# Finding the Best Fit

#### Determining Which Curriculum Is Right for Your Program

Megan Selheim (Wyoming Department of Health) and Quinn Brophy (CDC Public Health Associate assigned to Wyoming Department of Health) 2024WARD: Building Brighter Futures for Today's Youth Leaders June 25-27 2024

U.S. Department of Health and Human Services, Administration on Children, Youth and Families (ACYF), Family and Youth Services Bureau (FYSB) Adolescent Pregnancy Prevention Program Grantee Conference





The views expressed in written training materials, publications, or presentations by speakers and moderators do not necessarily reflect the official policies of the Centers for Disease Control and Prevention or the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

This presentation was supported by Grant Number 2301WYPREP from the Department of Health and Human Services, Administration for Children and Families, Family and Youth Services Bureau. Its contents are solely the responsibility of the Wyoming Department of Health and do not necessarily represent the official views of the Department of Health and Human Services, Administration for Children and Families.



## Learning Objectives

After viewing this presentation, participants will be able to:

- 1. Develop a project plan to conduct a curriculum review.
- 2. Identify stakeholders and subject matter experts to include in a curriculum review.
- 3. Identify what elements are most important to consider in a curriculum review.
- 4. Develop a recruitment plan for youth reviewers.

#### **WYPREP Overview**

- \$250,000.00 annual grant funding
- 0.25 FTE, plus (for now) 1 FTE CDC Public Health Associate
- Wyoming is VERY rural



What funding stream(s) are you using?

How long have you been using your current curricula?



# Before the Review

#### Reasons for Review

- How long have you been using your current curricula?
- Have there been recent changes to your service population or are you planning to make any changes to your service population?
- What does your data say?
- What do your subrecipients say (and how can you find out)?

Has your program ever changed its curricula?



## Considerations for your Review

- What staff capacity do you have/can you leverage or obtain?
  - Staff time will be needed to conduct initial curricula review and facilitate later review stages
- What available funding do you have/can you free up?
  - You will need funding to obtain curricula review copies and incentivize participation

## Considerations for your Review

- What partnerships can you leverage? What is their capacity?
- Are you on a deadline, or are there other time considerations?
  - Consider the academic year for school sites, contract timelines or other funding/reporting timelines for community sites

## **Project Planning**

#### **ACTION STEPS**

Action Steps	By Whom	By When	Resources and Support Available/Needed		Potential Barriers or Resistance	Communication Plan for Implementation
What needs to be done?	Who will take actions?	By what date will the action be done?	Resources Available	Resources Needed (financial, human, political, and other)	What individuals and organizations might resist? How?	What individuals and organizations should be informed about/involved with these actions?
Step 1: By						
Step 2:						

#### Communication & Buy -In

- Determine relevant stakeholders (current or potential):
  - Schools & organizations facilitators and administrators
  - Service population of youth
  - Internal stakeholders PREP team, leadership
- Keep senior leadership apprised of project status and next steps
- Identify and follow policies regarding youth engagement, incentive distribution, etc.

## Communication & Buy -In

- Talk to your stakeholders about the project
  - Don't want to blindside partners
  - Want stakeholders to be involved in the entire process
- Get feedback from your stakeholders
  - "No-goes" and "must-haves"
  - Target population: what is most important to them?
- Frame the review

# The Review





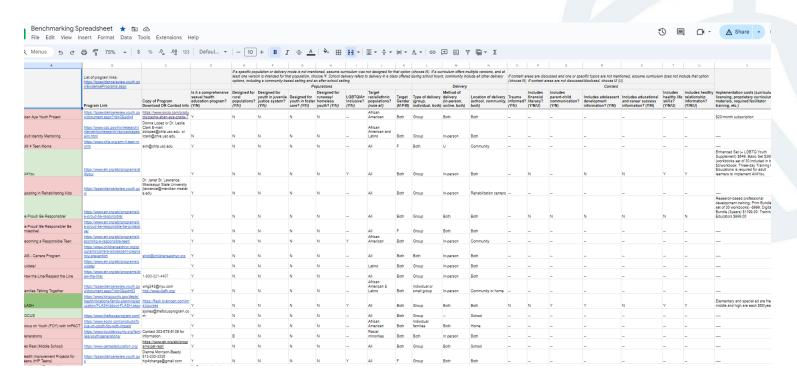
## Curriculum Review Stages

- 1. Curriculum benchmarking
- 2. Subject Matter Expert (SME) review
- 3. Youth review

#### Post Review Stages

- 4. Curriculum transition
- 5. Curriculum review upkeep



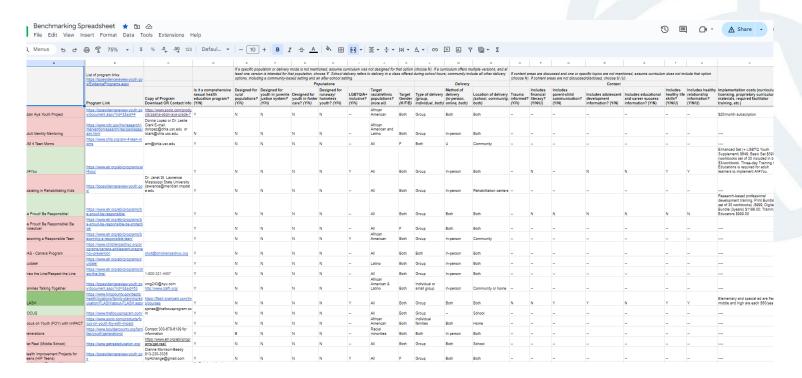


- Choose your starting list of curricula based on capacity and relevance
- Getting copies to review
  - Possible to evaluate curricula based on summary information
  - Many curricula offer free temporary review copies online or by request

- Review for general fit criteria
  - Determine if they include "must-have" and "no-go" components
    - Intended population, delivery setting, costs (upfront and ongoing), length of curriculum, specific topic, etc.
  - Put all significant criteria into curriculum benchmarking matrix

## Narrow Down your Choices

- Make first round of cuts based on general fit criteria
- Determine the max number of curricula that can be reasonably managed for the next review stage (subject matter expert review)
  - If there are too many curriculum options after narrowing to general fit, may need to review full copies to further narrow



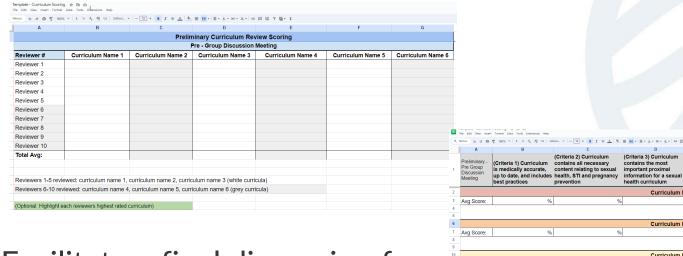
## Subject Matter Expert (SME) Review

- What do you want to know?
  - Medical accuracy, completeness (medical and relationship topics), inclusivity, etc.
- Who can tell you?
  - Medical professionals, topic experts, health educators
- Set up a scoring rubric and review process based on those key elements

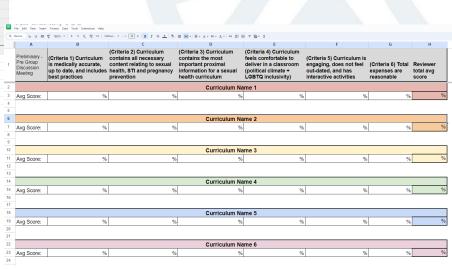
## Subject Matter Expert (SME) Review

- Are you able to offer compensation, or are you asking for volunteers?
- Assess reviewers' available time
- Consider curriculum format
  - Digital, print, mixed format

## Hold a Final Discussion Meeting



Facilitate a final discussion for reviewers to share thoughts and opinions on curricula



#### Youth Review

- Identify and adhere to policies governing youth engagement and incentive distribution
- Keep senior leadership apprised of project status and next steps
- What do you want to know from youth?
  - o Is it engaging? Will they pay attention to it?
  - o Is it representative of your specific youth population?
- Set up scoring templates or list of guiding questions based on key elements
- Facilitate a final discussion meeting to share youths' thoughts and opinions

#### Youth Review - Recruitment

- Who do you want to recruit? How can you recruit them?
  - State/local Youth Advisory Council
  - State/local youth advocacy groups
  - Youth from current PREP sites
  - Youth from stakeholder families
- What do they need to participate?
  - o Incentives?
  - Parental permission?

# After the Review

#### **Curriculum Transition**

- Make any necessary adaptations based on feedback from reviews
  - Add, swap, or remove content if necessary
  - Be mindful of maintaining the fidelity of the curriculum
    - When in doubt— contact the curriculum publishers

#### **Curriculum Transition**

- Provide an adjustment period for facilitators
- Administrative preparation adjust any documents to reflect new curricula
  - o Contracts, invoices, fidelity reports, etc.
- Resource allocation to make the switch
  - New facilitator guides, larger training cohorts (with potential travel costs), etc.

## Ongoing Review & Curricula Upkeep

- Keep open communication with facilitators to see if the curriculum still fits their needs
- Solicit youth feedback based on youth review
- Make a schedule to update the curriculum benchmarking
  - Investigate any new curricula that could be relevant to your program
  - Assess any significant updates to relevant curricula

## Resources

- University of Kansas Community Toolbox
- Spitfire Strategies Smart Chart 4.0
- Google Drive with Excel templates

#### Questions?

Megan Selheim Megan.Selheim @wyo.gov

Quinn Brophy Quinn.Brophy@wyo.gov







#### **Session Evaluation**

Please complete a brief evaluation form for all workshop, forum and networking sessions by scanning the following QR code or visiting the following link:

https://bit.ly/2024Evaluations

