



SRAETTA

Sexual Risk Avoidance Education
Training and Technical Assistance

Track 1 Field Talk Session

TUESDAY, FEBRUARY 23, 2021

Moving Youth Toward Positive Outcomes

❖ **QUESTION 1: Which of the Human Flourishing Domains does your program promote best? (Share how this is accomplished.)**

A. Happiness and life satisfaction **B.** Mental and physical health **C.** Meaning and purpose **D.** Character and virtue **E.** Close social relationships

- Close social relationships
- Provide the youth with the complete tools for alleviating any mental health, emotional stress, and the other risk factors that come along with sexual risk
- Treating close relationships as something that you build from the ground up
- Financial well-being
- Fighting peer pressure
- Creating community
- Meaning and purpose
- Explaining what the Success Sequence is
- Happiness and life satisfaction

❖ **QUESTION 2: In what area of the Optimal Health Model could your program increase effectiveness and how?**

- Asking questions then do the program based on their individual needs
- Letting them know that it is about them, not the facilitator. The facilitator is providing them with tools necessary to be successful.
- Giving them ownership
- Making sure we meet the needs of the youth and their outside needs that could be hindering them from reaching their greatness
- Make the intake form digital and push incentivizing participants to share things they might need
- Being intentional and thinking outside the box with fidelity