

Check Yo' Self Health & Wellness Center @ High School for Recording Arts

Since 1992





High School for Recording Arts

- 100% of youth receive free and reduced lunch – needs assessment – gather numbers and stories
- 50% of youth are homeless
- Be familiar with community resources –
 - employment, shelters, food shelves, healthy teen checkups, transportation
- Peer education and outreach



Lessons Learned

- Youth make policy changes – new state law allows high school age youth to apply for unemployment benefits
- All relationships matter
- Continuity and expectations make the difference

