



SRAETTA

Sexual Risk Avoidance Education
Training and Technical Assistance

Day 1 Field Talk: Presenting Topics A & B Using the Psychology of Self-Sufficiency

Moderator: Tracey Pike, Executive Director, Ascend

Public Strategies

February 15, 2022



ADMINISTRATION FOR
CHILDREN & FAMILIES **FYSB** Family & Youth
Services Bureau

Breakout Room Discussion Questions

1. Share some barriers youth have in being able to set goals, self-regulate, and make healthy decisions, including avoiding non-marital sex and focusing on their futures?
2. Share practical strategies you use to move youth from a barrier mindset to a mindset of opportunity and hope.
3. Please share how a deeper understanding of psychological self-sufficiency could enhance your approach to teaching SRAE topics.



SHARE OUT

Spokesperson from each group will share highlights from the small group discussion



THANK YOU!
PRESENTED BY



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