-supporting organizations

Guide



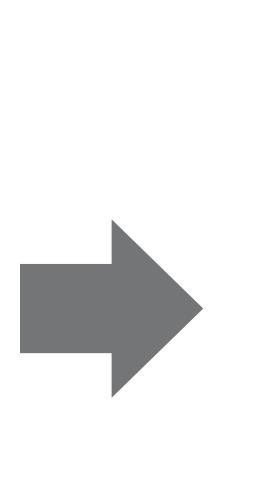
This project is supported by the Office of Population Affairs of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$2,184,000 with 100 percent funded by OPA/OASH/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by, OPA/OASH/HHS or the U.S. government. For more information, please visit opa.hhs.gov.

Curate

Draw on existing data and expertise

 What sources of information do we have?

 Who should we connect with?



Develop

new knowledge

- What do youth and staff think?
- How can this be applied?

Engage youth advisors, subject matter experts, and collaborators throughout

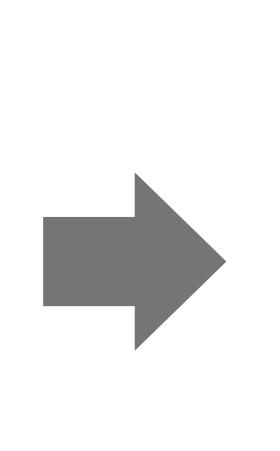
Youth are experts in their own experiences



Videos from RA

The views expressed in written training materials, publications, or presentations by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

Summarize and synthesize



Design

How can you apply new knowledge to...

- Develop trainings?
- Incorporate content into program activities?
- Measure success?

Get a constant feedback loop

Intentional network-building to share experiences

Tips for applying steps for research to practice translation to Adolescent Pregnancy Prevention programs

Convene and get regular input from youth board

Break down barriers between youth and organizational leaders

Identify

- Feedback from young people in your program or community is a great starting point
- Consider the challenges you've experienced or may experience down the road
- What suggestions have you heard from other grantees?

Curate

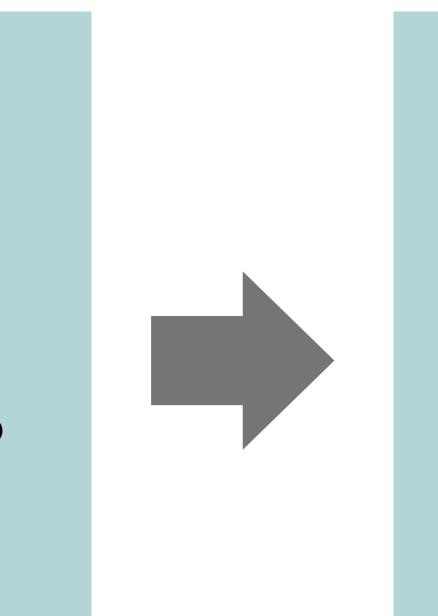
- Review relevant data you have collected in your program
- Scan The Exchange for relevant resources
- If you don't know where to start, mention to a TA provider or in a liaison group

Develop

- Present what you've learned back to your staff and youth advisors and solicit input
- Consider the best way to make programmatic or organizational changes to incorporate new knowledge in the context of your grant







Train

Build your organizational capacity. Are you...

- Formalizing new practices?
- Setting and meeting expectations?
- Continually improving based on youth input?

Be consistent, trusting, and trustworthy

Design

- Ensure any program adaptations you make align with core components
- Pilot test new activities, training approaches, or other innovations first

Train

- Make a record of your evidence-based innovations to maintain quality and as a resource for new staff
- Share out your successes and challenges with your liaison group and others in your network
- Consider participating in a Share & Learn, Topical Training, Webinar, or other event for your funding stream to maximize your impact!



