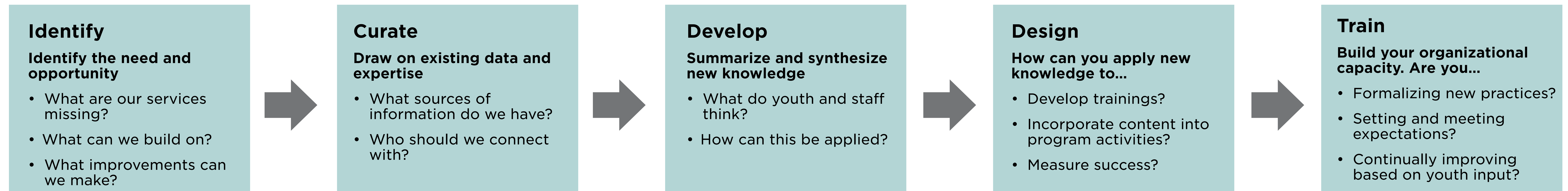


Activate the Evidence!

Moving from Research to Practice in Adolescent Sexual and Reproductive Health

Sam Beckwith, PhD, Amandalyn Brunelle, Isaiah Jiron, Jan DeCoursey, AM, & Mindy E. Scott, PhD

Five steps to bridge evidence and action



Engage youth advisors, subject matter experts, and collaborators throughout

Authentic engagement starts at "Step 0"

Youth are experts in their own experiences

Get a constant feedback loop

Intentional network-building to share experiences

Case Example: Helping Young People Choose the Birth Control Method Right for Them: A Guide for Youth-Supporting Professionals

Identify

Activate Research Alliance members noted there was a need for culturally informed, practice-oriented materials on birth control

- Most materials focused on cisgender young women in the general population
- LGBTQ+ youth, those experiencing homelessness, with juvenile justice or child welfare system experience, or opportunity youth are underrepresented

Curate/Develop

Reviewed recent studies, summarizing latest knowledge on the topic

- Engaged 5 professionals and 9 young people to build a conversation guide
- Ensured content intentionally considered previously

Design

Based on young adult input, addressed multiple learning styles by creating 5 training videos and an easy-to-use information booklet underrepresented youth populations

Train

Shared these new, evidence-based training materials with a national network of youth-supporting organizations

Guide



Tutorials



Videos from RA



Tips for applying steps for research to practice translation to Adolescent Pregnancy Prevention programs

Convene and get regular input from youth board

Break down barriers between youth and organizational leaders

Be consistent, trusting, and trustworthy

Identify

- Feedback from young people in your program or community is a great starting point
- Consider the challenges you've experienced or may experience down the road
- What suggestions have you heard from other grantees?

Curate

- Review relevant data you have collected in your program
- Scan The Exchange for relevant resources
- If you don't know where to start, mention to a TA provider or in a liaison group

Develop

- Present what you've learned back to your staff and youth advisors and solicit input
- Consider the best way to make programmatic or organizational changes to incorporate new knowledge in the context of your grant

Design

- Ensure any program adaptations you make align with core components
- Pilot test new activities, training approaches, or other innovations first

Train

- Make a record of your evidence-based innovations to maintain quality and as a resource for new staff
- Share out your successes and challenges with your liaison group and others in your network
- Consider participating in a Share & Learn, Topical Training, Webinar, or other event for your funding stream to maximize your impact!