



# Nurturing Positive Youth Development: Transformative Impact of Teen Vibe Camps

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# Objectives

- After viewing this presentation, participants will be able to understand the benefits of the key components of the *Teen Vibe Camp* model, including its unique blend of evidence-based curriculum sessions, creative exploration, and community building, and assess its potential applicability to their own programs.
- After viewing this presentation, participants will be able to integrate the *Teen Vibe Camp* model into their youth development programs, using the provided working draft of the *Teen Vibe Camp* Blueprint as a guide.
- After viewing this presentation, participants will be able to construct a framework for incorporating creative exploration, such as podcasting, music, and social media engagement, into their existing youth programs, leveraging the *Teen Vibe Camp* model as an inspiration for enhancing participant engagement and self-expression.



# Teen Vibe, Love Notes and the YMCA Mission



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# Teen Vibe Camp Model



## One Week Camp

- During School Breaks
- Adult/Peer Co-led
- Evidenced-based curriculum
- Communal lunch
- Community Building
- Youth Outreach
- Field Trips or Y-Days
- Family Engagement

# Youth Outreach/ Passion Project

Creative exploration of themes in curriculum, including:

- Music production
- Film-making
- Podcasting
- Design and marketing
- And more





# Caregiver Engagement- Family Night

## One Hour Caregiver Workshop

- Review of curriculum
- Talking to teens about relationships
- What to do if you are worried your teen's relationship is unhealthy

## One Hour Teen-Led Family Activity

- Healthy/Unhealthy Sculpture Activity



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# Jeylin's Story





# Benefits of Teen Vibe Camp Model

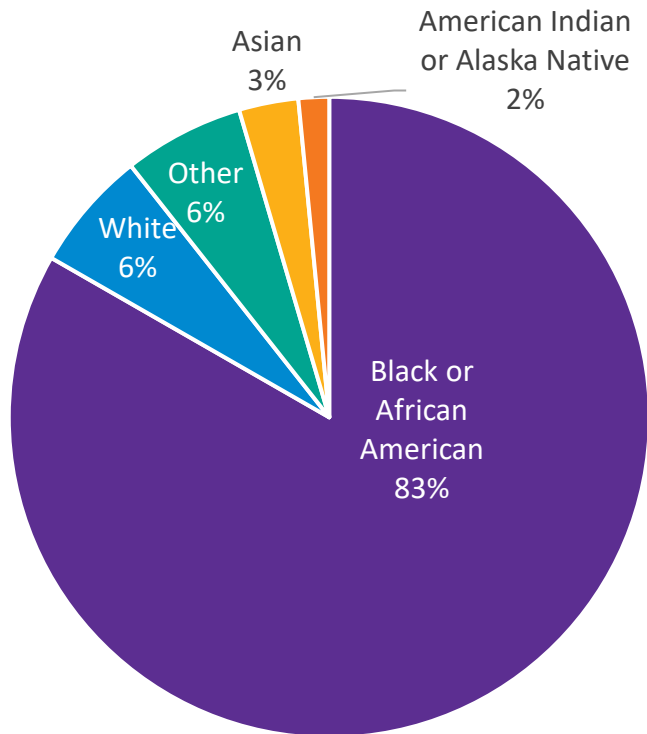
- Camp experience – create memories and friendships
- Ability to connect in non-classroom setting
- Activates different learning styles
- Additional emotional processing
- Youth voice & engagement



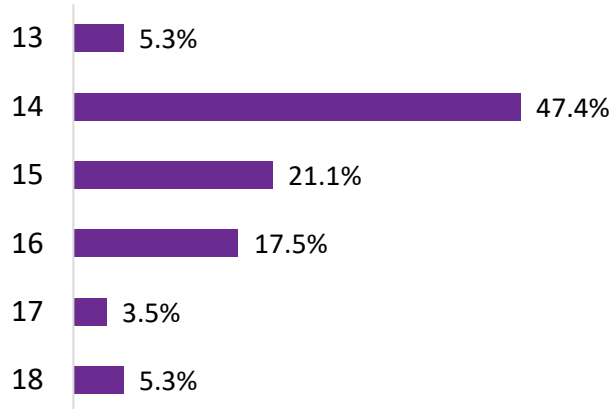
# YMCA Teen Vibe Youth Demographics



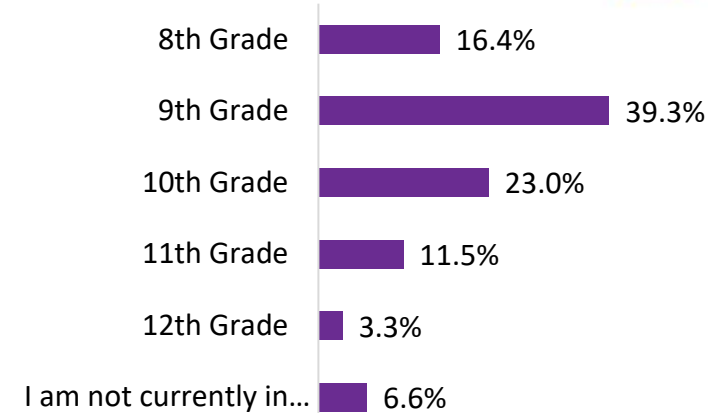
Race and Ethnicity (n=60)



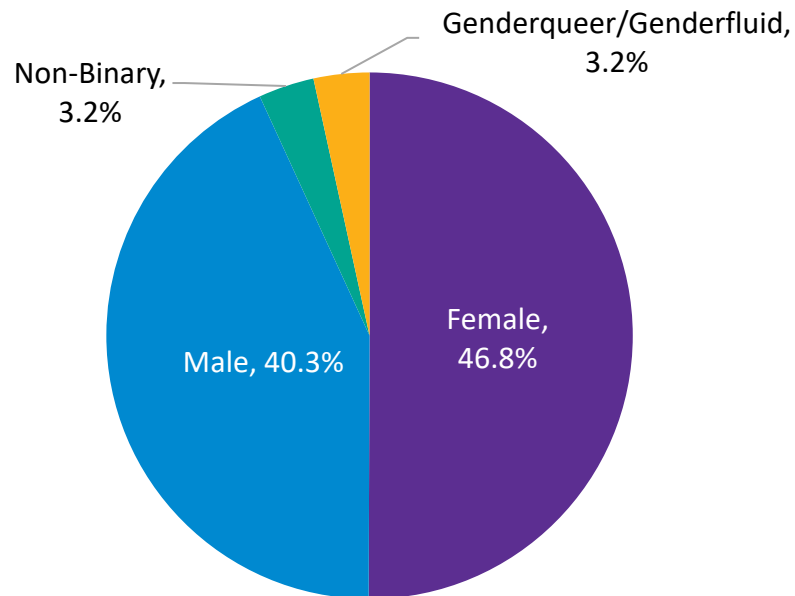
Age (n=57)



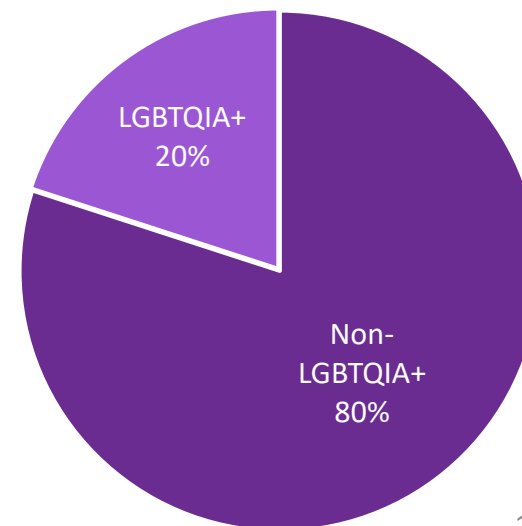
Grade Level (n=61)



Gender Identity (n=62)



LGBTQIA+ (n=62)



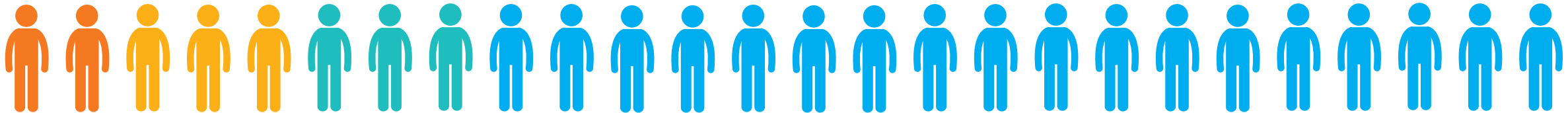
**26** Total *Repeat Campers* 

**2** campers attended *5 times*

**3** campers attended *3 times*

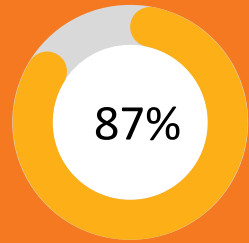
**3** campers attended *4 times*

**18** campers attended *2 times*

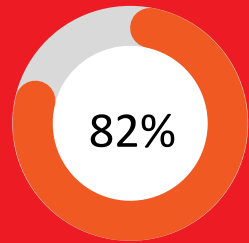




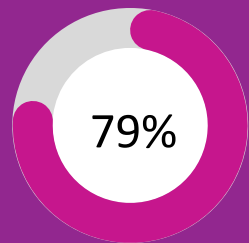
# Youth Satisfaction



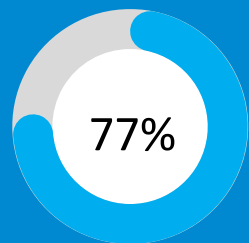
of youth said the importance of the training was important or very important.



of youth said they were likely or very likely to apply knowledge they learned from the Teen Vibe Camp.

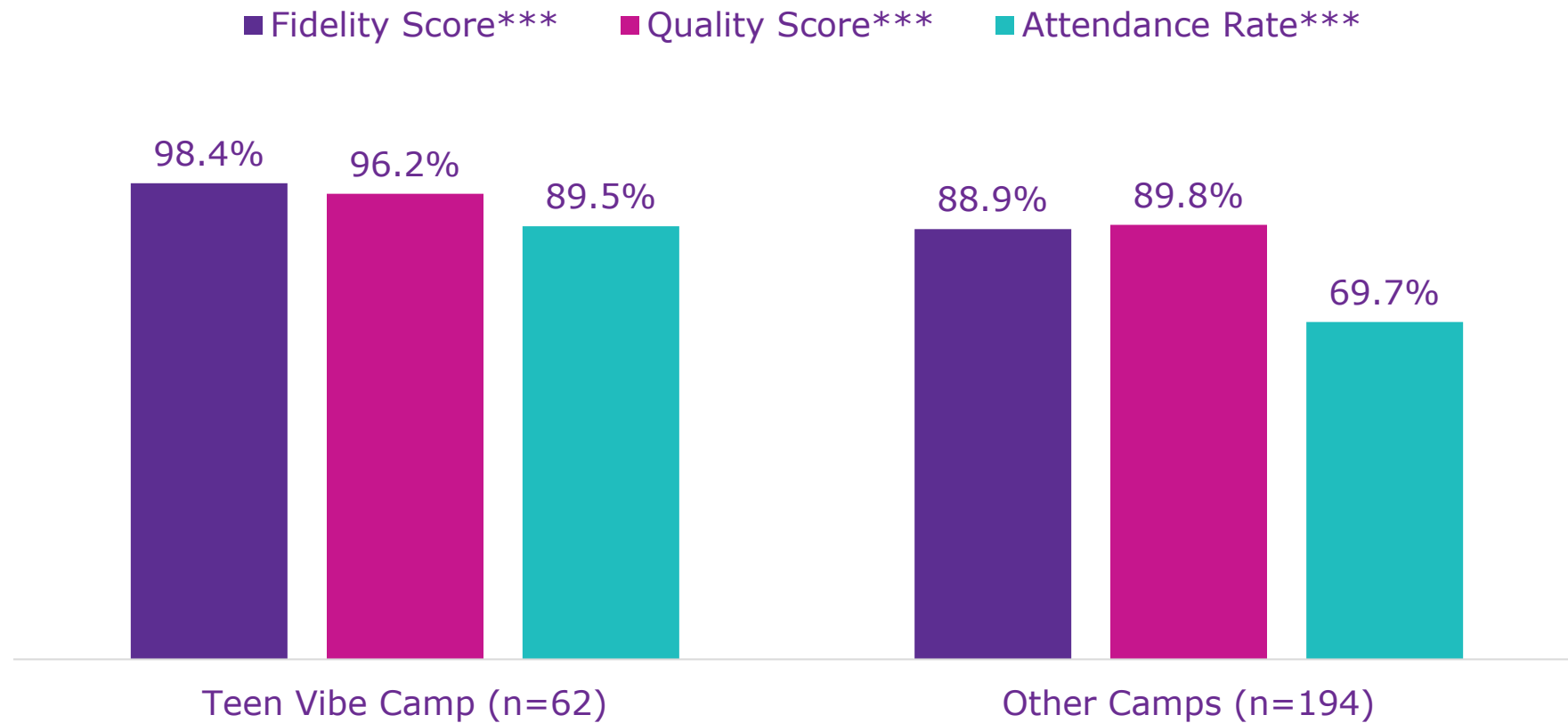


of youth agreed or strongly agreed that they made positive connections to their peers in the Teen Vibe Camp.



of youth agreed or strongly agreed that they made positive connections to adults in the Teen Vibe Camp.

# Teen Vibe Camp vs. Other Models



\* p ≤ .05  
 \*\* p ≤ .01  
 \*\*\* p < .001

# Teen Vibe Youth Developmental Assets

Youth experienced growth in the following assets:



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# Quotes from Teens



*I liked how they try  
and understand you  
without a lecture.*

*They made me  
feel like me.*

*I liked how you  
learn to respect  
yourself.*

*They make me  
important.*

*It helped me be  
confident  
about myself.*

# Teen Vibe Blueprint

- Download using the QR code below



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Teen Vibe Camp Linktree





# Session Evaluation

Please complete a brief evaluation form for all workshop, forum and networking sessions by scanning the following QR code or visiting the following link:

<https://bit.ly/2024Evaluations>

