

**WEBINAR**

**Personal Responsibility Education Program**



**FYSB** Family & Youth  
Services Bureau

Adolescent Pregnancy  
Prevention Program



# Navigating Collective Trauma through Collective Healing

August 22, 2024

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Hoyleton Youth & Family Services

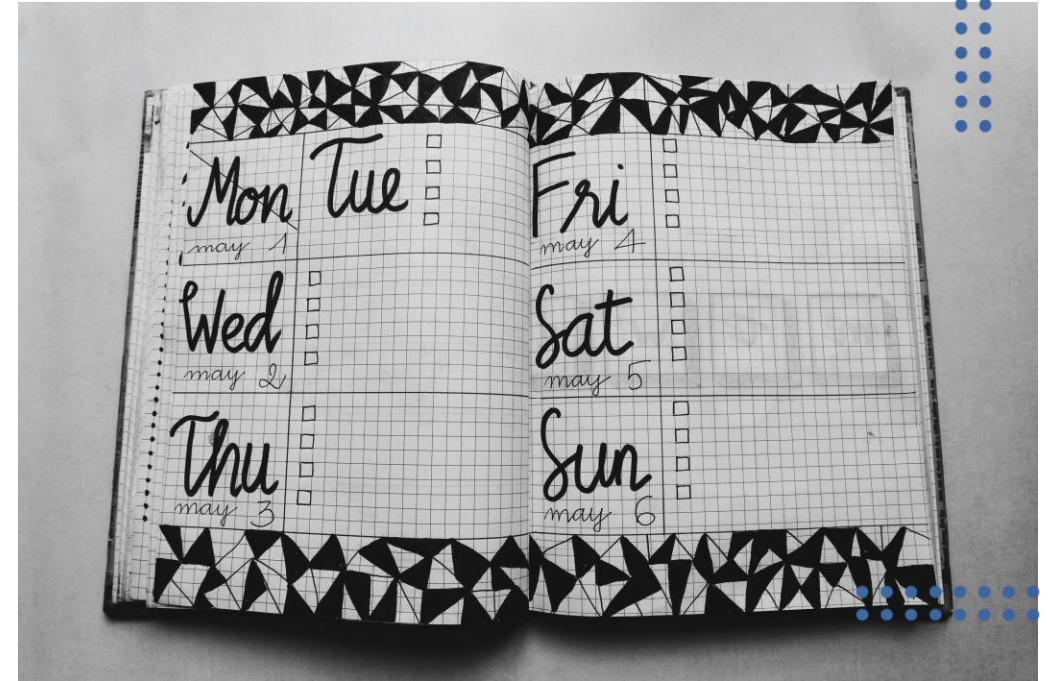
# Webinar Logistics

- Mute yourself when not talking.
- Turn off video if you experience any connection issues.
- Type questions in the chat.
- Wait until the time reserved for questions and answers at the end.
- Take off “everyone” if you want to directly message with someone in the webinar.
- Use the transcript and recording available after the webinar.



# Agenda

- Warm up and level setting
- Definitions
- Examples
- Discussion
- Grantee spotlight
- Closing



# Objectives

By the end of this this webinar, participants will be able to:

- Define collective trauma, collective healing, and collective impact;
- Describe an example of how collective impact has been used to support collective healing; and
- Identify at least two resources to explore opportunities to advance collective healing through collective impact in their own communities.



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# Leveling Checks: Word Clouds

#1:

What Is  
Collective  
Trauma?

#2:

What Is  
Collective  
Healing?

#3:

How Are You  
Making  
Collective  
Impact?



## Big “T” Trauma

Natural Disasters  
Artificial Disasters  
War Zone Experiences  
Acts of Terrorism  
Sexual Assaults  
Child Abuse  
Acts of Violence  
Death of Loved One(s)  
Car Accidents  
Catastrophic Illness  
Vicarious Trauma (Witnessing)  
Overdose  
Restraints/Take Downs  
5150  
Psychosis/Psychotic break  
Manic Episodes  
Suicide Attempt

# Framing Trauma

## Little “t” Trauma

Dog Bites  
Routine Surgeries  
Falls  
Invasive Dental or  
Medical Procedures  
Minor Car Accidents  
Medication Side Effects  
Multiple Med Regimens

## “C” Trauma

Racism  
Poverty  
Homophobia  
Bullying  
Oversaturation in Media  
Domestic Violence  
Child Abuse  
Multiple Deployments  
Vicarious Trauma (Witnessing)  
Multiple Hospitalizations  
Sexism  
Overdoses  
Homelessness  
Stigmatization  
Multiple Diagnoses  
Micro-aggressions  
Incarceration  
Gravely Disabled  
Immigration Challenges  
Historical Trauma



# A Definition of Collective Trauma

“The term *collective trauma* refers to the psychological reactions to a traumatic event that affect an entire society; it does not merely reflect an historical fact, the recollection of a terrible event that happened to a group of people. It suggests that the tragedy is represented in the collective memory of the group, and like all forms of memory it comprises not only a reproduction of the events, but also an ongoing reconstruction of the trauma in an attempt to make sense of it. Collective memory of trauma is different from individual memory because collective memory persists beyond the lives of the direct survivors of the events, and is remembered by group members that may be far removed from the traumatic events in time and space.”

Hirschberger G. Collective Trauma and the Social Construction of Meaning. *Front Psychol.* 2018 Aug 10;9:1441.

# Recent Events

CLIMATE IN CRISIS

## Western wildfires destroy homes, pollute air amid persisting heat waves

Evacuations continue as blazes send high winds and plumes of smoke across the West.



The Hawarden Fire burns in Riverside, Calif., on July 21. David Swanson / AFP - Getty Images

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July 23, 2024, 10:30 AM EDT / Source: The Associated Press  
By The Associated Press

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THE UNIVERSITY OF CHICAGO PRESS JOURNALS

Home > Journal of the Society for Social Work and Research > Volume 11, Number 3

PREVIOUS ARTICLE

FREE

## Posttraumatic Stress Related to the Killing of Michael Brown and Resulting Civil Unrest in Ferguson, Missouri: Roles of Protest Engagement, Media Use, Race, and Resilience

Jennifer M. First, Laura Danforth, Cynthia M. Frisby, Benjamin R. Warner, Marcus W. Ferguson Jr., and J. Brian Houston

PDF PDF PLUS Abstract Full Text



## Texas shooting live updates: 18 children and 2 adults killed at an elementary school in Uvalde

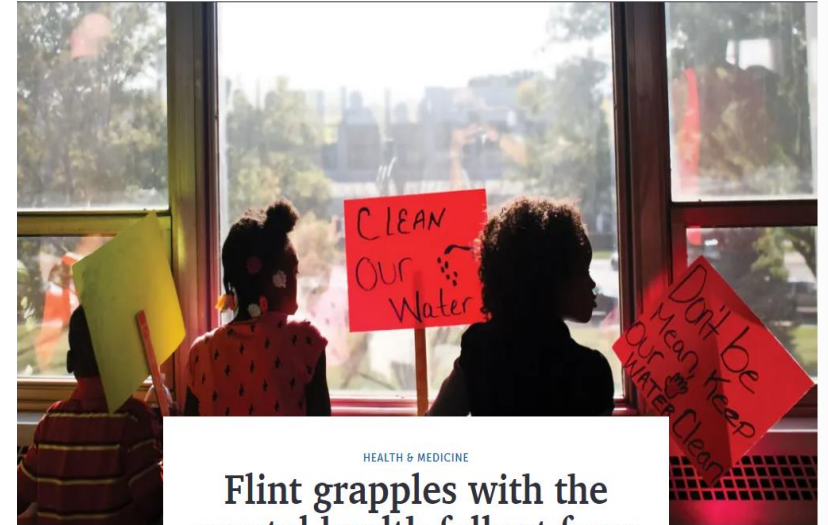
Published May 24, 2022 at 5:24 PM EDT



Allison Dinner / AFP Via Getty Images

Law enforcement personnel stand outside Robb Elementary School on Tuesday following a mass shooting in Uvalde, Texas.

ScienceNews ALL TOPICS HEALTH HUMANS LIFE EARTH PHYSICS SPACE  
INDEPENDENT JOURNALISM SINCE 1921



## Flint grapples with the mental health fallout from the water disaster

HEALTH & MEDICINE  
The community is still healing from the crisis that started almost a decade ago

At Flint City Hall in 2015, residents call for access to clean water.

CHRISTIAN RAHDOLPH/THE FLINT JOURNAL/M.LIVE.COM/ASSOCIATED PRESS



## Disease Emerges as New Threat After Polio Found in War-Battered Gaza

Nine months of shelling have destroyed sewage lines, clean water sources and hospitals, opening the door for pathogens like poliovirus

Standing sewage water and uncollected garbage on a street in Deir al-Balah in central Gaza Strip. EYAD BABA/AGENCE FRANCE-PRESSE/GETTY IMAGES

By Carrie Keller-Lynn and Abeer Ayyoub  
July 23, 2024 2:17 pm ET



# Collective Healing: A Response to Collective Trauma

- Incorporates a trauma-informed approach
- Addresses individual + societal awareness of the need for restoration (internal and external roles)
- “Collective healing in these contexts is a cultural, political, social, and physical process of acknowledging wrongdoing/hardship and beginning an active process of accountability, restoration of resources, and repair of the harm done.” — [Alie Huxta](#), Associate Director, Partnerships and Strategic Planning (Building Wealth and Health Network)
- Post-traumatic Growth
- Restoration
- Resiliency
- Recovery

# Collective Impact: An Approach toward Collective Healing

- “Collective impact is a network of community members, organizations, and institutions who advance equity by learning together, aligning, and integrating their actions to achieve population and systems level change.”
  - Collective Impact Forum

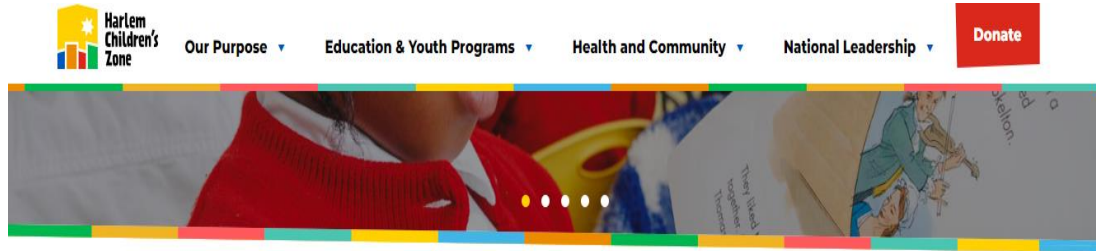
## Five Conditions for Collective Impact



- A multiple framework approach

# Collective Impact: 3 Examples

# Example 1: Harlem Children's Zone



Get in Touch!

## 97 Blocks. Endless Possibilities.

At Harlem Children's Zone, we're breaking the cycle of intergenerational poverty by creating life-altering opportunities throughout our neighborhood so children, families, and our community can thrive in all areas of life. Come experience our progress and help us continue the fight.



Education & Youth Programs



Health & Community



National Leadership

Harlem Children's Zone has not only expanded their brick-and-mortar presence, but also their service offerings. What they refer to as "strategic relentlessness" looks like SAM's initiatives: comprehensive, cradle-through-career, place-based programming which serves children, families, and communities. Geoffrey Canada, president and founder of HCZ, puts it this way:

"...the most powerful way to fight poverty is to make strategic investments that change the odds for low-income communities."

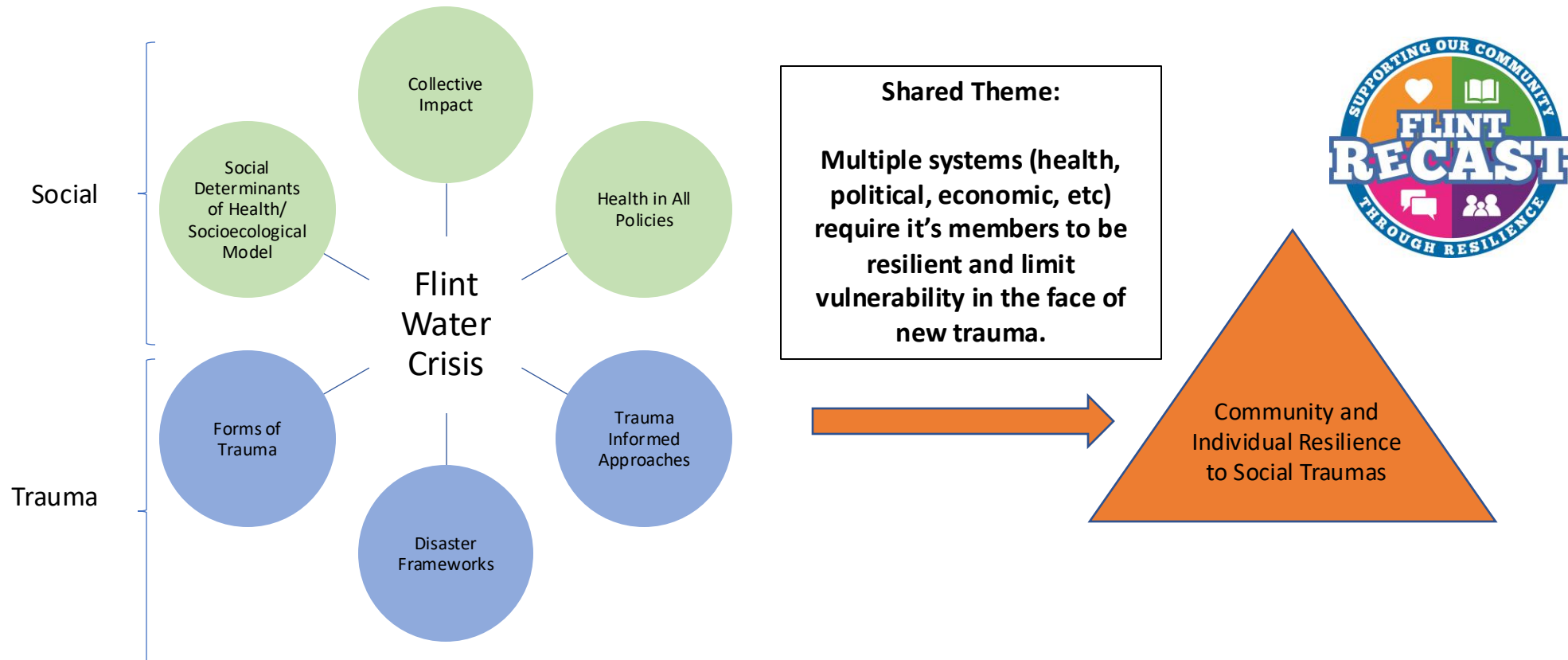
SAM visited NYC to witness first-hand what can make the difference between a cycle of poverty and a cycle of achievement and how to recreate that impact in the Spartanburg community.

This trip was funded by the wonderful folks at Blue Meridian Partners – a group of results-oriented philanthropists seeking to transform the life trajectories of our nation's young people and families in poverty by investing in strategies that work.

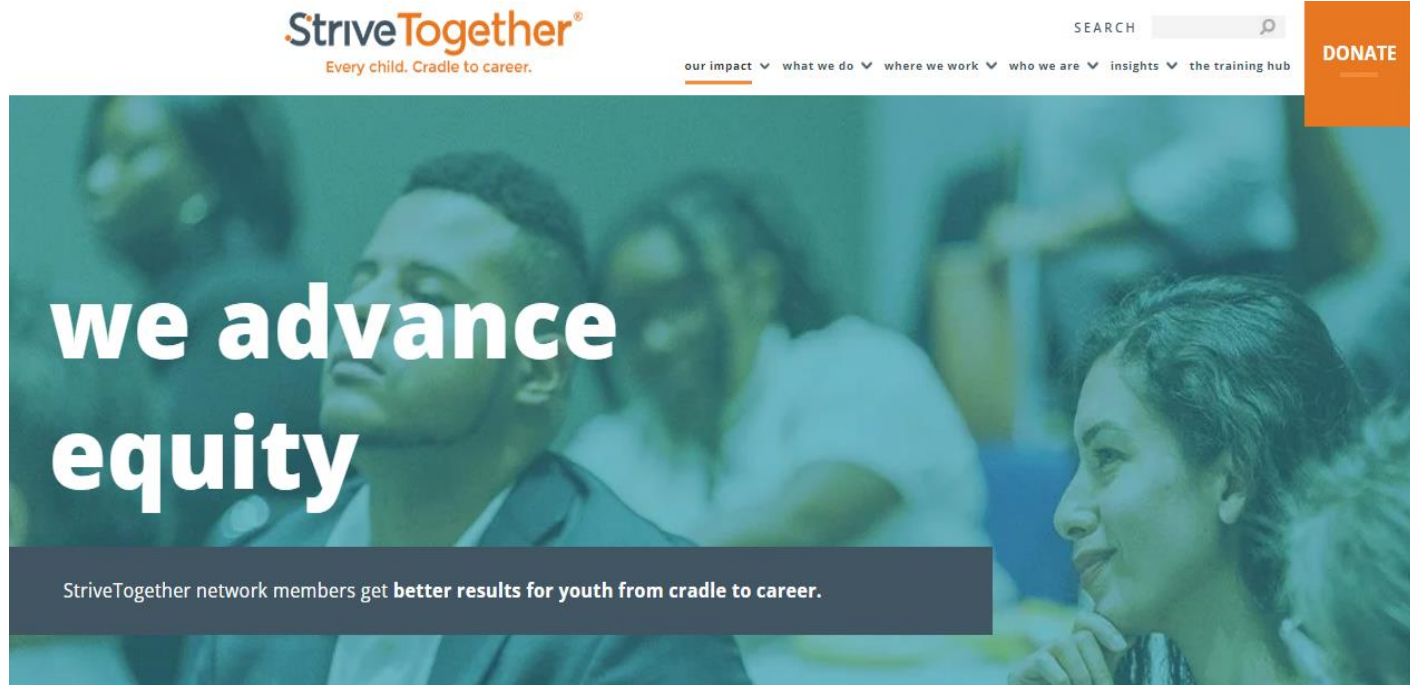


# Example 2: Flint ReCAST (2016-2020)

## We Used Connected Frameworks



# Example 3: StriveTogether



## our impact

The **StriveTogether Cradle to Career Network** shows us what is possible when we work together.

### THEORY OF ACTION

## guiding framework

Continually evolving with lessons from network members, the StriveTogether Theory of Action™ supports communities building the civic infrastructure necessary to transform the systems that shape opportunity.

Our theory of action **provides progressive milestones rather than a prescription for change**, which allows local context to guide the framework. The milestones inform necessary collaboration of cross-sector leaders from systems like education, housing, health care and more to get better results for youth and families.

We have partnered with Equal Measure since 2015 to evaluate the impact of our guiding framework. By following the progress of 14 communities using the theory of action for three years, Equal Measure determined the StriveTogether framework is making a positive difference. The study provided insights and validated that communities embracing the theory of action are making measurable progress improving

# Important Details

- Example of connecting with an unusual partner
  - Arts + Housing
  - Legal services + Literacy
- Discipline Traditions can be Innovations Elsewhere
  - Human services + Public Health
- Participating and contributing team to the practice-based evidence environment
  - Creating the evidence-based practices from provider knowledge

# Breakout Groups

## Discussion Topics (Choose 1-2)

- How has collective trauma impacted your work?
- In what ways have collective impact concepts influenced your work?
- Are there efforts for collective healing in your community?
  - If not, what are barriers to collective healing?
- Are you part of a collective impact effort?
  - In what way?
  - What are the barriers?
  - What out-of-the-box partners have you collaborated with?
  - What innovations did you hear, and bring?

## Request for 2 Volunteers:

- Recorder (of Key Ideas)
- Group Sharing Lead



# Group Share

Can we identify any step to take from here?

Is there any alignment between these collective trauma/healing conversations and your efforts to advance your funded work?

# Grantee Spotlight

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**Kristen Shinn, MSW, LCSW**

Director of Community Support Services  
(She/ her/ hers)

## Department Programs

Anti-human trafficking training

Substance Use Prevention Services

Teen Pregnancy Prevention Program

Project Safe Neighborhood- Central & Southern Illinois

Child Death Investigation Task Force

Immigrant Family Resource Program

Immigrant Family Support Project

Illinois Welcoming Center

Illinois Access to Justice

Latino Special Services

Iniciativa de Salud

United for Families

# CARE Model



A principle-based program model that provides organizations a framework for practice based on a valid theory of how children develop. It motivates children and staff to adhere to routines, structures, and processes while minimizing the potential for interpersonal conflict.

## CARE Principles

Relationship Based

Developmentally Focused

Family Involved

Competency Centered

Trauma Informed

Ecologically Oriented





# CARE in practice

Creates a common across the agency that every staff can understand and apply to interactions with staff, youth, and community partners.

Trauma Informed- All behavior has meaning, using a CARE Lens

Developmentally Focused- Adapting curriculum verbiage to meet the youth's needs.

Ecologically Oriented- Identifying the environments that youth & staff will best learn.

Reflective practice- Weekly supervision provides on-going support for staff



# CARE in practice

|          | Willing   | Not Willing  |
|----------|---|--|
| Able     | <p><b>Acknowledge</b><br/>Give Positive Attention<br/>Join in Activity<br/>Ask person to teach others</p>   | <p><b>Encourage</b><br/>Act as if<br/>Offer assistance<br/>Give choices<br/>Predict the future<br/>Make a request<br/><i>Natural or Logic Consequences</i></p> |
| Not Able | <p><b>Teach</b><br/>Listen, validate &amp; respond<br/>Define the problem<br/>Find a solution<br/>Predict the Future<br/><i>Co-regulate if needed</i></p> | <p><b>Change/ Drop Expectations</b><br/>Change the expectations<br/>Redirect the activity<br/>Drop the expectation</p>   |

“I am only one, but I am one. I cannot do everything, but I can do something. And I will not let what I can do interfere with what I cannot do.”- Edward Everett Hale

Residential Child Care Project- Cornell University

<https://rccp.cornell.edu/index.html>

Hoyleton Youth & Family Services

[www.Hoyleton.org](http://www.Hoyleton.org)

**Kristen Shinn, MSW, LCSW**

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# Additional Q&A



24



# Contact Information

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# Resources on *The Exchange*

- Podcasts (Elevate Youth Programming)
  - [Building and Strengthening Partnerships](#)
  - [This is a Safe Space: Trauma-informed care](#)
  - [Trauma-informed care: Resilience](#)
- [Creating Inclusive Spaces for Youth: A Facilitator's Guide to Equity and Inclusion in the Classroom](#)
- [Creating Safe Spaces: Facilitator's Guide to Trauma-Informed Programming](#)
- [Trauma-informed Virtual Program Implementation for PREP Grantees \(webinar\)](#)
- [Building on the Strengths of Young People: A Relationship-Focused, Trauma-Sensitive Approach \(webinar\)](#)

# Other Resources

- [An introduction to trauma-informed lawyering \(michbar.org\)](#)
- [Flint ReCAST Presentation: Supporting Resiliency and Wellbeing To Overcome Stress and Trauma in Vulnerable Communities: The Role of Team Science](#)
- [Chapter 2. Other Models for Promoting Community Health and Development | Section 5. Collective Impact | Main Section | Community Tool Box \(ku.edu\)](#)

# Technical Assistance

RTI International (in partnership with Child Trends, ETR and MEES) provides Technical Assistance (TA) for PREP grantees.

TA is the process of providing **targeted support** to an organization with a grant related need over an extended period.

Our experienced team of TA providers offer complimentary TA to all PREP grantees in the following areas:

- Program Management
- Program Implementation
- Staff Recruitment and Retention
- Virtual implementation, including, curriculum adaptations
- Sub-awardee Monitoring
- Participant Recruitment and Retention
- Adulthood Preparation Subjects
- Working with Specific Youth Populations



Request TA

If you are interested in working with a TA provider to support program implementation needs, contact your FYSB Project Officer or email us at [APPTTA@rti.org](mailto:APPTTA@rti.org)

# Upcoming TA and Events

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We also offer:

- Bi-monthly opportunities to connect with other grantees with the same funding (liaison groups)
- TA Office Hours
- Drop in on these sessions to connect with other grantees and TA providers.

**Next month:**

- Engaging Incarcerated Youth: Share and Learn Session
- September
- Registration forthcoming

Need more information about these offerings? Email us at

[APPTA@rti.org](mailto:APPTA@rti.org)

# Thank you!

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complete the  
evaluation!