Teen Sexting THINK TWICE

before you hit "send"



WHAT IS SEXTING?

Sending or getting sexually explicit photos, videos, or messages through your cellphone or online.



But females are more pressured to sext.



Roughly 7 in 10 youth have felt some pressure to sext for reasons like making their romantic partner happy or getting someone's attention.

HOW MANY TEENS SEXT?

27%

I've received a sext.

15%

I've sent a sext.

12%

I've sent a sext from someone else without asking permission.







WHY IS IT RISKY?



Sexting can have legal consequences like child pornography charges or having to register as a sex offender.



Online photos live forever and can get into the wrong hands.



Sexts can be used to hurt you and be shared without your consent.

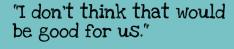
HOW CAN I PREVENT IT?



Protect yourself and others by not taking sexually explicit pictures or videos.



Speak up when someone makes you uncomfortable with their texts or what they send you.



"I'd rather do other things with you."

"I'm not ready for that yet."



Respect others by not pressuring them to sext you.



I RECEIVED OR SENT A SEXT. NOW WHAT?



Delete the picture or video.





Share your concerns with a parent or trusted adult.



Report a sext that was sent to you or shared without your consent to the Cyber Tip Line.

To report an explicit image or video:

Call the Cyber Tip Line (800) 843-5678 or visit https://report.cybertip.org/

To remove sexual pictures and videos from the internet:

- Visit http://www.missingkids.com/gethelpnow/is-your-explicit-image-out-there-
- Visit https://cdn.netsmartz.org/tipsheets/You_Sent_A_Sext_Now_What.pdf

To learn more about your safety and how to deal with sexting:

- Visit https://cyberbullying.org/sexting-advice-for-teens.pdf
- Visit https://cdn.netsmartz.org/tipsheets/sexting.pdf

Click to learn more



Connect Safely. (2015). Tips for dealing with teen sexting. Retrieved from: http://www.connectsafely.org/tips-for-dealing-with-teen-sexting/
Englander, E. (2015). Coerced sexting and revenge porn among teens. Bullying, Teen Aggression & Social Media, 1(2), 19-21.
Gordon-Messer, D., Bauermeister, J. A., Grodzinski, A., & Zimmerman, M. (2013). Sexting among young adults. Journal of Adolescent Health, 52(3), 301-306.
Kachur, R., Mesnick, J., Liddon, N., Kapsimalis, C., Habel, M., David-Ferdon, C., Brown, K., Gloppen, K., Tevendale, H., Gelaude, D.J., Romero, L., Seitz, H., Heldman, A. B., Schindelar, J. (2013). Adolescents, technology and reducing risk for HIV, STDs and pregnancy. Atlanta, GA: Centers for Disease Control and Prevention. Retrieved from: https://www.cdc.gov/std/life-stages-populations/adolescents-white-paper.pdf
Madigan, S., Ly, A., Rash, C. L., Van Ouytsel, J., & Temple, J. R. (2018). Prevalence of multiple forms of sexting behavior among youth: A systematic review and meta-analysis. JAMA pediatrics.
Poltash, N. A. (2012). Snapchat and sexting: A snapshot of baring your bare essentials. Richmond Journal of Law & Technology, 19, 1.
Ringrose, J., Harvey, L., Gill, R., & Livingstone, S. (2013). Teen girls, sexual double standards and 'sexting'. Gendered value in digital image exchange. Feminist Theory, 14(3), 305-323.
South Eastern Centre Against Sexual Assault & Family Violence. (2013). Sexting information sheet for students. Retrieved from: https://www.bbrook.org/cms/lib/NJ01000197/Centricity/Domain/72/Sexting-infosheet-students-v7.pdf
Thomas, S. E. (2017). "What should I do?": Young women's reported dilemmas with nude photographs. Sexuality Research and Social Policy, 1-16



