



**SRAETTA**

Sexual Risk Avoidance Education  
Training and Technical Assistance

# Grantee Panel: Innovative Ways to Operationalize Topic C and D Concepts

Moderator: Scott Roby, *Public Strategies*

Presenter: Mary Anne Mosack, *Ascend*

Panelists:

Natasha Mueller – *Willing to Wait*, Grand Rapids, MI

Cemeka Agugbuem Smith, Ph.D. – *Little Rock Life Skillz*, Little Rock, AR

February 16, 2022



ADMINISTRATION FOR  
**CHILDREN & FAMILIES**

**FYSB** Family & Youth  
Services Bureau



**Mary Anne Mosack**

President  
Ascend



**Natasha Mueller**

Willing to Wait  
Grand Rapids, MI



**Cemeka Agugbuem Smith, Ph.D.**

Little Rock Life Skillz  
Little Rock, AR

# Required SRAE Topics (C)

- C. The increased likelihood of avoiding poverty when youth attain self-sufficiency and emotional maturity before engaging in sexual activity.
- The importance of self-sufficiency and emotional maturity for goal achievement:
    - Poverty as a confluence of factors
    - Critical thinking skills
    - Success Sequence
    - Self-efficacy and skill building



# Required SRAE Topics (D)

- D. The foundational components of healthy relationships and their impact on the formation of healthy marriages and safe and stable families.
- The importance of healthy relationships for goal achievement:
    - Healthy relationship consensus
    - Broadening the conversation to marriage and families
    - Healthy marriage initiatives—healthy communities
    - Intentionality in relationships





# Natasha Mueller

## Education Director, Willing to Wait

Theoretical and Concrete Topic C and D Strategies

- Strategy to address Topic C
  - ✓ Students address self-sufficiency and participate in real-life scenarios to examine possible emotional outcomes of engaging in sex and waiting for sex.
- Strategy to address Topic D
  - ✓ Students identify the building blocks of healthy relationships and practice the skills of building commitment, investment, and expectations into the hierarchy of different types of relationships.
- Conflict Management - CALM (Learn to Control yourself, Assume the best/Apologize first, Label the issue, Matter-of-facts not motivations)



# Cemeka Agugbuem Smith, Ph.D.

Program Coordinator, Little  
Rock Life Skillz

Implementing Topic C and D Strategies

- Make it more real to youth. Team facilitators tell stories from their own lives or the lives of team members.
- Present *Examples in Skin* to help students identify with real people from the community who have avoided poverty, attained self-sufficiency, and built healthy marriages and safe, stable families.



# QUESTIONS?



# Contact Information

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**THANK YOU!**  
**PRESENTED BY**



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