

Family Formation: Additional Resources

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Additional Resources

The Success Sequence – The Success Sequence is a term that has gained currency in discussions of federal programs and policies to reduce poverty and help adolescents and young adults achieve self-sufficiency as adults.

Albatross video – This video by National Geographic can be used in whole or in part to follow up and highlight components of healthy relationships demonstrated by the albatross, nature's ultimate love bird and expert on love and commitment.

Guiding questions to process the albatross video. SRAE programs can use the following questions to process the video about nature's ultimate love bird:

1. How does the lengthy time that albatross take for extended courtship (before mating) enhance the long-term bond between the pair?
2. What does courtship look like for young people today?
3. How is human courtship the same or different than that of the albatross? What can young people glean from nature's ultimate love bird?
4. The albatross starts building a nest before courtship begins with a potential mate. Albatross use sticks, pebbles, mud, and moss to build their nests. People have nests too. How is the Success Sequence like building a nest for people?
5. What lessons can people your age take away from observing the albatross courtship rituals?

6. On Resurrection Island, the albatross, as well as other sea creatures, almost went extinct due to overhunting. In many communities today, the institution of marriage is nearly extinct. It's likely that many of you have not had the opportunity to see a successful marriage in your home or community. How would resurrecting the institution of healthy relationships and marriage help your community?

7. How do the albatross egg and baby chick benefit from parents who plan for and care for the egg before it is hatched? How do babies and young children benefit from parents who practice the same care when planning for their children?

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Adolescent Pregnancy Prevention Program