

BUILDING HEALTHY RELATIONSHIPS

DO YOU HAVE QUESTIONS OR CONCERNS ABOUT A RELATIONSHIP YOU ARE IN?

Talk with a parent or another adult you trust. If you need additional help, you can contact a trained peer advocate with www.loveisrespect.org. All conversations by phone, chat, or text are free and confidential. This service was created especially for teens!



VISIT

www.loveisrespect.org



CALL

1-866-331-9474



TEXT

“loveis” to 22522