

# PREP PERFORMANCE MEASURES ADULTHOOD PREPARATION SUBJECTS 2022 - 2023

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## Introduction

PREP grant recipients administered participant entry and exit surveys to collect data on youth characteristics, behaviors, program experiences, and perceptions of program effects. There are variations in the entry survey by funding stream.

## Objective

This poster presentation provides an overview of the Adulthood Preparation Subjects (APS) that were administered by PREP grantees during the 2022- 2023 reporting period. Along with the providing a breakdown of which APS were implemented by funding stream, this poster will explore the youth perceptions of program effects on their likelihood of being prepared for adulthood.

## APS: Legislative Requirements

Grantees will at least 3 of the adulthood preparation subjects described below:

- (i) Healthy relationships, including, marriage and family interactions.
- (ii) Adolescent development, such as the development of healthy attitudes and values about adolescent growth and development, body image, racial and ethnic diversity, and other related subjects.
- (iii) Financial literacy. (iv) Parent-child communication.
- (v) Educational and career success, such as developing skills for employment preparation, job seeking, independent living, financial self-sufficiency, and workplace productivity.
- (vi) Healthy life skills, such as goal-setting, decision making, negotiation, communication and interpersonal skills, and stress management.

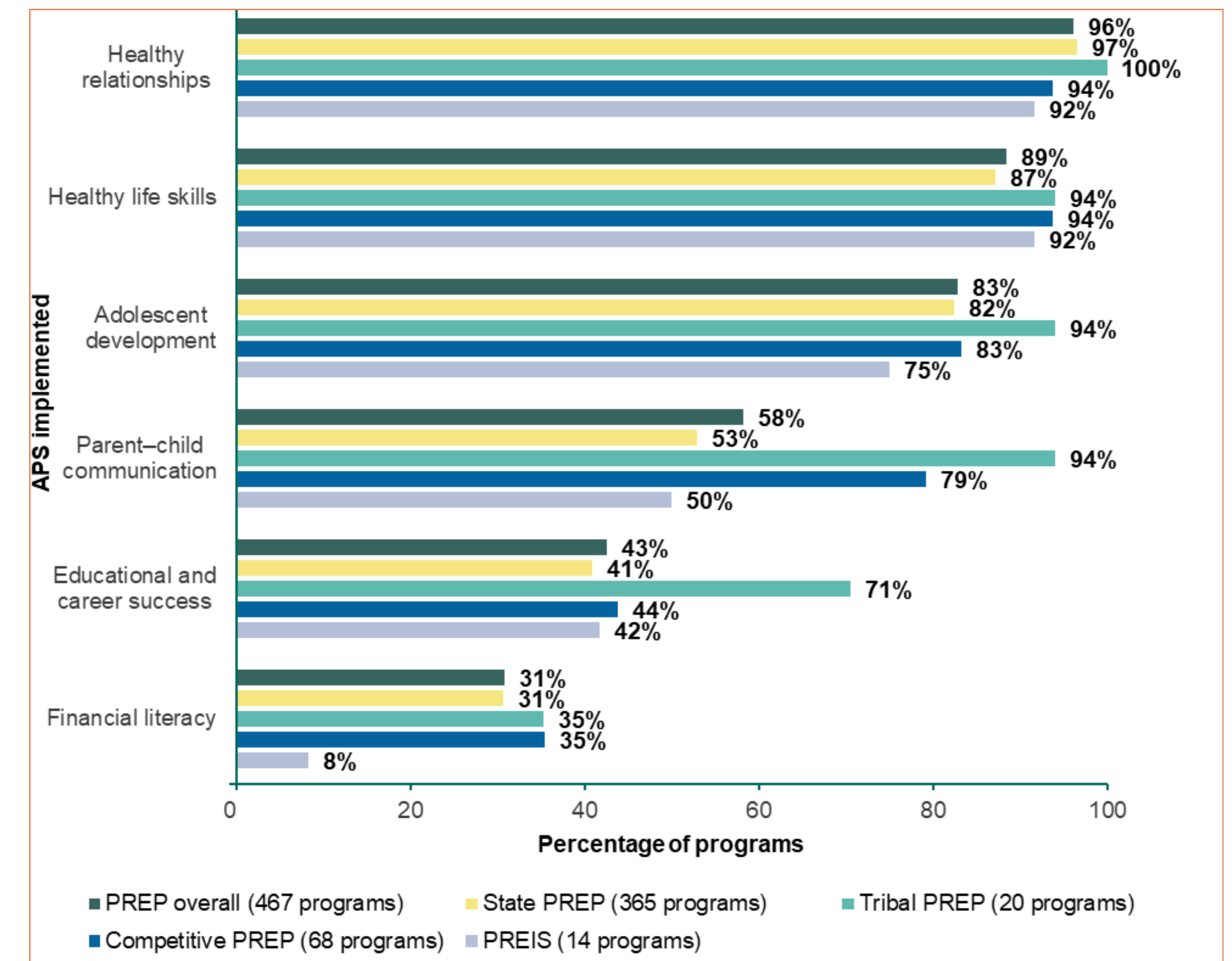
## Conclusions:

- The implementation of APS impact youth perceptions of being prepared for adulthood.
- PREP grantees have strong implementation of healthy relationship, healthy life skills and adolescent development, however an increased implementation of financial literacy, parent child communication and educational and career success can further support program participants' preparation for adulthood.

## Questions:

- What financial literacy programs or tools do your program use?
- What does meaningful parent/ caregiver - child communication look like to you?
- More than half of PREP programs report implementing parent-child communication APS, but only 43% of youth were more likely to talk to a parent or guardian about sex. What factors might contribute to youth reluctance to talk to a parent or guardian about sex?
- What APS resources would best support your program?

## ADULTHOOD PREPARATION SUBJECTS IMPLEMENTED BY FUNDING STREAM



## YOUTH PERCEPTIONS of PROGRAM EFFECTS on THEIR LIKELIHOOD of BEING PREPARED for ADULTHOOD

Measure	Much more likely	Somewhat more likely	Total: Much more or somewhat more likely
Better understand what makes a relationship healthy	54.7	26.8	81.5
Resist or say no to someone they are dating if pressured to participate in sexual acts	56.3	19.7	76.0
Make plans to reach goals	50.4	24.9	75.3
Graduate high school or get GED	58.2	16.8	75.0
Save money to get things they want	53.4	21.6	75.0
Care about doing well in school	51.4	21.9	73.3
Get a steady full-time job after school	52.0	20.2	72.2
Think about consequences before making a decision	42.7	27.4	70.1
Talk to a trusted person/adult if someone makes them uncomfortable, hurts them, or pressures them	47.9	22.1	70.0
Understand the costs associated with raising a child	47.7	21.8	69.5
Resist or say no to peer pressure	45.8	23.0	68.8
Make decisions to not use drugs and alcohol	54.7	13.8	68.5
Get more education after high school	47.0	20.6	67.6
Manage emotions in healthy ways	36.1	28.4	64.5
Feel confident about how to prepare a budget	36.2	24.2	60.4
Feel confident about how to track their expenses	35.6	24.1	59.7
Feel confident about how to open a bank account	36.1	23.0	59.1
Talk with parent or guardian about sex	23.6	19.5	43.1

## Citations

Keating, Betsy, Erich Denk, and Alicia Meckstroth. (2024). "PREP Performance Measures Fact Sheet: Adulthood Preparation Subjects." OPRE Report #2024-018. Washington, DC: Office of Planning, Research and Evaluation, Administration for Children and Families, U.S. Department of Health and Human Services.

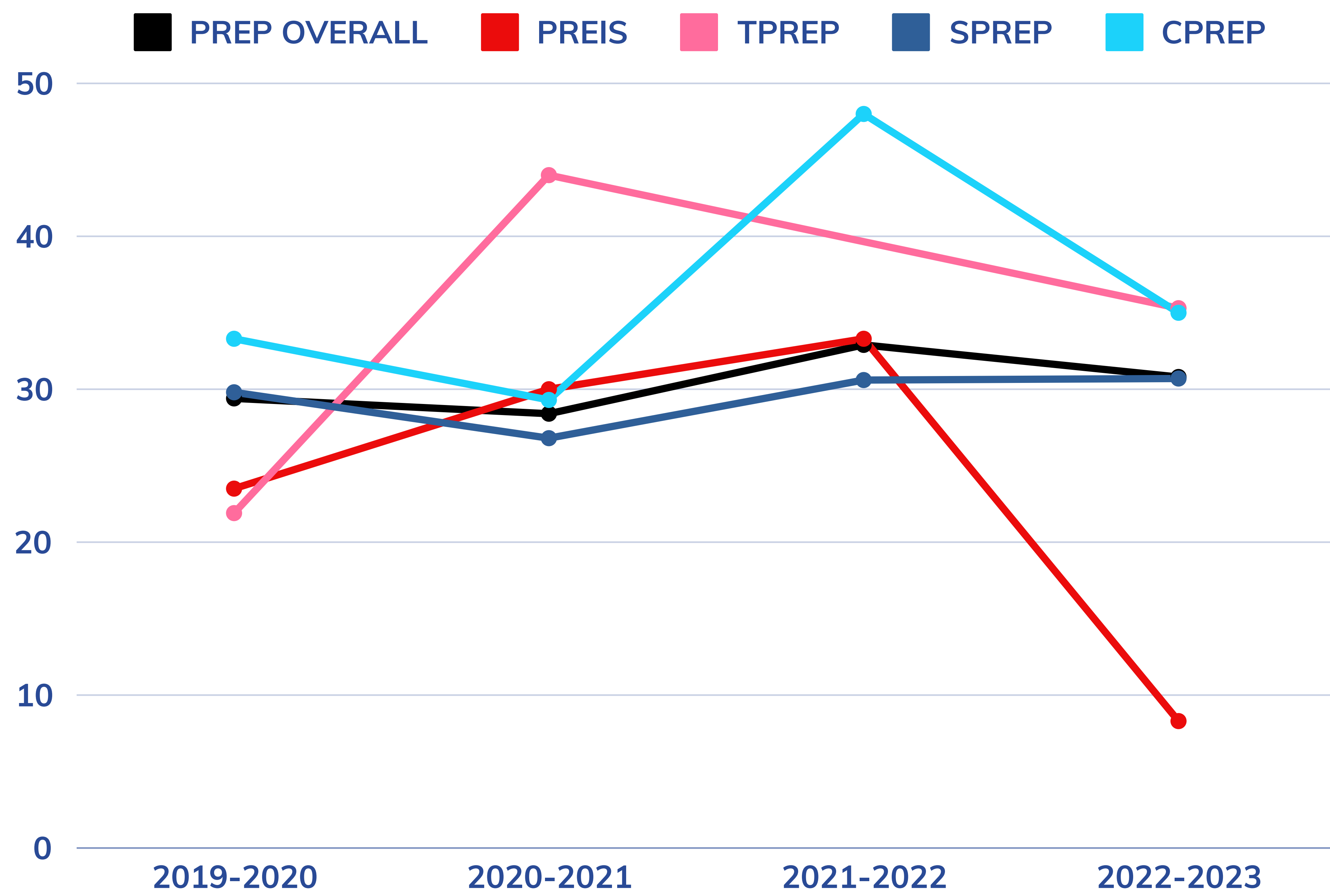
Mittone, Diletta, Lara Hulsey, and Lauren Murphy. (2023). "PREP Performance Measures Fact Sheet: 2020—2021." OPRE Report #2022-XX, Washington, DC: Office of Planning, Research and Evaluation, Administration for Children and Families, U.S. Department of Health and Human Services.

## Affiliations

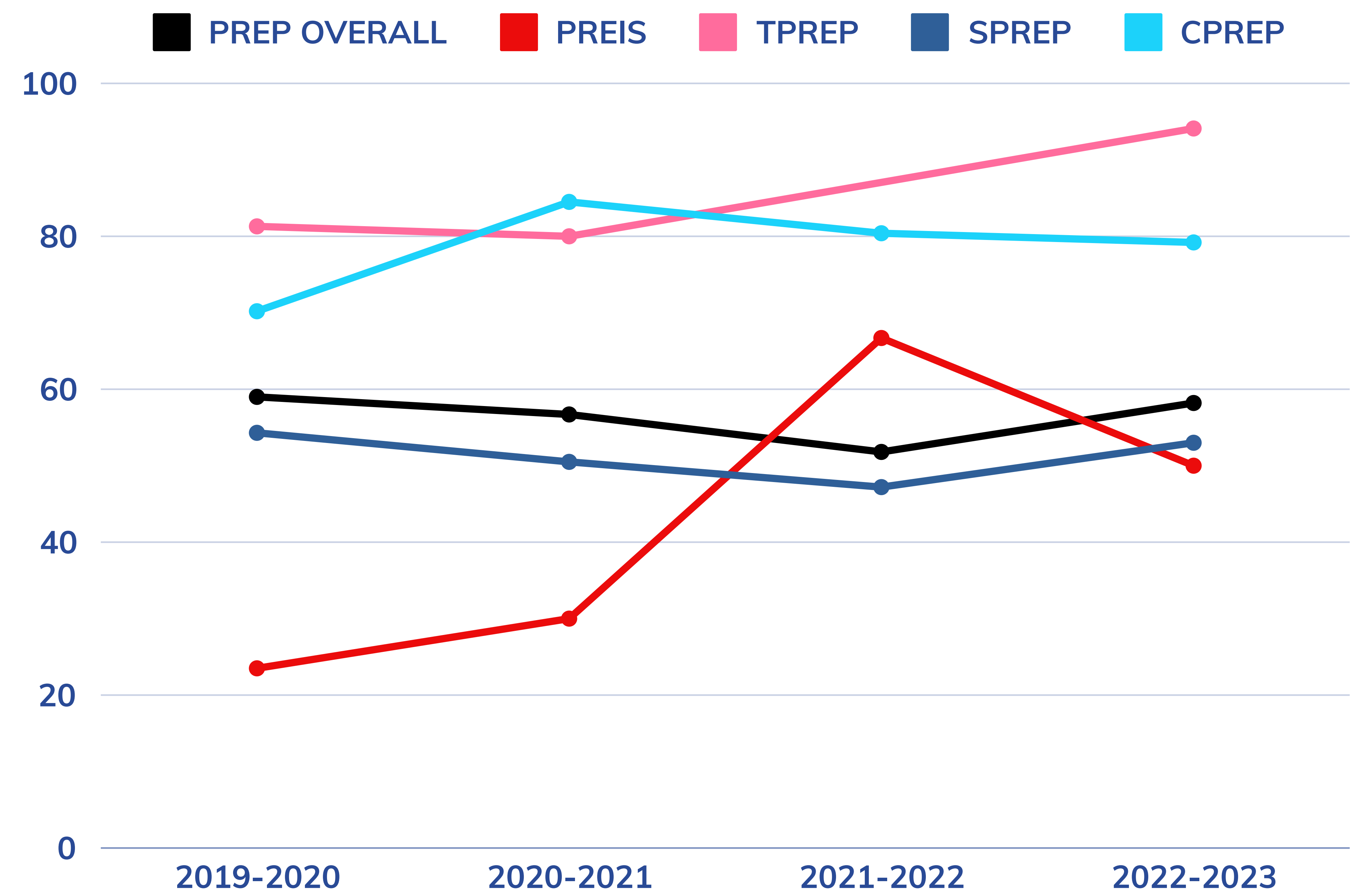
Data submitted by grantees is collected and analyzed by Mathematica, through Contract # 47QRAA18D00BQ/Task Order # 75ACF121F80018.



# Financial Literacy



# Parent-Child Communication



## Related Resources



PREP Performance Measures: Adulthood Preparation Subjects Fact Sheet



Conceptual Models for Adulthood Preparation Subjects within the Personal Responsibility Education Program (PREP)



Planning My Next Steps: Supplemental Curriculum



Talking with Teens about Sex, Dating and Relationships: A Guide for Parents



We Think Twice Resources for Parents and Caregivers



We Think Twice - First Job, College and Money Youth Resources