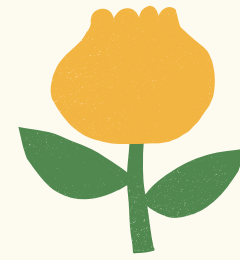




2024WARD: BUILDING BRIGHTER
FUTURES FOR TODAY'S YOUTH LEADERS

June 25-27, 2024



INCORPORATING YOUTH VOICE INTO
PROGRAMMATIC WORK

The Necessity of Youth Advisory Boards

Kate Schedel, MPH

Samantha Mundt, MPH, CHES

U.S. Department of Health and Human Services Administration on Children,
Youth and Families (ACYF) Family and Youth Services Bureau

Disclaimer: The views expressed in written training materials, publications, or presentations by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

Indiana Department of Health: 2401INSRAE



Today's Goals

1


Planting:
Developing a
Youth Advisory
Board

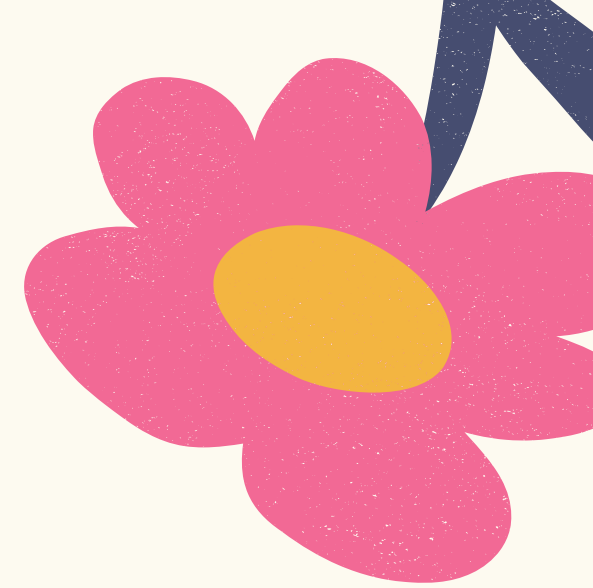
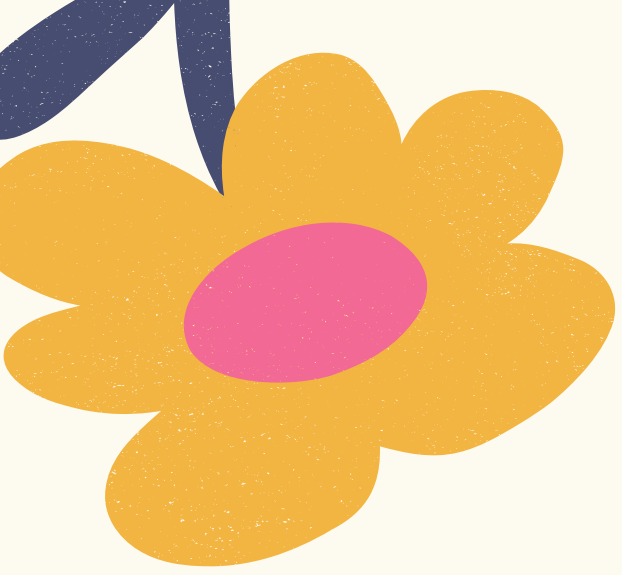
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Nourishing:
Maintaining
Youth
Engagement

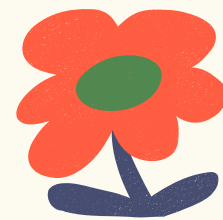
3

Propagating:
Youth
Changing
Systems





PLANTING



Developing a Youth Advisory Board



Preparing Your Workplace

Working alongside youth looks different than what you may be used to, but is worth it!

- Does your workplace have the infrastructure to support youth -led/informed work?
- Is your workplace culture youth -friendly?
- Have you clearly outlined in what way you plan to incorporate youth voice?
- Have you defined what “youth” means in terms of this work?
- What do you want the structure of your board to look like?





Recruitment

Identifying who you want to serve on your board and how to find them

- What do your collaborations and partnerships look like?
- What do you want your board to look like or be representative of?
- What is your timeline to get this work off the ground?
- How will you score and select your applicants?

Scan to apply!



APPLY TO THE INDIANA YOUTH ADVISORY BOARD



Job Description:

- Indiana Department of Health (IDOH) is actively recruiting all Indiana youth and young adults to make a difference in public health and suicide prevention. In this position you will:

- Gain experience and knowledge working with public health and suicide prevention initiatives
- Be an advocate for others
- Work on various projects to improve the health and well-being of young people in Indiana

Additional Details:

- Remote position
- \$20/hr
- Must be between the ages of 14-24
- If selected, you will serve a 1-year term
- Please apply by March 31 if interested



Questions?



<http://tinyurl.com/idoh-iyab>



amccleery@health.in.gov



Round #1 Written Submission

<p>Questions</p>	<p>Reminder: Here are the questions asked on each application.</p> <p>Column L: Why are you interested in this position? (Please provide a short survey)</p> <p>Column M: What interests you in public health, mental health, and/or suicide prevention? What are your goals for this position?</p> <p>Column N: Discuss 2 - 3 emerging issues you would like to address that are impacting youth and young adults. How would you approach the given issues and what changes would you like to see implemented?</p> <p>Column Q: What are best practice to navigate differences in ideas and opinions in group settings?</p>
<p>Scoring Rubric</p>	<p>Score each of the four questions above on a scale from 0 - 10</p> <p>Each applicant score total will automatically populate based on your scores entered in columns F - I (below)</p> <p>Please use the final column for any notes or comments. Update final scores by COB April 8. We will meet after April 8 to discuss the candidates and next steps.</p>

Round #2 Video Submission

<p>Video Questions</p>	<p>Reminder: Here are the questions asked on each application.</p> <ol style="list-style-type: none"> 1. Introduce yourself. tell us your name/any nickname you may have, your pronouns, your age, and your location. 2. Tell us again why you want to join our first YAB! 3. Explain what you hope to gain from joining the youth advisory board. In your perfect scenario, what do you give/get from being a part of this group? 4. What is a superpower that you are bringing to the table? AKA – what is your biggest strength that we could really
<p>Scoring Rubric</p>	<p>Score each of the four questions above on a scale of YES, NO, or MAYBE</p> <p>The criteria is as follows: Living in Indiana and will be able to have yearly meetings in person. Ability to communicate well on camera. Their video answers all questions. They bring unique experiences, perspective, or diversity to the board. They are enthusiastic. Lived experience is a benefit.</p> <p>YES: The Applicant meets all criteria and the scorer feels they are necessary asset to the YAB. Their video demonstrates exceptional talent and scorer feels strongly that they would play a key role in the board. In this case the applicant will be given immediate acception into the board and will have little to no further re-evaluation.</p> <p>MAYBE: Scorer believes that the applicant demonstrates good understanding and great potential for the board. However, they may be missing something. The applicant will be re-evaluated later to make a final decision regarding their entry.</p> <p>NO: Applicant does not demonstrate the needed criteria for the Youth Advisory Board</p> <p>Please use the final column for any notes or comments. Please update final scores by June 8th. We will meet after June 8th to discuss the final candidates and next steps.</p>



Hiring & Onboarding

Setting expectations and processes

- If you plan to pay board members, how what will this process look like?
- Have you obtained parental permission for those under 18? Do you need to?
- What trainings and technology do your members need to be successful?
- Will you write up a formal contract or agreements for your board members?



Eric J. Holcomb
Governor
Kristina M. Box, MD, FACOG
State Health Commissioner

2023-2024 Youth Advisory Board (YAB) Agreements
Please add your initials to the lines provided.

- _____ I agree to respond to tasks assigned (paperwork, doodle polls, etc) to me in a timely manner before the deadline/on the deadline.
- _____ I agree to commit at least 2.5 hours to this board each month and will participate in at least one committee.
- _____ I agree to have my camera on at all times during meetings and I recognize that each meeting requires my full attention.
- _____ I agree that, unless discussed otherwise, I should miss no more than one meeting per quarter. I will be compensated for watching the recording of this meeting.
- _____ I agree to notify (email, text, GroupMe, etc.) my assigned supervisor 72 hours before/after if I must miss a meeting. I understand if I fail to do this it counts as an unexcused absence, and I can only have 3 of these before I am removed from the board.
- _____ I agree that all personal experiences shared in YAB meetings must remain confidential and should not be discussed with those not a part of the YAB.
- _____ I agree to exemplify positive qualities such as open-mindedness, genuineness, and respectfulness.
- _____ I agree to offer my peers and leadership constructive criticism.
- _____ I agree to act as a positive ambassador for the Youth Advisory Board; the Indiana Department of Health (IDOH), Maternal & Child Health; and the Family and Social Services Administration (FSSA), Division of Mental Health and Addiction.
- _____ I agree to be present and engaged during YAB meetings by limiting phone use, actively listening, asking questions, sharing ideas, staying attentive, and turning on my camera when possible.
- _____ I agree to be supportive of my YAB peers when they choose to be vulnerable.
- _____ I agree to consider cultural differences when engaging in YAB discussions.
- _____ I agree to be considerate and respectful of others' pronouns and ask when I'm unsure.
- _____ I agree to listen to others and to be open to and respectful of their differing opinions and viewpoints.

To **promote**, **protect**, and **improve** the health and safety of all Hoosiers.



Name • Date
Page 2

_____ I agree that words or actions aligning with racism, sexism, homophobia, ableism, etc., will not be tolerated.

_____ I agree to always try my best.

_____ I understand that if I do not uphold these agreements my status on the board will be moved to a voluntary position instead of paid position.

Signature

Date

Position Title:

Youth Advisory Board Member

Reports to:

Maternal and Child Health Director of Programs, State Suicide Prevention Director, and Maternal and Child Health Adolescent Health Administrator

Summary/Objective:

The Youth Advisory Board Member will inform public health programming and suicide prevention services for Indiana youth. The Youth Advisory Board Member will make recommendations to the Indiana Department of Health and the Division of Mental Health and Addiction for improving the quality of life for youth across Indiana.

Essential Responsibilities:

- Attend monthly youth advisory board virtual meetings.
- Provide feedback on the State Substance Abuse and Mental Health Services Administration ("SAMHSA") Garrett Lee Smith Youth Suicide Prevention Grant initiatives.
- Identify future youth suicide prevention priorities and make recommendations for how to improve the quality of life for youth across Indiana.
- Provide technical assistance to local Systems of Care on strategies for suicide prevention.
- Contribute feedback on adolescent health programs within the Indiana Department of Health including Teen Pregnancy Prevention grant and Sexual Risk Avoidance Education grant program.
- Gather input on youth's access to care and how their health is impacted by their community and healthcare systems.
- Determine advisory board priorities and response programming for topics including adolescent health, mental health, sexual health, minority health, substance prevention, and policy.
- Act as experts on youth and young adult experiences.
- Support state leaders to make informed decisions on youth public health programming and policies.

Preferred Experience:

- Personal/lived experience being a young person and navigating public health and healthcare systems
- Familiarity with state-wide mental health and public health initiatives.
- Ability to apply a multicultural lens and equity framework to mental health and public health promotion.

Requirements:

- Youth (age 13-23) residing in Indiana.
- Ability to work collaboratively with peers.
- Demonstrate cultural competence and understanding of unique challenges of BIPOC, LGBTQ+, and rural youth.
- Clear communication and presentation skills.

- Comfort, willingness, and ability to learn, adopt, and utilize new technology.
- Excellent coordination skills, including multitasking and setting priorities on work assignments.

Competencies:

- Ability to work independently and collaboratively with peers and state employees.
- Open to feedback and motivated to continually learn and improve.
- Accountable and ethical.
- Person-centered and empathetic.
- Motivated to serve the public.
- Ability to think strategically and at a systems level.

Difficulty of Work:

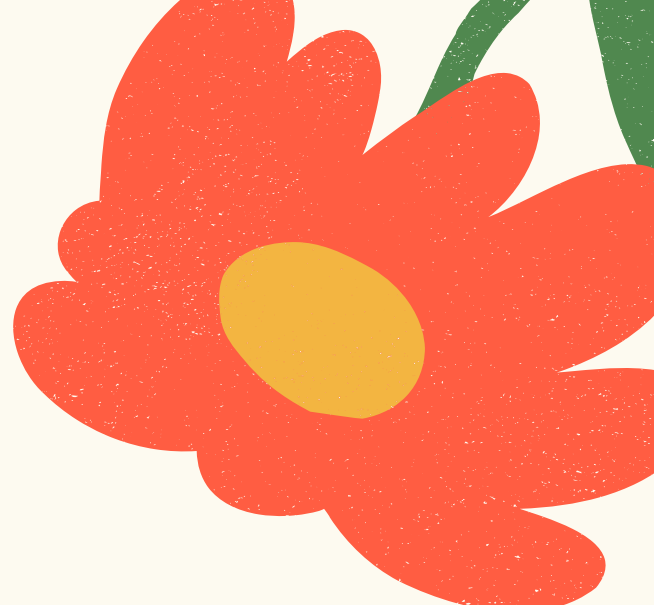
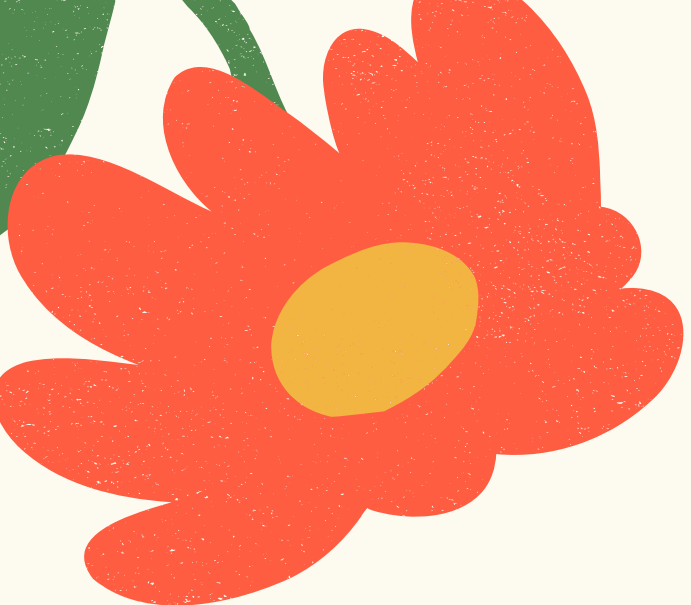
Works independently and collaboratively with peers and state employees. Requires creativity, problem-solving, and an understanding of youth related mental health and public health concerns.

Physical Effort:

Normally seated; or seated, standing, or walking at will. Requires no more than normal physical abilities such as visual or hearing acuity.

Working Conditions:

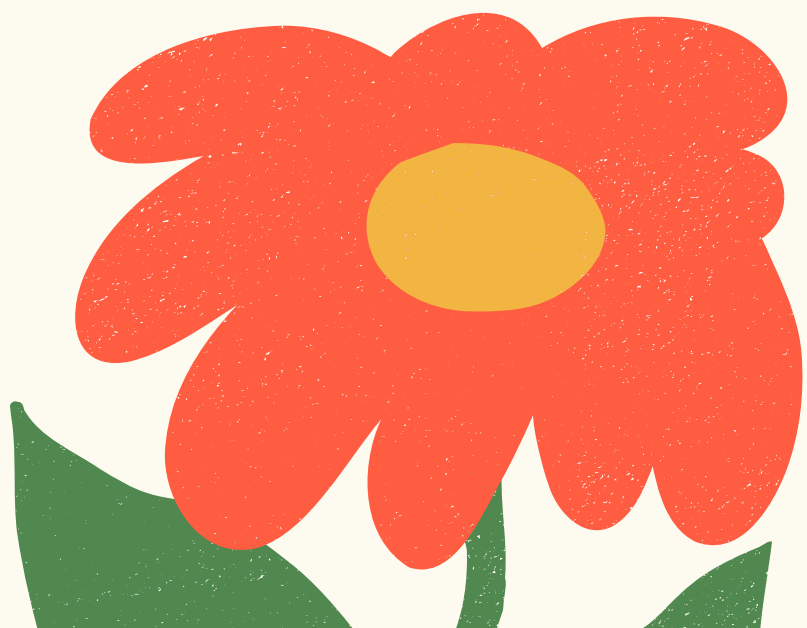
This is a remote position due to it being statewide. Some in-state travel may be optional for the position.



NOURISHING



Maintaining Youth Engagement





HISTORIC PRESERVATION AND REHABILITATION PROJECT



Communication & Meetings

Facilitating regular togetherness

- How will you regularly communicate with your board?
- How often will you meet with your board members and how will these meetings be conducted?
- What types of goals will you set for this time together?
- What types of activities will you facilitate during board meetings?
- How will you cultivate togetherness and participation?



miro



Activities & Outcomes

These experiences encourage members to remain engaged and motivated in achieving their goals

- What tables are you and your agency at? How can your members join?
- Where are there “little” wins?
- How can you make this work youth led?
- What professional development opportunities can you offer?

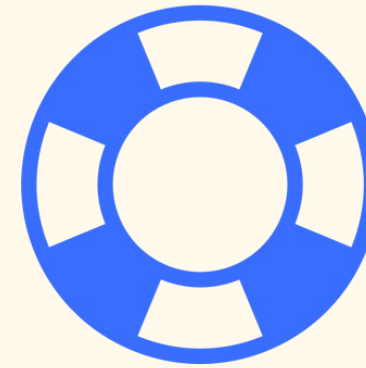




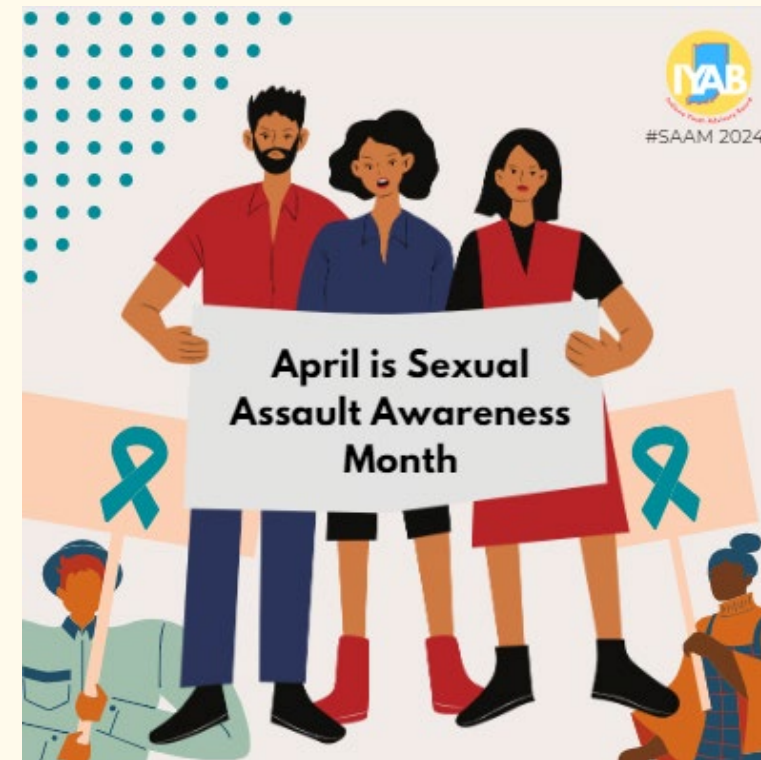
Please join us for
PUBLIC HEALTH DAY
Investing in Hoosier Lives



Labor of Love
Helping Indiana Reduce Infant Death



American
Foundation
for Suicide
Prevention



ADOLESCENT
HEALTH
INITIATIVE



National **MCH** Workforce
Development Center
Advancing Health Transformation









Transitions

Navigating the close of a board and alumni
empowerment

- What is your board member term -limit?
- How can you celebrate your alumni and follow their growth?
- How will you transition from one board to another?
- How can alumni continue to be involved?

CERTIFICATE OF SERVICE

This certificate is awarded to

ALI SMITH

In recognition that the above has served their state as a member of the Indiana Youth Advisory Board for the 2022-2023 term. They have positively impacted young Hoosiers by informing and evaluating state-wide programming. This individual has been integral in identifying future priorities to protect and promote the wellbeing of Indiana's youth and young adults.

Given on this 20th day of July, 2023

MICHELLE BULINGTON, LCSW
State Suicide Prevention Director

LINDSAY WILLIAMS, MPH
Adolescent Health Administrator

KATE SCHEDEL, MPH
Director of Maternal & Child
Health Programs

LÁLAKESHA HOLMES-ALLEN, MBA
Youth Suicide Prevention Grant
Project Director

ALI SMITH
Lead Youth Consultant

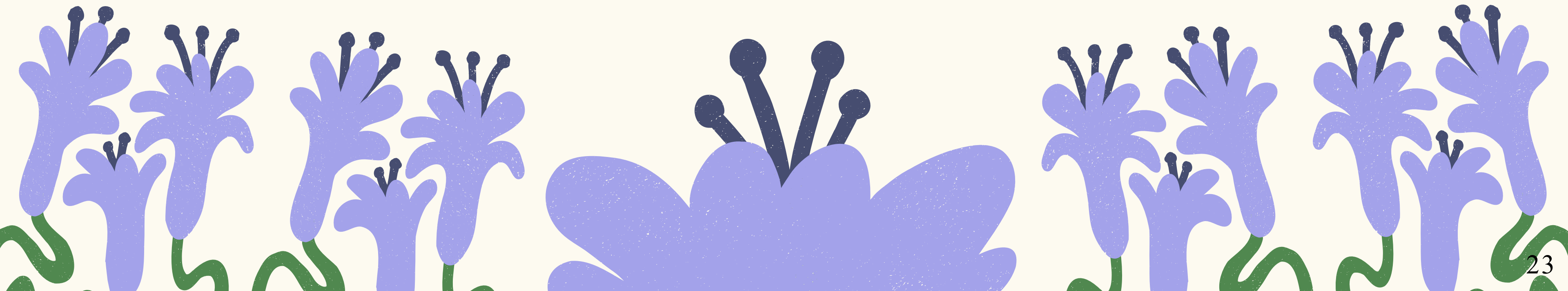
SAMANTHA MUNDT, MPH, CHES
Adolescent Health Coordinator



PROPAGATING



Youth Changing Systems



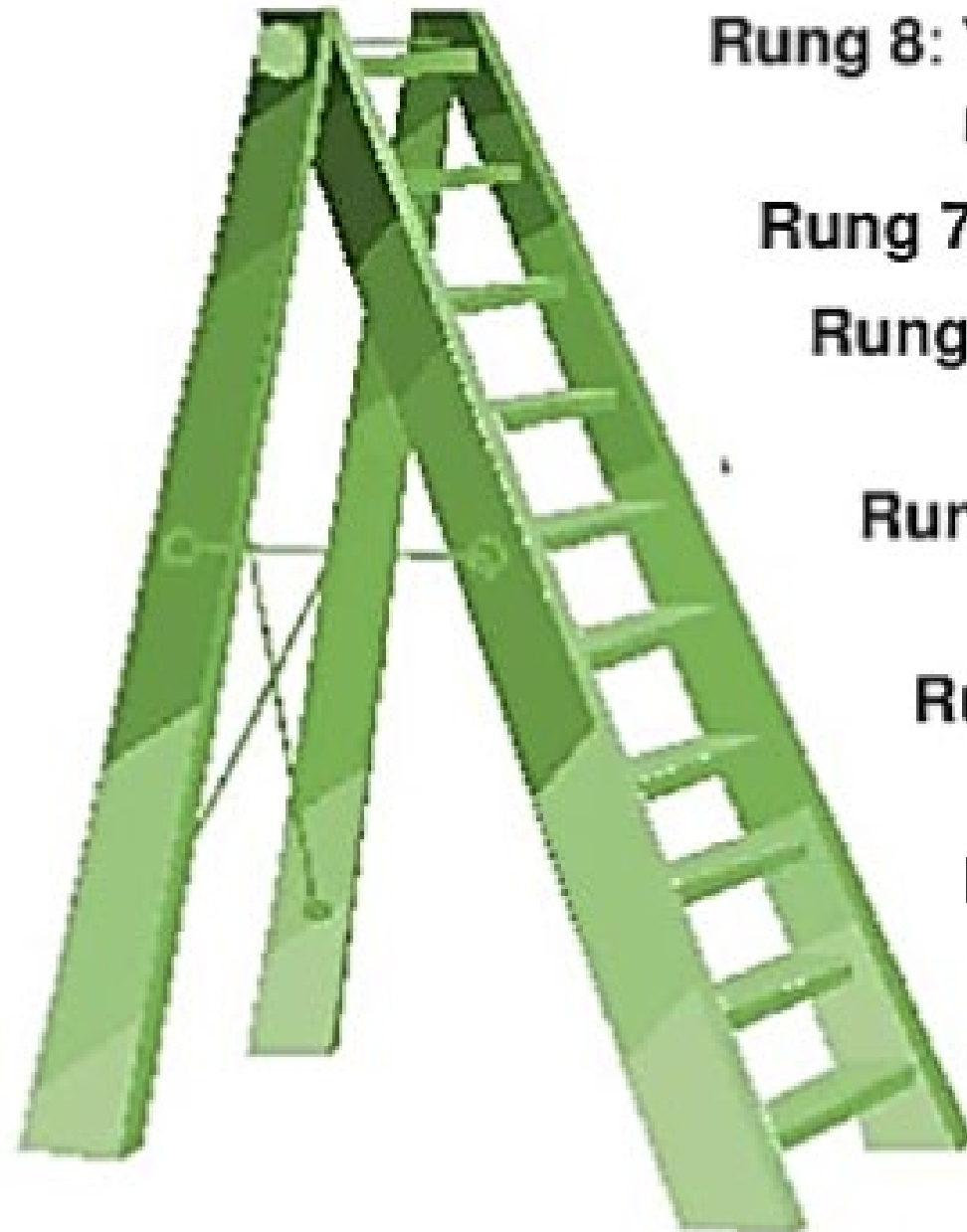


Youth Leadership

Moving your work from being youth informed or consulted to youth led

- How can you empower youth to explore their subject matter interests?
- How can you shift to member -led projects and meetings?
- What might having a youth leadership team look like?
- How can you support youth in navigating your internal systems?

Roger Hart's Ladder of Young People's Participation



Rung 8: Young people & adults share decision-making

Rung 7: Young people lead & initiate action

Rung 6: Adult-initiated, shared decisions with young people

Rung 5: Young people consulted and informed

Rung 4: Young people assigned and informed

Rung 3: Young people tokenized*

Rung 2: Young people are decoration*

Rung 1: Young people are manipulated*

**Note Hart explains the last three rungs are non-participation*

Adapted from Hart, R. (1992) Children's Participation from Tokenism to Citizenship Florence: UNICEF Innocenti Research Centre
Created by The Freechild Project - <http://freechild.org>

Building Rapport

Prioritizing trust and rapport building is crucial to integrating this work within your community

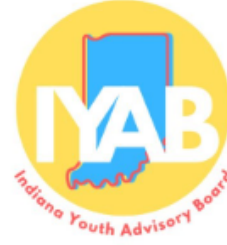
- What are your mission, vision, and values? How will you communicate these?
- Is your board just serving your agency or do you want this work to reach into the broader community?
- How can you help you members feel confident in their work and impact?



Indiana Youth Advisory Board (IYAB)

Overview

The Indiana Department of Health (IDOH) and the Division of Mental Health and Addiction (DMHA) established the Indiana Youth Advisory Board (IYAB) to assess youth-targeted public health, mental health and suicide prevention initiatives. The IYAB is made up of enthusiastic young leaders between the ages of 14 to 24 who provide suggestions to enhance youth's quality of life throughout the state. The inaugural board was launched in July 2022 and consists of members from across Indiana.



[Learn More](#)

Apply to join the 2024-2025 IYAB

[Apply now](#)

The Indiana Department of Health is actively recruiting Indiana youth and young adults to make a difference in public health and suicide prevention. In this position board members will:

- Gain experience and knowledge working with public health and suicide prevention initiatives
- Be an advocate for others
- Work on various projects to improve the health and well-being of young people in Indiana

Additional Details:

- Remote position
- \$20/hr
- Must be between the ages of 14 and 24
- Selected individuals will serve a 1-year term

Apply by April 19 if interested. Please direct questions to Samantha Mundt at smundt@health.in.gov.

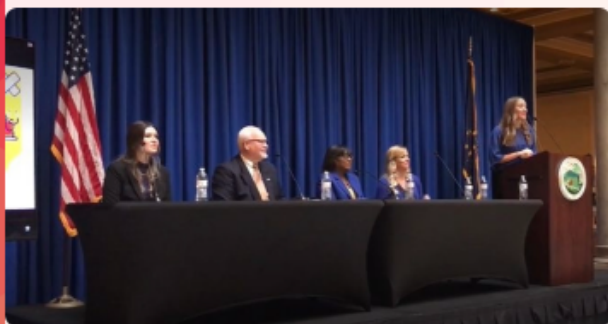
Mental Health Round Tables

Members of the IYAB reflected on the 2021 Youth Risk Behavior Survey findings in a panel presentation and discussed their perspectives on youth mental health. Decision-makers across the state attended this event, and the IYAB members even had the opportunity to meet with Governor Holcomb.



Public Health Day at the Statehouse

IYAB member and Butler student, Lucia, joined a panel of public health experts at Public Health Day to speak about the importance of youth voice in public health work. This was one of the highest-attended events held at the Indiana Statehouse in recent years.



All Member In-Person Meeting

In July 2023, the IYAB met for the first time in person. This meet-up was hosted at the Children's Museum Manor. IYAB members traveled from across Indiana to spend time together, celebrate their accomplishments and plan for the upcoming year. This event will be hosted annually.



Board Members

Board Members



Alex
Allen County



Ali
Allen County



Amya
Greene County



Austin
Dubois County



Caroline
Marion County



Eva
Laporte County



Faith
Hamilton County



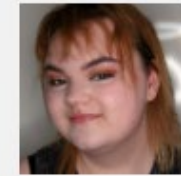
Ingrid
Lake County



Jayna
Fountain County



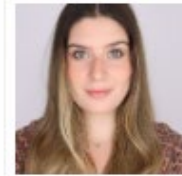
Jocelyn
Lake County



Kaelynn
Clay County



Kylie
Hendricks County



Lucia
Marion County



Mickey
Hendricks County



Morgan
Hendricks County



Nancy
Hamilton County



Savannah
Warrick County



Sireen
Hamilton County



Tuyet-Anh
Bartholomew County

Not Pictured:

Anna
Vigo County

Bethanie
Porter County

Bethany
Allen County

Hannah
Wayne County

Contact

Indiana Department of Health

Samantha Mundt
Adolescent Health Coordinator
smundt@health.in.gov

FSSA Division of Mental Health and Addiction

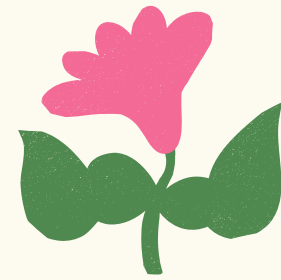
Caitlyn Short
Youth Suicide Grant Project Coordinator
caitlyn.short@fssa.in.gov

Michelle Bulington
State Suicide Prevention Director
michelle.bulington@fssa.in.gov





THANK YOU!



Don't hesitate to
ask any questions!



Resources

1. Alaska Department of Health and Human Services: Nothing About Us Without Us: Compensating Community Members: <https://publichealthforward.debeaumont.org/case-study/nothing-about-us-without-us-compensating-community-members>
2. Association of Maternal & Child Health Programs: Adolescent Health: <https://amchp.org/adolescent-health/>
3. Centers for Disease Control and Prevention: Balancing Youth Leadership with Adult Support: https://www.cdc.gov/healthyouth/yac/balancing_support.htm#:~:text=Adults%20must%3A%201%20Take%20youth%20seriously.%202%20Listen,make%20real%20change%20for%20themselves%20and%20their%20peers.
4. Indiana Department of Health: Indiana Youth Advisory Board: <https://www.in.gov/health/mch/families/indiana-youth-advisory-board-iyab/>
5. National Network of State Adolescent Health Coordinators: Youth Engagement: <https://nnsahc.org/key-topics/youth-engagement/>
6. Office of Population Affairs: Take Action for Adolescents: <https://opa.hhs.gov/takeactionforadolescents>
7. U.S. Department of Health & Human Services: Meaningful Youth Engagement: <https://opa.hhs.gov/adolescent-health/positive-youth-development/meaningful-youth-engagement>
8. Youth.gov: Youth Engagement and Partnerships: <https://youth.gov/pathways-for-youth/goal-3-youth-engagement-partnerships>

Contact Information

Kate Schedel, MPH
MCH Programs Director,
Indiana Department of Health
kschedel@health.in.gov

Samantha Mundt, MPH, CHES
Adolescent Health Coordinator,
Indiana Department of Health
smundt@health.in.gov



Session Evaluation

Please complete a brief evaluation form for all workshop, forum and networking sessions by scanning the following QR code or visiting the following link:

<https://bit.ly/2024Evaluations>

